

# Dos and Don'ts for the General Science & Ability Paper

①

Hi there — you've prepared well! Farzana Ali

Remember, knowing the content is one thing, but presenting it in the paper exactly as required is another. Here are a few key points to keep in mind:

1. For a 5-mark part, aim to write at least 2 and at most 3 sides of the answer sheet. Often, a question has two or three parts, and the marks are divided accordingly — so address each part fairly.

2. Manage your time wisely — you have about 35 minutes per full question, which comes down to around 8 minutes for each 5-mark part. Stick to this to avoid rushing later.

3. Make your answers look scientific, not just theoretical. Use flowcharts and diagrams wherever they add clarity.

4. Neatness matters — keep your handwriting clean, avoid cutting or overwriting.

5. Mind your spelling and grammar — while GSA doesn't deduct marks for these, your expression leaves an impression.

6. In the ability portion, explain analytical questions in words. For a 5-mark part, show all steps and provide clear explanations.

Good luck for CSS 2026 — you're going to ace it, in sha Allah! ✨

General Knowledge

General Science and Ability

Part-II

Question no. 6

(a) Describe the structure of universe as per big bang theory.

Introduction:

The big bang theory states that the universe began about 13.8 billion years ago from an extremely hot, dense, and compact state (called singularity). Space and time themselves came into existence at this moment. The universe then started expanding rapidly.

Stages of big bang theory:

(i) The universe began from an extremely hot and dense singularity.

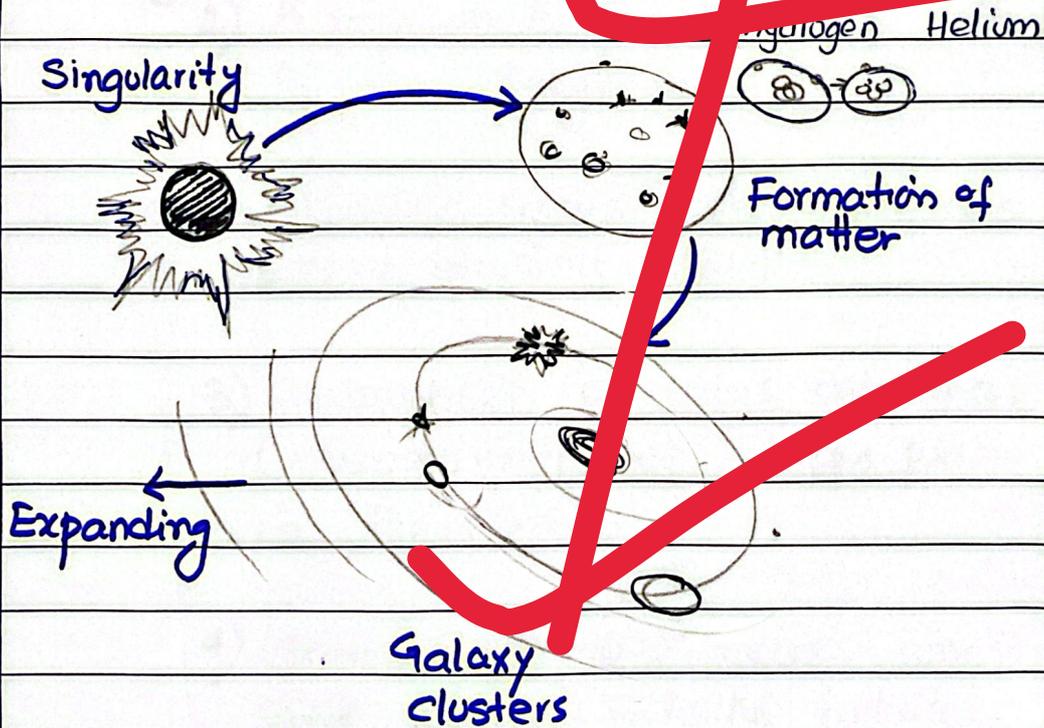
2) A rapid expansion known as the big bang created time and space.

3) As the universe expanded, it cooled down gradually.

4) Fundamental particles formed and combined to make atoms.

5) Gravity caused matter to clump into stars and galaxies.

6) Large scale structures like clusters and super clusters developed over time.



## (b) Urinary system and working of nephron

### Urinary systems:

The urinary system is a body system responsible for removing waste products, regulating water and salt balance, and maintaining homeostasis.

