

DATE: 3-02-26
Dos and Don'ts for the General Science & Ability Paper

Hi there — you've prepared well!

Remember, knowing the content is one thing, but presenting it in the paper exactly as required is another. Here are a few key points to keep in mind:

1. For a 5-mark part, aim to write at least 2 and at most 3 sides of the answer sheet. Often, a question has two or three parts, and the marks are divided accordingly — so address each part fairly.

2. Manage your time wisely — you have about 35 minutes per full question, which comes down to around 8 minutes for each 5-mark part. Stick to this to avoid rushing later.

3. Make your answers look scientific, not just theoretical. Use flowcharts and diagrams wherever they add clarity.

4. Neatness matters — keep your handwriting clean, avoid cutting or overwriting.

5. Mind your spelling and grammar — while GSA doesn't deduct marks for these, your expression leaves an impression.

6. In the ability portion, explain analytical ability questions in words. For a 5-mark part, show all steps and provide clear explanations.

Good luck for CSS 2026 — you're going to ace it, in sha Allah! ✨

a single, extremely hot and dense point (singularity) about 13.8 billion years ago and has been expanding ever since.

Structure

Singularity:

All matter and energy concentrated in one point.

Explosion and Expansion:

Sudden expansion sent matter outward.

Formation of Particles:

Quarks \rightarrow protons and neutrons \rightarrow atoms.

Formation of Cosmic Structures:

Atoms formed stars, galaxies, and clusters.

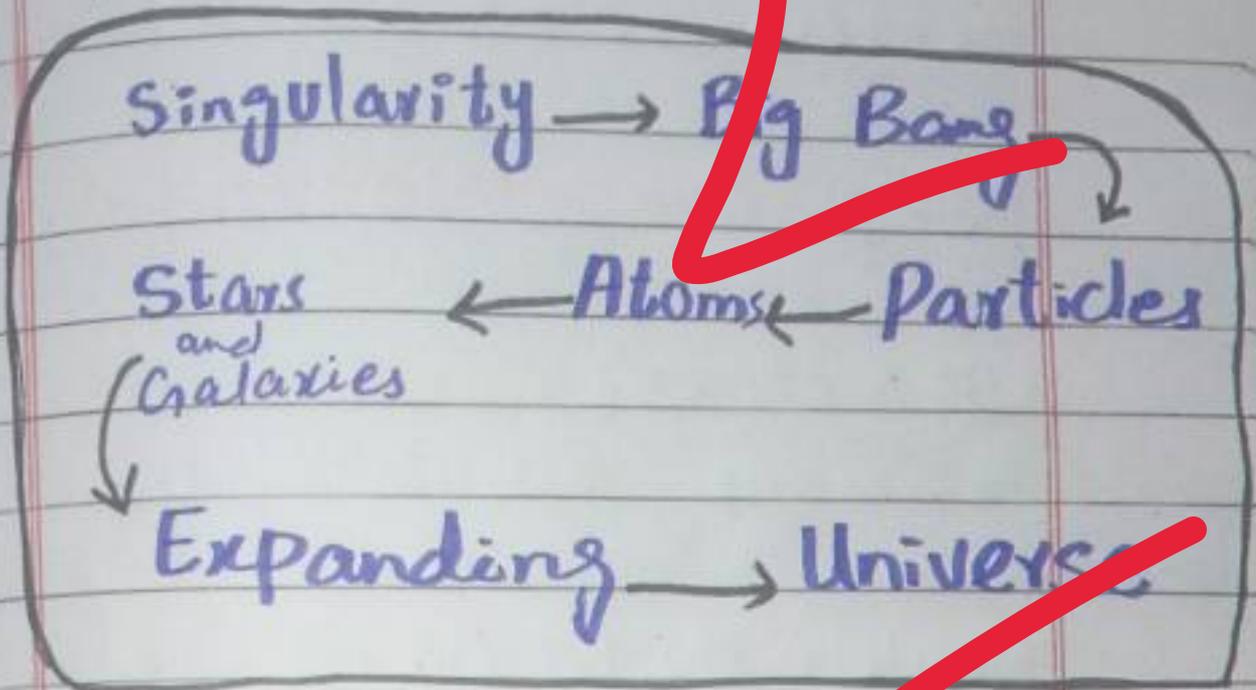
Present Universe:

Continues to expand

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with galaxies moving apart.



flow chart diagram

b) Define Urinary System and explain the working of nephron.

