

Digital Freedom without Digital Responsibility: A New Challenge for Pakistani Society

I) Introduction:

- a) Attention grabber
- b) Thesis statement

The unchecked digital freedom is an alarming challenge as it can cause decline in ethics, reading emergency, health crises, digital violence, cyberharassment and threat to democracy in Pakistan.

II Why digital freedom is challenge for Pakistani Society:

- a) Decline in ethics and morality

(Almost 96% of school aged children are using social media in which 7 out of every tens are grabbed by mal-practices.)

b) Mental health crises because of AI

! Brain fog

! Cognitive disabilities ✓

(There are one billion masses in world suffering from mental disorders.) ✓

c) Reading decline and Parasocial Relations

! Reading decline leads to academia crises and decrease in enrollments.

(Reading emergency in UK by B. Phillipson; UK education minister)

! 26 million school age children are out of school

d) AI and erosion to democracy

! Algorithm driven reels create political biasedness.

! Political encroachment through codefide programs.

e) AI can derive unemployment and ~~can~~ uplift it drastically

! It can spread poverty and hunger (44m people in Pakistan living under poverty line).

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f) Digital freedom can foster unethical activities like plagiarism.

! Pakistan is ranked in lowest authenticity of text publication

g) Digital freedom can heightened digital crimes

1) Deepfake : disinformation and misinformation

2) Online harassment and Online stalking

3) cyberattacks and illegal activities.

h) Addiction of unethical and useless games

! Pubji etc

! Australia bans social media usage

III Lake of digital Preparedness

! Almost 60% of world countries are lake of digital preparedness of emerging challenges of AI.

! Pakistan fragile response to check and balance on gagging social media.

IV) Recommendations :

1 Introduce digital skill learning and ethics with emerging AI at every educational forum.

2 Gagging of social media for school aged children.

3 Public campaigns at every forum of society.

4 Government should introduce strict AI based policies to cope up emerging threat.

V) Conclusion :

I restated thesis and summary of whole discussion.



The Essay

"The development of artificial intelligence can spell the end of human race." The eminent Stephen Hawking warned the global leaders about emerging challenges due to artificial intelligence

and digital media. Governments of the world are becoming conscious about the blooming threats of unchecked digital freedom. The experts and scholars are arguing that developing and under developing nations are at high risk. The same concerns are rising in Pakistan regarding digital freedom and its negative impacts on Pakistani society. Currently 96 percent of the school aged children are using social media and seven out of every ten are entrapped in misbehaviors and malpractices. If current scenario remains continue, Pakistan will alarmingly face digital violence and cybercrimes hike by 2030. The decline in ethics, mental health crises, academia crisis, poverty, unemployment and digital stalking and harassment are the ^{imminent} signals.

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Therefore this essay will explore the reasons under which unchecked digital freedom is leading to ~~Education~~ ~~utilization~~ ~~chaos~~ societal chaos.

To begin with, the digital freedom and social media intrusion has created loopholes in the Pakistani society. Children are becoming unethical and involving in mal-behaviors due to unchecked social media access.

A societal level survey conducted by Atlas have revealed that every eight children out of ten are morally weak. They do not know about principles of discipline and good-conduct. Moreover, experts have predicted that lack of ethics lead to loss of creativity and logical thinking. Therefore, the unethical and immoral digital content will lead to

societal decline and hence contribute to make fragile nation. Thus, digital freedom without responsibility ~~is~~ is emerging, a challenge for Pakistani society. But this not the only reason.

The digital access without surveillance is also creating health crises. From COVID pandemic to, 2025, Pakistani society has endowed with tremendous increase in mental health crises. The excessive use of social media is causing brain fog among the young generation of Pakistan. However, biologically it is not a nerves disorder but the slow working of human brain. Almost, every second child is suffering through it, not only in Pakistan but in South Asia as well. The Therapists argue that prolong brain fog may lead to cognitive disabilities.

~~Moreover~~ Moreover, the excessive use of chatgpt may lead to suicide. Interestingly, a youngone in Europe has asked chatgpt, "I am lost of job; tell me the tallest building of near rome". The chatgpt enlists the highest buildings of that area without pondering that youngone is going to make suicide. Therefore, the freedom of digital platforms without responsibility is emerging as severe threat to Pakistani society through its rising health concerns.

The elimination of reading habits and increase in parasocial relations are also imminent challenge for Pakistani society. With the emergence of digital media particularly with the addition of artificial intelligence, the reading habits among Pakistani dwellers have severely declined. Taking

example of travelling, in past people have some books or magazines as travelling gadgets. But currently, these gadgets are replaced with music listening and doom scrolling. A report in South Asia reveals that young ones are driven under parasocial relation in this area. Parasocial is a relation in which people have only intangible one sided relation. These indicators lead to loopholes in national integration and societal disintegration. Pakistan is facing already disintegration among ~~eth~~ societies under ethnic drives. When digital challenge will compound and get hike, it will lead to separatist movements in every corner of the country. Hence academia crises compounded with parasocial relations are rising challenge for Pakistani society.