

Tooba Gul

Essay:

The secret of life, though,
is to fall seven times and
to get up eight times

OUTLINE

1. Introduction

Thesis statement: When man first begins fighting for his dreams, he has no experience and makes many mistakes. These mistakes shape his journey, driving him to achieve his ultimate goal.

2- Significance of making mistakes in life

3- Mistakes drive individual toward success

a- Experiences offer valuable lessons

(Experiential Learning Theory)

b- Mistakes shape the direction and purpose in life

(Abdul Sattar Edhi's efforts for humanity turned his experience into reality)

c- Builds mental resilience amid adversities

and Samina Baig

(Malala Yousafzai, has turned challenges into opportunities)

d- Inculcates hope for future success through self-reflection

("A good teacher can inspire hope, ignite imagination, and instill love of learning." - Brad Henry)

c- Fosters self-confidence in individual's personality

4. Mistakes and experience contributing to social and professional development

a- Mistakes shape perspectives by broadening the understanding of challenges and opportunities

b- Enhance skills development and problem-solving

(Doctor's misdiagnosis leads to improved critical thinking and diagnostic skills)

c- Experiences lead to new connections and opportunities

d- understanding others' struggles fosters stronger relationships

("The 7 Habits of Highly Effective People" by Stephen Covey)

e- learning from mistakes leads to creative solutions

5- Mistakes and experiences drive national and international aspects

a- Learning from mistakes ensure better policies and governance

(Pakistan's experience with IMF bailouts has informed more cautious economic planning)

b- Experiences in handling crisis drive innovation

c- Realization of environmental management can alter future disasters

(The Billion Tree Tsunami project was launched in response to environmental degradation)

d- Learning from past mistakes can improve diplomatic relations and conflict resolution

6- Conclusion

Essay:

When man first begins fighting for his dreams, he has no experience and make many mistakes. These mistakes shape his journey, driving him to achieve his ultimate goal in life. Experience is gained through mistakes that drives individuals toward success. Individuals learn valuable lessons through mistakes, find purpose in life and build mental resilience. Moreover, experience inculcates hope for to attain success in future and fosters self-confidence. Over and above, mistakes are crucial for social and professional development as they broaden understanding, of things, enhances skill development and fosters relations. Furthermore, different experiences inculcate empathy, spur creativity and innovation. On a broader perspective, mistakes drive better policies, spur crisis management and foster disaster management. Besides, past experiences improve diplomatic relations and conflict resolution. Continuous practice and mistakes teach the art of not giving up. This experience

serves as a stepping stone for future success. As quoted by Oscar Wilde, "The regret of not trying is worse than the regret of trying."

Mistakes are the crucial part of one's life. The secret of life and success lies in not giving up. Incessant practice even in the face of adversity enhances one's knowledge and molds perspectives. They give courage to avail new opportunities. As Henry Ford stated, "Failure is simply the opportunity to begin again, this time more intelligently." History is full of people who turned their failure into success. Thomas Edison persisted through over 1000 attempts, learning from each failure shows his resilient mindset. Similarly, Steve Jobs faced failure and he was ousted from his own company. He transformed tech and left a lasting impact on the world. This shows that courage and relentless practice, despite mistakes, leads to success in life.

Mistakes and experiences often enable individuals to learn valuable lessons. They broaden one's perspectives and shape

critical thinking skills. Through mistakes, one becomes able to do self-reflection. Experiential Learning Theory (ELT) developed by David Kolb suggests that experiences, including mistakes, are crucial for learning. Learning from direct experiences and mistakes enable to reflect on those experiences to identify lessons. Therefore, experiences teach lessons effectively.

Along with learning lessons, mistakes shape the direction and purpose in life. By experiencing hardships, one learns the art of tackling them effectively. Several humanitarians, through their experience, set direction and purpose in their life. For example, Abdul Sattar Edhi's experience of caring for his paralyzed mother shaped his humanitarian work. This personal struggle sparked empathy for others facing similar challenges, inspiring him to help those in need. Edhi's dedication to his mother's care translated to serving humanity without expecting anything in return. Hence, his experience determines his purpose of in life.

Moreover, relentless mistakes build mental resilience and adversity overcoming.

mistakes in tough situations strengthens one's ability to cope with challenges. Personal struggles of social activists teach them to connect deeper with people. For example, Malala Yousafzai's experiences with adversity have strengthened her advocacy for girl's education. Similarly, Saima Baig's ~~relent~~ relentless efforts made her successful in climbing the mountains. Thus, experience and mistakes build mental resilience amid adversities.

In a nutshell, when man first begins fighting for his dreams, he has no experience and makes many mistakes. These mistakes shape his journey, driving him to achieve his ultimate goal. Mistakes are crucial part of life. Without mistakes there is no learning and no experience. They teach valuable lessons, shape direction in life and build mental resilience. Moreover, they foster hope and confidence for future. Besides, in social and professional development, they serve skills development, broaden understanding and foster empathy. Furthermore, they spur creative solutions. On a broader level, past experiences ensure better policy-making and crisis handling. Besides, environmental

management and conflict resolution can
be done via avoiding mistakes.