It consists of

Kidneys

Ureters

Urinary bladder

Urethra.

### Working of Nephrons:

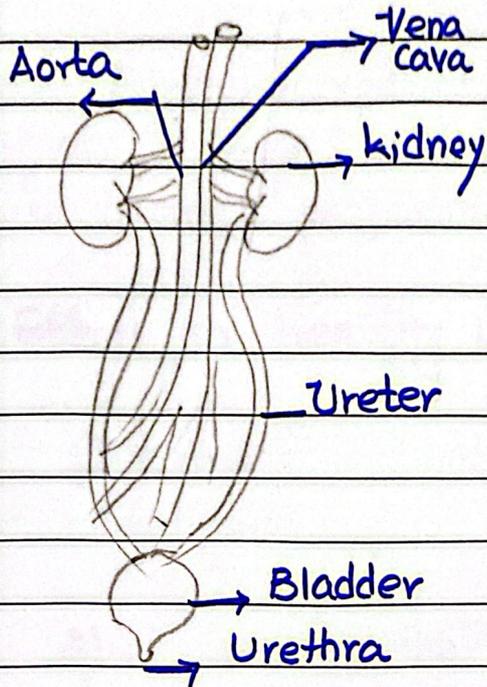
1) A nephron is the functional unit of the kidney

2) Filtration occurs in the glomerulus where blood is filtered.

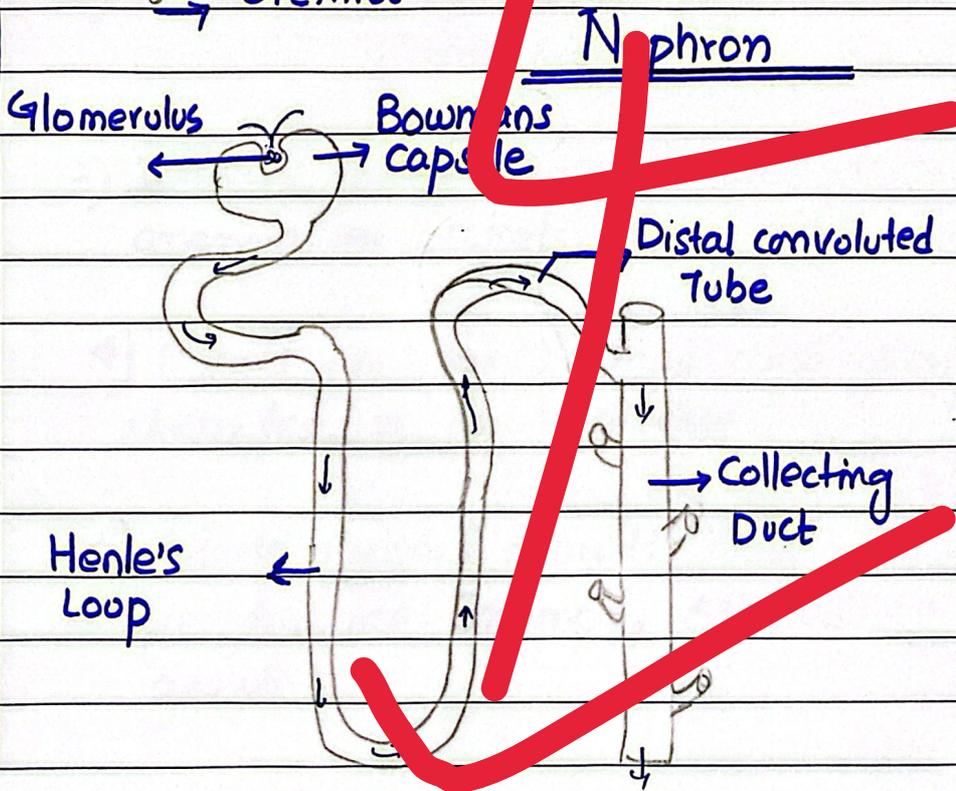
3) Reabsorption of useful substances (glucose, salts, water) takes place in the tubules.

4) Secretion removes excess ions and wastes into the tubule:

5) The remaining fluid forms urine, which flows to the collecting duct.



Urinary system



(5)

## (C) Unbalanced diet and its effect on healthy living.

### Unbalanced diet (Definition):

An unbalanced diet is the one that lacks essential nutrients or contains them in incorrect proportions.

