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# Women Empowerment

As Eleanor Roosevelt said,

"A <sup>woman</sup> is like a tea bag; you never know how strong <sup>it is</sup> until it's in hot water"

Women Empowerment is essential for achieving sustainable economic growth, gender equality, <sup>strong</sup> strengthen family structure, <sup>and</sup> fostering national development. Firstly, Sustainable

Economic Growth is achieved when women are educated and join the work force. More workers <sup>increase</sup> gives more production which results long-term

economic growth. According to the World Bank, if Pakistan closed the gender gap in labor force participation, it could potentially increase its GDP by up to 30%.

It increases household income as <sup>20</sup> dual-income families will be more financially stable which reduces poverty. Secondly, Gender Equality means giving equal rights and opportunities to men and

women. It gives power and confidence to make their own decisions. As United Nations recognizes gender equality as essential for sustainable development. Gender equality gives more opportunity to participate in politics and leadership like Benazir Bhutto showed that women can lead a country.

Thirdly, Women empowerment strengthens family structure of society. Empowered women will actively participate in family such as finance, children's education, and family planning. It also decreases domestic violence.

Children will grow in safer environments. Finally, Women Empowerment is also fostering National Development. A country cannot progress if half of its population is restricted.

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Based on 2025-2026 data, Pakistan's population has approximately 51% males and 49.4% females. If 49.4% females are empowered, They will bring new ideas and solution in business, education and social services. So, women empowerment strengthens our economy, families, drives national development for the country's overall progress.