Definition

The Urinary System removes metabolic waste and maintains

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water-salt balance,
consisting of kidneys,
ureters, bladder urethra.

Nephron - Working:

Structure:

Bowman's capsule + Glomerulus
Proximal tubule + Loop of
Henle + Distal tubule + collecting duct

Filtration

Blood filtered in glomerulus,
water, salts, glucose, Urea →
Bowman's capsule.

Reabsorption

Useful substances reabsorbed
into blood.

Secretion and Excretion:

waste secreted into
tubules → Urine collected →
Bladder → Urethra.

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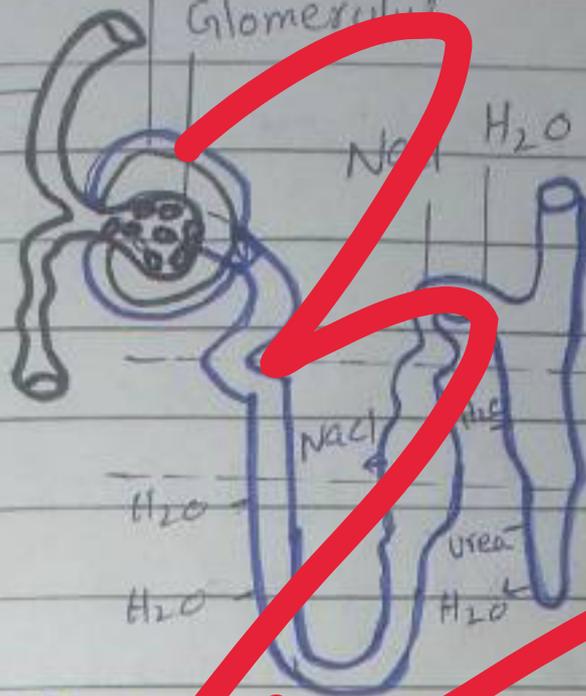
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Afferent arteriole

Efferent arteriole

Bowman's capsule

Glomerulus



Cortex

outer medulla

Inner medulla

Nephron

Q What is Un-balanced diet? How it affects the healthy living?

Definition:

An un-balanced diet either lacks essential nutrients (proteins, vitamins, minerals) or has excessive components (sugars, fats).

Effects on Health:

Deficiency Diseases:

e.g. Rickets (vit D)
Scurvy (vit C).

Obesity and Heart Diseases

Excess fats and
sugar.

Weak Immunity

poor resistance to
infections.

Delayed Growth

Especially in children, affects
mental and physical development

Chronic Conditions:

Diabetes, hypertension
due to poor diet.

Unbalanced Diet

Nutrient → Deficiency

Diseases & Health issues

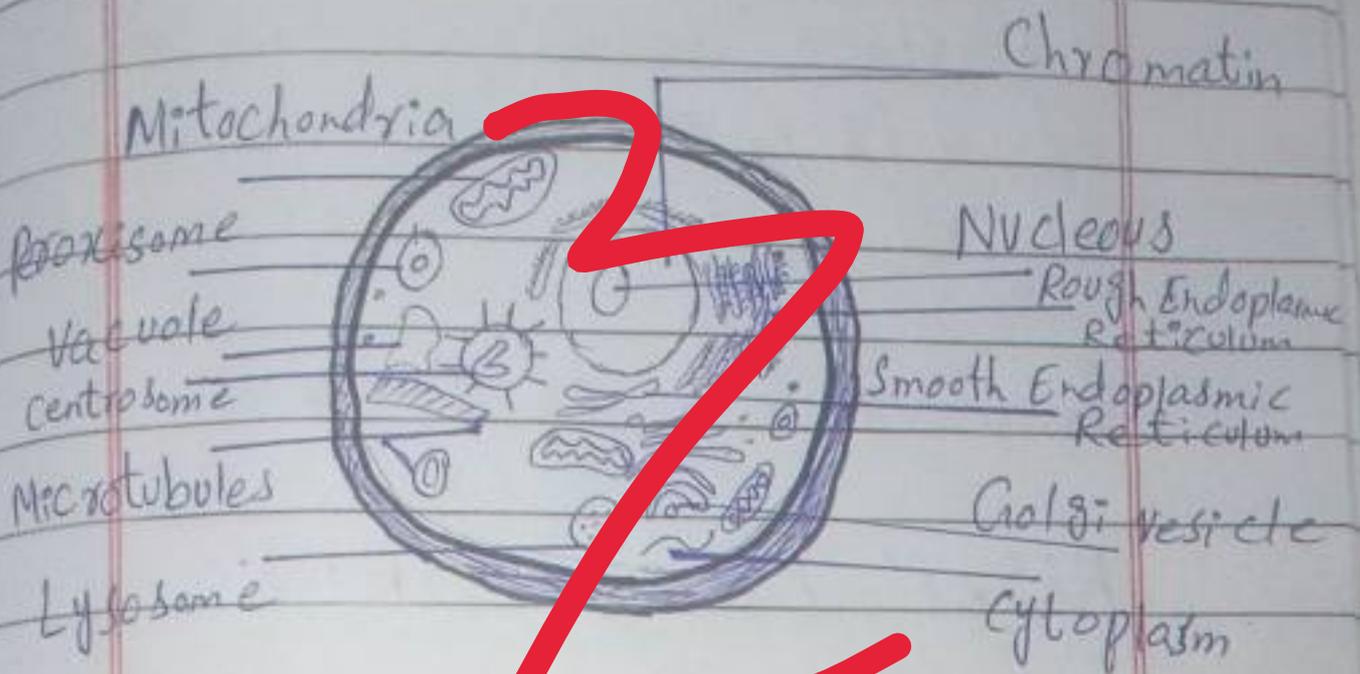
d Describe the structure and functions of cell membrane, cytoplasm and mitochondria?

