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16101-2309938-5

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Topic:

Sometimes nothing is the hardest thing to do.

Outline:

1. Introduction

True success is rooted in rising beyond hardships by facing challenges with courage and determination. Pragmatic steps should be adopted to develop the courage to turn hardships into opportunities.

2. A cursory glance at hardships in human life

3. From the impossible to possible: How sometimes nothing is the hardest thing to do

3.1) Individuals with moral and intellectual courage made ground breaking inventions despite hardships.

(Galileo Galilei)

3.2) Oppressed segments of the society attained freedom by turning the impossible into possible.

(American Civil Rights movement)

3.3) Despite financial hardships, with determination and a positive attitude, athletes defied

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all odds and climbed the pinnacle of success.

(Tiger Woods as 'the all time greatest golfer')

3.4) Women rights activists achieved equal suffrage rights in patriarchal societies.
(19th amendment in US, 1920)

3.5) Great prophets spread religion with more courage in spite of unfavourable circumstances.
(Prophet Muhammad (PBUH) faced many rejections → Ta'if incident)

3.6) Nothing seemed impossible for individuals with hope to break the cycles of poverty and make it ~~up~~ to the top of the corporate ladder
(Sundar Pichai, CEO of Google)

3.7) Great philosophers enlightened the world, even though they were repeatedly rejected.
(Karl Marx)

3.8) After being destroyed by war, nations invested in education, innovation and technology which transformed them into ~~the~~ economic powerhouses.
(Japan after world war II)

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3.9) In the face of civil wars, unions were preserved, exceeding all expectations.
(US Civil war and reconstruction era)

3.10) With limited expectations and repeated rejections, authors still managed to publish best selling books.
(Harry Potter by JK Rowling)

4. How to develop the courage to turn hardships into opportunities

1. Strengthen Faith and Spiritual resilience.

2. Cultivate positive thinking and gratitude.

3. Draw ^{Strength} from purpose and meaning.

(Victor Frankl's "Man's Search for meaning" → those who find meaning in suffering never lose hope)

4. Ensuring quality education to foster character development and national prosperity

5. Conclusion.

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Essay:

Hardship is an inevitable reality that requires an optimistic mindset. True success is rooted in rising beyond hardships by facing challenges with courage and determination. Pragmatic steps should be adopted to develop the courage to turn hardships into opportunities. Humans face many kinds of hardships in their life, from economic to moral. However, sometimes nothing seems hard or impossible as one truly commits to their goal. Ground-breaking inventions have been made despite difficult circumstances. Moreover, people have achieved rights and freedoms in the face of unfavorable circumstances. Not only this, but athletes have attained the pinnacle of success against all odds. Additionally, feminists have succeeded in achieving equal suffrage rights in patriarchal societies. Besides this, religious prophets have spread religion with moral and spiritual courage. Nothing seemed impossible with individuals with hope and character to climb up the corporate ladder. Further great philosophers enlightened the world despite repeated rejections. Importantly, nations reconstructed themselves after being war-torn, demonstrating that sometimes nothing seems impossible. Lastly, authors published best-selling books,

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even though people have limited expectations from them. Although, sometimes the impossible seems possible; however, when there is no hope in the face of challenges, pragmatic steps should be taken to develop the will power to turn every hardship into an opportunity.

Man kind, throughout the course of life, faces multiple challenges and hardships. These hardships exist as a test for humans and they build the character of individuals and nations. Hardships could be of different kinds. Economic hardships provide individuals and nations with high rates of inflation, low purchasing power and deplorable human development. Further, hardships of minorities in a nation differ. Moreover, hardships related to health mean that ~~deat~~ chronic diseases or physical impediments stand as a barrier to growth and success. Moreover, intellectual hardships constitute an individual not realizing their true potential which is often rooted in self doubt. Social hardships are often faced by marginalized genders as their existence and way of life is often shaped by social constructs and gender stereotypes. Thus hardships could take various forms.

Individuals, nations and societies

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have displayed that hardships could be overcome with vision and optimism. To begin with, individuals with moral and intellectual determination have made ground breaking inventions inspite of unfavourable circumstances. They dared to question established beliefs and defied authoritative resistance. Despite pressure, persecution or institutional hostility, such innovators relied on observation, experimentation and reason to pursue truth. ~~There~~ Their willingness to challenge orthodoxy expanded human knowledge leading to great breakthroughs. Take the example of Galileo Galilei, an Italian Scientist who challenged the Church backed geocentric view and supported the heliocentric theory that earth revolves around the sun. This was done by providing a telescopic evidence. He was later put into house arrest. Thus, with authoritative resistance, Scientists turned the impossible into possible.

Furthermore, the oppressed segments of society have attained freedom and turned hardships into possibilities. For centuries, African Americans faced persecution and worked as slaves for farmland owners in the Southern States of the US. These Africans were transported by the Europeans through the trans Atlantic

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to America in order to produce agricultural goods and raw materials. Moreover, the oppressed classes faced economic marginalization, poor working conditions, racial segregation and torture. They faced many difficulties but with courage, determination and in hope of a better future, they defied all odds and started struggle for their freedom and liberation.

For instance, the Civil Rights movement was a manifestation of courage rooted in great leadership and vision. The Civil Rights movement saw court cases and various protests which finally gave African American equal citizen rights. Therefore, persecuted and marginalized groups turned hardships into opportunities.

Additionally, great athletes climbed the pinnacle of greatness, overcoming structural and financial difficulties. Sports persons require good feasible training facilities, standard diet and regular supervised training which ~~require~~ demand a strong financial capacity of an individual. When these sports lack, then one needs to have the will power to survive without standard training and facilities. Great athletes have not only survived these tough circumstances, but also defied all expectations.

