Muhammad Saleem : 087

WOMEN EMPOWERMENT 25.02.26

Women empowerment refers to women having equal rights and opportunity in the society, and freedom to make their own decisions. because for a nation to progress and grow, it needs its entire population to play an essential role it would be a huge drawback for a nation to develop with half of its population left behind. having empowered women contributing to a nation's economic growth, education and social development. However, women face various problems in societies including gender discrimination, lack of education, and social and cultural restrictions, especially in developing countries like Pakistan, India and in some cultures. These things prevent women from reaching their

full potential in society. To promote women empowerment, it is essential to ensure equal access everywhere, including education, employment, and healthcare. Governments should promote and implement laws that protect women rights, and societies should change their perspective and the way of thinking, treating women with respects and equality, Families also plays a vital role in empowering girls from a very early age by educating them and have them pursue their dreams and become independent. Therefore, women empowerment is not just about justice or equality, it is more of a necessity in order for a nation's gradual growth. Their contribution uplifts

not just one family but a society as well leading to a more balanced and powerful societies. So it is essential to create an environment, a space where women can live with dignity, freedom and equal opportunities.