Answer:

Components	Structure	Function
Cell wall	Rigid layer outside plant cells (cellulose)	Provides support and protection
Cell membrane	Thin flexible lipid bilayer around cell.	Controls movement of substances in and out.
Cytoplasm	Jelly like substance with organelles	Site of some organelles
Mitochondria	Double-membrane organelle with cristae	Produces ATP via cellular respiration

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Animal cell structure with Cell (plasma) Membrane

Q No. 5

a What is DRM?
Importance and Risks?

Definition:

Disaster Risk Management (DRM) is the process of identifying, assessing,

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and reducing the risks of disasters to minimize loss of life, property and environmental damage.

Importance of Risk

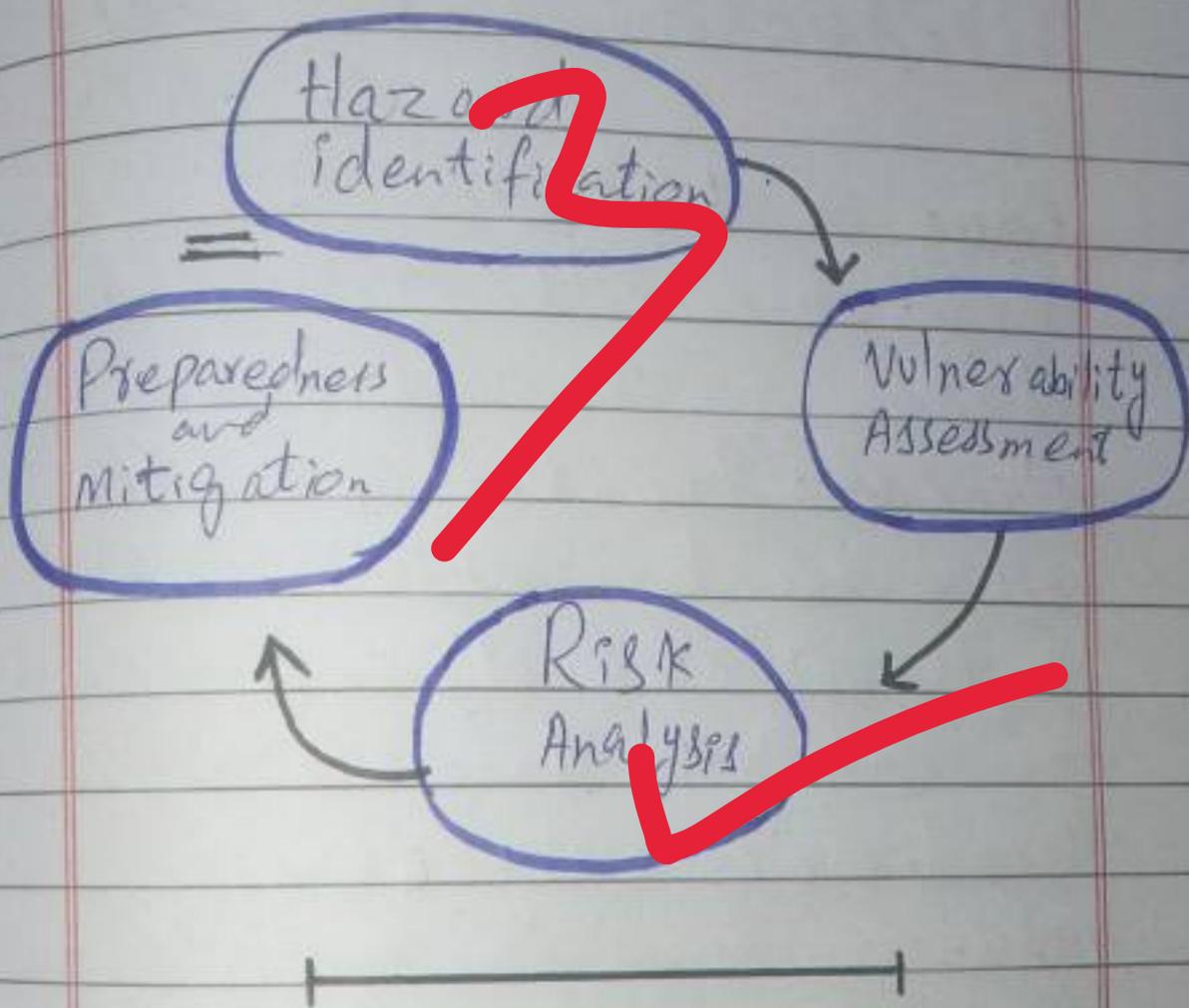
Assessment in DRM:

