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Questions & Answers

Q:1 Why most of us fail in our efforts for self-improvement?

Most of us fail in our efforts for self improvement because firstly, we make a mistake of sharing our plans with others, and secondly we set goals which are too large and demanding for the limited time we have in our daily lives to follow through.

Q:2 Why is it a basic mistake to announce our resolution to everybody?

It is a basic mistake to announce our resolution to everyone because ~~once~~ <sup>our</sup> we fail to fulfill it and slip back into old habits, it ~~undermines~~ our credibility and makes us appear unreliable in front of others.

Q:3 Why did the writer not carry out his resolution on New Year's Day?

The writer did not carry out his resolution on New Year's Day because he returned home late and exhausted after attending New Year's Eve celebration last night.

Q:4 Words in passage which convey similar meaning to following:

1. Intimidating: formidable

2. Peril: pitfalls.

Day: MTWT

Date: \_\_\_/\_\_\_/\_\_\_

3. Dwindle: waned

4. ~~Barb~~: liber

5. Repel: resisting