### Effects on healthy living:

- 1) It causes malnutrition, weakness, and fatigue.
- 2) It weakens the immune system, increasing the disease risk.
- 3) It leads to deficiency diseases like anemia or rickets.
- 4) Excess nutrients may cause obesity, diabetes, or heart disease.
- 5) Affects physical growth and mental performance. Example, Stunted growth.

## (d) Structure and functions of cell wall, cell membrane, cytoplasm, and mitochondria.

### 1) Cell Wall:

**Structure:** Rigid outer layer made of cellulose (in plants).

**Functions:**

- 1) Provides shape and protection
- 2) Prevents cell bursting
- 3) Maintains cell rigidity

### 2) Cell membrane:

**Structure:** Thin, flexible, selectively permeable membrane.

**Functions:**

- 1) Controls movement of substances
- 2) Maintains internal environment
- 3) Protects the cell.

### 3) Cytoplasm:

**Structure:** Jelly-like substance inside the cell membrane

**Functions:**

- 1) Site of metabolic activities
- 2) Holds cell organelles
- 3) Helps in transport of material

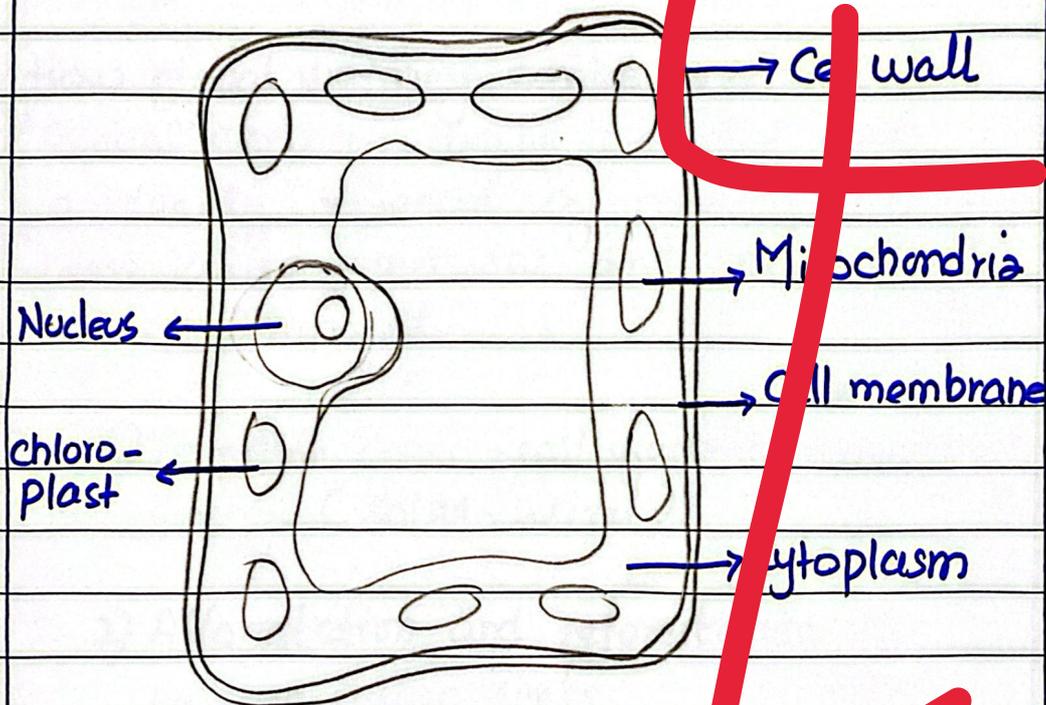
(7)

#### 4) Mitochondria:

**Structure:** Double-membraned organelle with folded inner membrane (cristae).

#### **Function:**

- 1) Produces energy
- 2) site of cellular respiration
- 3) known as the powerhouse of the cell.



Plant cell

## Question no: 3

(a) How global warming can be reversed?

Global warming:

Global warming is the gradual increase in Earth's average temperature caused mainly by the accumulation of greenhouse gases in the atmosphere.

How global warming can be reversed?

Global warming can be controlled and gradually reversed by reducing greenhouse gases emissions and protecting the environment.

1) Transition from fossil fuel to renewable energy (solar, wind).

2) Afforestation and reforestation to increase carbon sinks.