- 1 **Identifies hazards:** Natural (earthquake), flood, and man-made (industrial accidents).
- 2 **Evaluates Vulnerability**
Determines which communities or areas are most at risk.
- 3 **Prioritizes resources**
Helps allocate funds, equipment, and personnel effectively.
- 4 **Prepares response strategies:**
Enables early warning systems

and evacuation plans.

5 Reduces potential losses:

By taking preventive measures, damages can be minimized.



b Biofuels - Biodiesel and Biogas

Definition:

Biofuels are

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renewable fuels derived from biological materials such as plants, algae, or animal waste.

Production of Biofuels.

Raw materials

Vegetable oils or animals fats.

Process: Transesterification — oils react with alcohol (methanol/ethanol) in presence of catalyst to produce biodiesel + glycerin.

use:

Can be used as a diesel

Substitute in engines.

Production of Biogas:

Raw materials: Organic waste

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(kitchen waste, cow dung).

Process:

A anaerobic digestion in a biogas digester, producing methane (CH_4), CO_2 , and trace gases.

Use:

Fuel for cooking, heating, or electricity generation.

Vegetable oil + Alcohol +

Catalyst \rightarrow Biodiesel +

Glycerin

Organic waste \rightarrow Anaerobic

Digestion \rightarrow Biogas ($\text{CH}_4 + \text{CO}_2$)

Biogas and Biodiesel

C Digestive system &

Stomach and small intestine?

Definition:

The digestive system is a group of organs that break down food, absorb nutrients, and eliminate waste.

Role of Stomach:

- 1 Mechanical digestion
Churning food into chyme.
- 2 Chemical digestion
Secretes HCl & pepsin to break proteins
- 3 Temporary Storage:
Holds food before release

to small intestine.

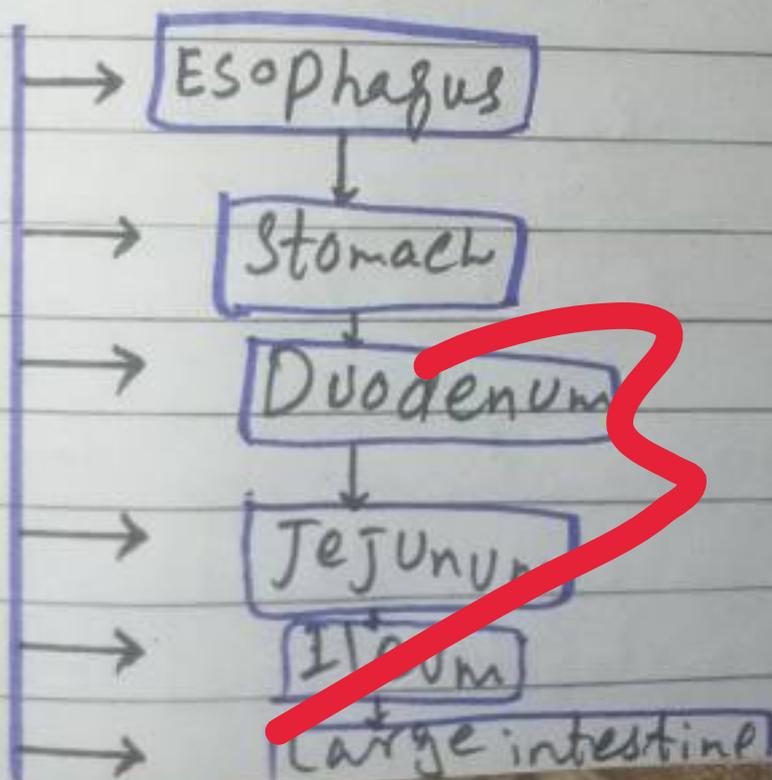
Role of small intestine:

