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A thing of beauty is a joy forever

A human is comprised of emotions, feelings and intellectual skills. According to research, every individual varies in his nature. Some humans are kind-hearted and caring. While, some are aggressive and rude. In addition, a few individuals express discipline, consistency in their behaviour to achieve desired objectives.

However, a large ^{number} of individuals rely on quick and easy paths for reaching their goals.

Moreover, it is nature's rule that the one who shows patience and discipline would be rewarded with long-lasting results. This process is beautifully expressed by a writer. He states,

"a thing of beauty is a joy forever."

Currently, in this globalized era, everyone desires outcomes without any effort, thereby, also facing unfavourable outcomes. Such as, to look smart and slim is everyone's desire. The over-weight individuals use medicines to look presentable. They do not perform physical activities. Ultimately, excessive usage of medicines affect their health. They suffer from medical issues. Moreover, this

poses depression and they become mentally ill. In contrast, one who does physical activities and focuses on his diet attains his goals. Yet, this procedure takes time but the results are permanent. Moreover, he attains mental peace because the effects of his consistent behaviour does not fade over time. In the end, one can conclude beautiful experiences provide lasting happiness that give comfort and mental peace. The outcome of this experience also does not fade over time. So, individuals should choose discipline over shortcuts for long-term results. Thereby discipline is a form of beauty and by maintaining discipline this beauty gives long-lasting happiness.