3) Reduce deforestation and pollution.

4) Encourage public awareness and sustainable lifestyle.

5) Designing sustainable, walkable neighbourhoods.

## (b) Ceramics: definition, properties and application.

**Definition:** Ceramics are hard, non-metallic, inorganic materials made by heating minerals at high temperature.

### Properties of ceramics:

- 1) It has high hardness and strength.
- 2) It is heat resistant
- 3) It is poor conductor of heat and electricity.
- 4) It is resistant to corrosion and chemicals.
- 5) It is brittle in nature.

### Applications of ceramics:

- 1) It is used for making pots, tiles, and bricks.
- 2) It is used in electrical insulators.
- 3) It is also used in dental and bone implants.
- 4) Used as heat shields and engine parts.
- 5) Often used in laboratory equipments.

(C) Explain the working of fiber optics and mobile phones.

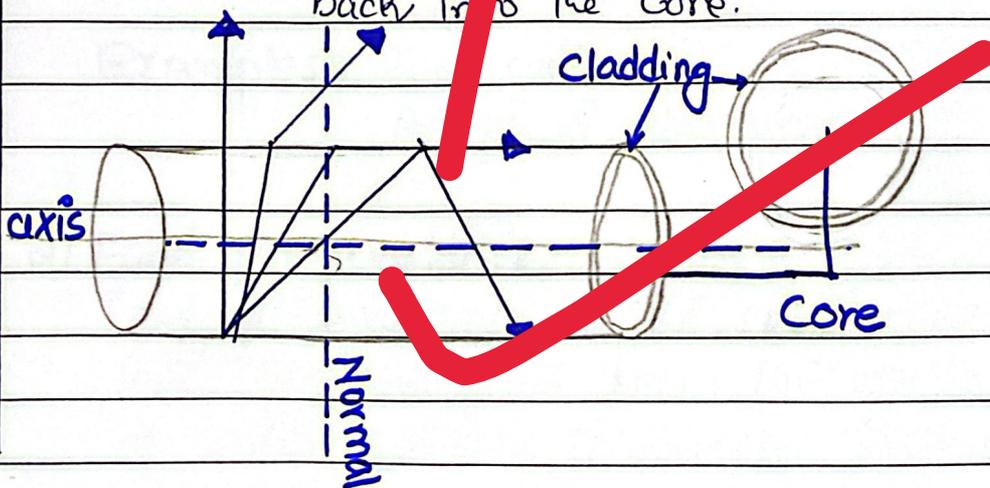
**Fiber optics:** Optical fiber is a thin, flexible strand of glass or plastic that transmits data in the form of light signals over long distances.

**Working of Fiber optics:**

- 1) It transmits data as light signals.
- 2) Light travels by total internal reflection inside the fiber.
- 3) Used for fast communication with minimum signal loss.

4) **Core:** The central part made of glass or plastic where light travels.

5) **Cladding:** The outer layer surrounding the core that reflects light back into the core.



## Mobile phones:

- 1) A mobile phone converts sounds into electrical signals
- 2) Signals are transmitted as radio waves to the nearest cell tower.
- 3) The tower connects calls and data through a network.
- 4) The incoming signals are converted back into sound.

(d) Define the following and give examples.

### 1) Food additives:

Food additives are the substances added to food to improve taste, colour, or texture.

**Examples:** Food colours  
Artificial flavours.

### 2) Food preservation:

Food preservatives are the substances that prevent food from the spoilage of microorganisms. It increases shelf life.

of food

Example : Sodium chloride  
Sodium Benzoate

### 3) Food adulteration:

Food adulteration is the process of the addition of harmful or inferior substances to food.

Example: Mixing water in milk  
Brick powder in spices.

### 4) Food contamination:

Food contamination is the presence of harmful microbes or chemicals in food.

Example: Bacteria in uncooked food  
Pesticide residues.

## Section-B

### Question no. 8

A) There are 5 different houses . . . .

(13)

Solution:

- 1) A is to the right of B      B A
- 2) E is to the left of C and right of A =  
A E C
- 3) B is to the right of D =  
D B

Arranging based on above clues.