Duodenum: Receives bile & pancreatic juice for digestion of fats, proteins & carbohydrates.

Jejunum & Ileum: Main site of nutrient absorption into blood/lymph.

Villi & microvilli: increase surface area for maximum absorption.

Diagram
Stomach + Small intestine



d Plastic b → Properties, Application & Environmental Risks ?

Definition:

Plastics are synthetic polymers made from petroleum derivatives, widely used for their versatility and durability.

Properties:

- a Lightweight and strong.
- b Flexible or rigid.
- c Resistant to water, chemicals and corrosion.
- d Insulating (electrical & thermal)

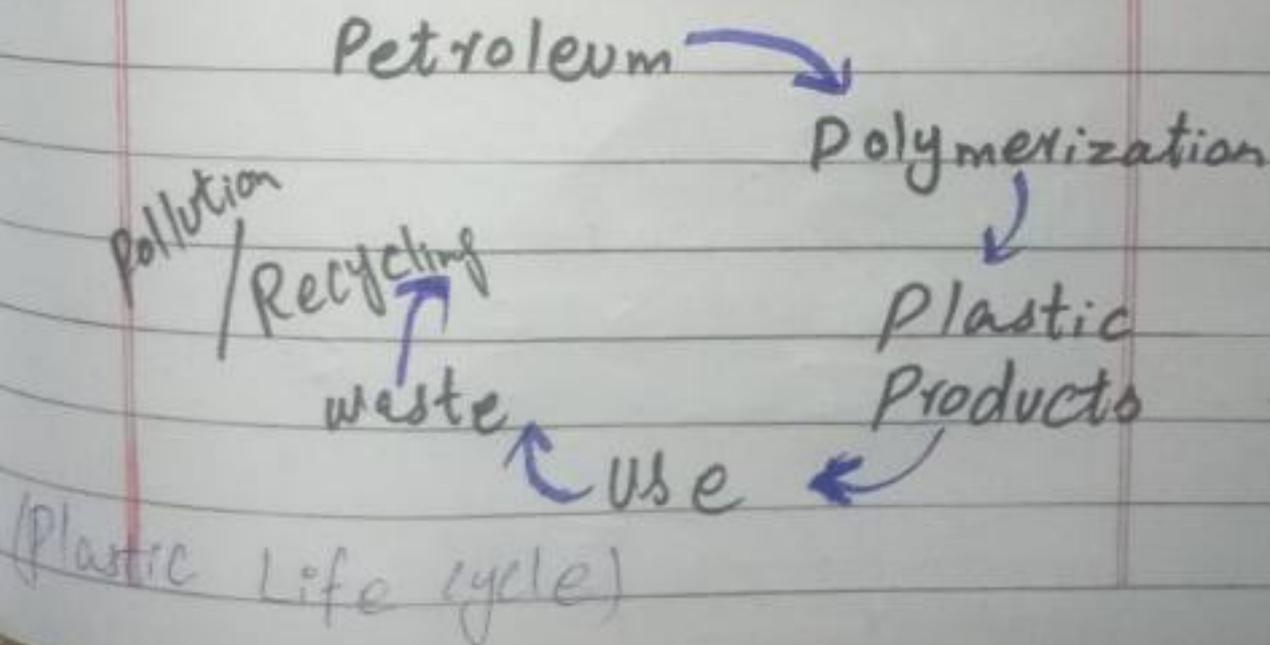
Applications:

- a Packaging (bottles, bags)
- b Construction (pipes, insulation)

- c Household items (utensils, furniture)
- d Electronics (casing, components)