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by breaking records and achieving greatness. This can be seen in the struggle faced by Tiger Woods, who is considered as the greatest golfer of all times. He faced economic hardships and racial discrimination throughout his career as an amateur. Moreover, his father rarely supervised his progress as he served in the army. Thus, this goes to show that professional hardships could be overcome and sometimes great things appear possible.

Not only this, but the same case could be seen in women rights activists, where suffrage rights once appeared as the hardest thing to achieve, but eventually they were granted. Women, for centuries have faced social, economic and political marginalization. However, women rights activists like Mary Wollstonecraft struggled to raise a voice for equal political rights of women. This was done in a highly patriarchal society where suffrage rights for women seemed impossible. However, with persistent efforts in the form of public protests, sit-ins and petitions, suffrage rights for women were achieved in 1920 through the 19th constitutional amendment. Thus, despite hardships, women achieved

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equal suffrage rights-

Moreover, in the realm of religion, Prophets struggled immensely to spread Islam. The conditions of Arabia were extremely unfavourable for the spread of Islam, as the Qurish had a strong foothold. Moreover, further, prophets bore physical, social and economic hardships to ensure the spread of religion. They visited highly sensitive areas to spread religion which resulted in physical atrocities inflicted upon the prophets. For example, Prophet Muhammad (PBUH) went to Ta'if to preach Islam but was pelted with stones and asked to return. However, despite persecution, he ~~deftly~~ displayed courage and tolerance and prayed for their guidance. Thus, Prophets made the impossible into possible.

Furthermore, people achieved greatness in the corporate sector and nothing seemed impossible despite being stuck in cycles of poverty. Corporate greatness requires high educational qualifications and professionalized vocational training. Moreover, educational qualifications are highly expensive. This is the reason that highly capable individuals get stuck at the grass root level of the corporate world. However, individuals

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with courage, hope and intelligence successfully break the cycle of poverty and grab highly coveted positions. This can be seen in the case of Sundar Pichai, who belonged to a poor family, but after receiving scholarship in reputed universities, now stands as the CEO of Google. Hence, corporate excellence could be achieved even though hardships exist.

Besides this, great philosophers have enlightened the world with revolutionary ideas inspite of little expectations and repeated rejections.

They faced persecutions, resentments and disapprovals due to their revolutionary and non-traditional ideas. However, with persistence, courage and determination they faced repeated hardships and managed to get their message through despite unfavourable circumstances.

This could be seen in the case of Karl Marx who introduced the concept of class struggle in dialectics and blamed the bourgeoisie for the constant struggle of the proletariat class. Despite poverty he wrote books like 'The Communist Manifesto' and 'Das Kapital' showing that nothing is impossible. Thus, philosophical struggle showcases that sometimes nothing is the hardest thing

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to do.

Further, after being war torn by wars, nations managed to put themselves together and invested in self development. In spite of being hit with disaster, these nations had the courage to struggle and invested heavily in education, innovation and technology which transformed them into economic powerhouses with some of the world's highest GDPs.

This argument could be substantiated by the example of Japan, who stands as the most innovative nation despite being hit with an atomic bomb in world war II.

Thus nations have achieved greatness despite being war torn.

Additionally, nations have successfully preserved unions despite being subject to civil wars. Civil wars perpetuate resentment in a nation and polarize them along ideological lines. This leads to separatist movements and threats of ~~cessation~~ cessation. Through these tough times, pragmatic leadership is extremely important. This is evident in the case of the American civil war where leaders like Abraham Lincoln managed to preserve the union and reconstruct the

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nation post war. Thus nations put themselves together after civil wars displayed that nothing is impossible.

Importantly, authors managed to publish their books despite disapprovals. In the face of repeated rejections, determination is extremely necessary.

Great authors cared less about the years of struggle and focused on their goal. They defied all boundaries as their books were not only published but also achieved best selling awards. For instance, J.K. Rowling presented Harry Potter books to numerous publishers but faced rejections. Finally she succeeded by and Harry Potter became a best seller.

Although hardships exist in human life, pragmatic measures should be taken to ensure that one develops the courage to turn hardships into opportunity. Firstly one should strengthen faith and spiritual resilience. Faith and spiritual resilience provides one with optimism and faith. This is because one believes that a powerful superior force is controlling all situations and he will decide whatever seems appears to be in ~~the~~ the best interest of mankind. Thus spiritual strength is necessary.

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Further, one should cultivate gratitude and positive thinking. Gratitude and positive thinking promotes a stable mindset, as which is extremely important to turn hardships into ease. ~~Thus~~ Further, Gratitude provides one with the opportunity to be generous and think about those with limited opportunities and resources. Thus positive thinking and Gratitude is very crucial.

Further, one should draw strength from meaning and purpose. A strong purpose and committed goal serves as a driving force for individuals and actions. It provides fuel to work hard - ~~and~~ Further, it provides a track for one to follow. For instance, Victor Frankl's 'Man's Search for Meaning' demonstrates that those who find meaning in suffering never lose hope. Thus Drawing strength from Purpose and meaning is a key driving factor to success.

Lastly, One should pursue investing in knowledge as it provides unlimited dividends in various forms. Education and knowledge exposes one to diverse

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and varying perspectives which develop the individual character.

Moreover, it develops one with professional ~~excessive~~ capabilities, making them capable & competent enough to serve a job, thus reducing economic hardships. Hence, education is a key pillar that aid individuals and nations with courage to fight hardships with dignity.

To draw a curtain on the discussion, it could be said that humors and challenges complement each other. However, history and world study shows that scientific innovations, equal human rights, professional greatness stemmed from realization of true potential and courage. Moreover, philosophical greatness, reconstruction of nations and other individual achievements seem capable when optimism and hope prevails. However, one should constantly one a themselves to build character and courage through pragmatic measures to face hardships with dignity.