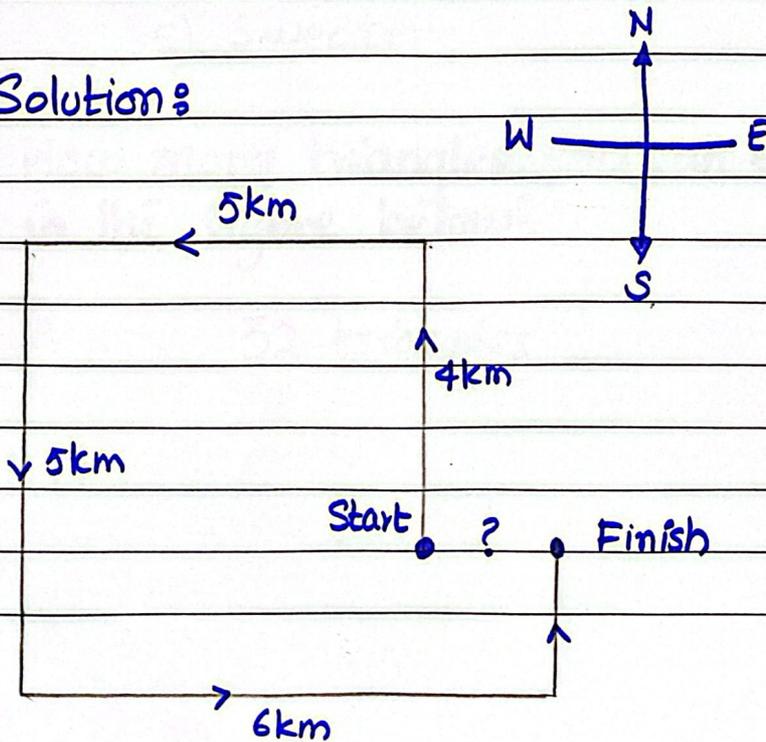
D B A E C

So,

The house in the middle is (A).

(B) If you start running -----  
Which direction you have  
to run?

Solution:



Solution:

1) Distance from the start = 1 km

2) Direction while finishing = North

3) Direction of the second turn = South

4) Direction to go back to start = West

(c) Find the odd man out of the following anagrams.

1) shirt

2) coat

3) blouse

4) skirt

5) sweater

(d) How many triangles you can find in the figure below?

32 triangles

(17)

(c) A man is 24 years old ---- present age of son is?

Solution:

The man is 24 years older than his son today

$$M = S + 24$$

In two years, the man's age ( $M+2$ ) will be twice of son's age ( $S+2$ )

$$M + 2 = 2(S + 2)$$

Solving the equation

$$(S + 24) + 2 = 2(S + 2)$$

$$S + 26 = 2S + 4$$

$$26 - 4 = 2S - S$$

$$22 = S$$

Son's age is = 22 years

(16)

(B) On selling 17 balls, ----- cost price of ball is.

Solution:

Let the cost price of 1 ball =  $x$

The loss = cost of 5 balls =  $5x$

Selling 17 balls for 720

Total cost =  $720 + 5x$

Cost of 17 balls =  $17x$

So;

$$17x = 720 + 5x$$

$$17x - 5x = 720$$

$$12x = 720$$

$$x = \frac{720}{12}$$

$$x = 60$$

The cost price of one ball is  
60 Rs.

## Question no: 7

(A) If 40% of a number -----

Solution:

Let first number = A

Let second number = B

Drawing equation from statement

40% of A is equal to  $\frac{2}{3}$  of B

$$0.4 \times A = \frac{2}{3} \times B$$

$$\frac{2}{5} A = \frac{2}{3} B$$

$$\frac{2}{5} A = \frac{2}{3} B$$

$$\frac{1}{5} A = \frac{1}{3} B$$

$$3A = 5B$$

$$A/B = 5/3$$

(18)

(d) Rashid and Kamran are working....  
---- assignment of 110 pages?

Solution:

Rashid types 32 pages in 6 hours, so  
in one hour he types

$$\frac{32}{6} = 5.33$$

5.33 pages/hour

Kamran types 40 pages in 5 hours, so  
in one hour he types

$$\frac{40}{5} = 8 \text{ pages/hour}$$

Rashid and Kamran together type 1 page  
in one hour =

$$5.33 + 8 = 13.33 \text{ pages/hour}$$

How long to type 110 pages

$$\frac{110}{13.33} = 8.25 \text{ hours}$$

They will take 8 hours 15 minutes to  
type 110 pages together.