Environmental Risks:

- 1 Non-biodegradable → accumulates in landfills & oceans.
- 2 Releases toxic chemicals when burned
- 3 Harm to wildlife through ingestion or entanglement
- 4 Microplastics contaminate soil and water



(Section B)

Q NO. 7

(a) Ratio of two numbers

Given:

$$40\% \text{ of 1st number} = \frac{2}{3} \text{ of 2nd number}$$

Let first number = x

Second number = y

$$0.4x = \frac{2}{3}y$$

Solve for ratio $x:y$

$$\frac{x}{y} = \frac{2/3}{0.4}$$

$$\frac{2/3}{2/5} \Rightarrow \frac{2}{3} \times \frac{5}{2}$$

$$= \frac{5}{3}$$

Answer = 5:3

(b) Cost price of a ball

Given:

Selling 17 balls = RS. 720

Loss = cost price of 5 balls

Cost price of one ball = ?

Let's

Cost price of one ball = x

Total cost price of 17 balls = $17x$

Loss = $5 \times x = 5x$

Selling price formula

Selling price = Cost price - Loss

$$720 = 17x - 5x$$

$$720 = 12x$$

$$x = \frac{720}{12} = 60$$

Cost price of one ball = RS. 60



c

present age of son

Given

→ Father is 24 years older than son

→ in 2 years: Father's age = 2 × son's age

Let's

Present age of son = x

Father's age = $x + 24$

After 2 years:

$$x + 24 + 2 = 2(x + 2)$$

$$x + 26 = 2x + 4$$

$$2x - x = 26 - 4$$

$$x = 22$$

present age of son = 22 years

—————|—————|

d

Time taken by Rashid and Ramran working together

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Given

Rashid : 32 pages in 6 hours

$$\frac{32}{6} = \frac{16}{3} \text{ pages/h}$$

Kamran : 40 pages in 5 hours

$$\frac{40}{5} = 8 \text{ pages/hr}$$

Total assignment = 110 pages

Combined work rate.

$$\frac{16}{3} + 8$$

$$\frac{16}{3} + \frac{24}{3} = \frac{40}{3} \text{ pages/hr}$$

Time to complete 110 pages together

$$= 8 \text{ hours } 15 \text{ minutes}$$



Q No. 8

a Houses Arrangement

Given:

A is to the right of B

→ B - A

E is to the left of C
and right of A

→ A - E - C

B is to the right of D

→ D - B

Now Arrange

From B - A and D - B → D - B - A

E is between A and C

→ A - E - C

Combine all

D - B - A - E - C

Now middle house

D, B, A, E, C

Middle house - A

b Direction & Distance

Given movements:

Start \rightarrow North \rightarrow 4 km \rightarrow turn left \rightarrow
 \rightarrow 5 km \rightarrow turn left \rightarrow 5 km \rightarrow turn left
 \rightarrow 6 km \rightarrow turn left \rightarrow 1 km

Track position

- 1 Start \rightarrow North 4 km \rightarrow Current position 4 km of start (2) Next Turn left \rightarrow West 5 km \rightarrow Now 4 km north, 5 km west
- 3 Turn left \rightarrow ~~South 5 km~~
 now $(4-5) = -1$ km north
 \rightarrow 1 km South, 5 km west.
- 4 Turn left \rightarrow East 6 km \rightarrow now 1 km South, $(5-6) = -1$ km east \rightarrow
 1 km east, 1 km South
- 5 Turn left \rightarrow North 1 km \rightarrow now
 0 km north South, 1 km east.

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Distance from starting point

Coordinates: (East 1 Km, North 0 km)

$$\text{Distance} = \sqrt{(1^2 + 0^2)} = 1 \text{ Km}$$

Direction while finishing

Last movement = North, so
facing North.

Direction after 2nd turn

2nd turn → after West (first turn)

→ second left → South

Direction to return to start

From (1 Km east, 0 Km north)

Must run West



C Odd man out - Anagrams

Given

a THRSI → Thirs → Thirst

b AOTC → Coat

c EOUBSL → Lops / Sole → Double

d KTRIS → Skirt

e RETAENS → Sweater

most are clothing items:
Coat, skirt, sweater
odd ones: Thirst → not clothing

Answer (a) Thirst



d How many triangles in the figure?

outer (big) triangles = 8

inner (small) triangles = 8

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Center. complete triangles = 2

$$So = 8 + 8 + 2 = 18$$

Total = 18 Triangles

