

English Comprehension Test-1

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Q: Why most of us fail in our efforts for self-improvement?

Most people fail in self-improvement because they set goals that are too difficult to achieve. They make many resolutions but lack the determination and time to follow them regularly. When they cannot continue these

plans, they become discouraged and lose interest. As a result, they slowly return to their previous habits, which leads to failure in self-improvement.

Q2: Why it is a basic mistake to announce our resolution to everybody?

Announcing our resolution to everyone is a mistake because it creates pressure and expectations from others. When a person later fails to follow resolution, others may laugh, criticize or remind them of their failure. This can make the person feel embarrassed and uncomfortable. As a result, the person may feel discouraged and it becomes harder to continue working towards self-improvement.

Q3: Why did the writer not carry out his resolution on New Year's Day?

The writer could not follow his resolutions on New Year's day because he had spent the previous night at a New Year's Eve party. So, he felt tired and exhausted the next day. Because of this fatigue, he postponed his plans for exercise and reading instead of starting them immediately.

Date

Subject

Q4: Words from passage

Given

From Passage

a) Intimidating

Formidable

b) Peril

Pitfalls

c) Quindle

diminished

d) Repel

Resist

e) Barb

Jibes