

General instructions to be followed to pass essay

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1- Spend time on rightly comprehension of the topic, you won't pass the essay unless and until you addressed the asked part

2- Try to make your main heading in the outline from the words in the question statement

3- Try to add hook in the introduction. The length of introduction must be of 2 sides

4- your topic sentence in your argument must be aligned with the ending sentence

5- Avoid firstly, secondly, thirdly etc. in outline

6- add references in your arguments with proper source. Go for diversification of references

7- Do not add new idea or point in Conclusion

8- You won't pass the essay if make more than 4-5 grammatical mistakes

9- outlines that are not self explanatory or does not aligned to with the essay statement are liable to mark 0 and the essay would become null and void

10- always try to be relevant to the topic, if even your 1 or 2 arguments are irrelevant, the examiner would not pass your essay.

Outline:

1. Introduction:

1.1. Hook

1.2. Background (Buner cloudburst)

1.3. Thesis statement (Major gaps in Pakistan disaster management, and the way forward).

2. Types of Disasters:

2.1. Natural (earthquakes, floods, droughts, landslides, heatwaves)

2.2. Man-made (industrial accidents, fires, epidemics, urban flooding)

No need to provide

3. Key Institutions & Mechanisms:

3.1. National: NDMA

3.2. Provincial/District: PDMA, SDMAs
Local government.

3.3. Supporting actors: Army, Rescue 1122
NGOs, international organisations.

3.4. Role and Structure: mitigation,
preparedness, response, recovery.

5. Challenges in Disaster Management:

- 5.1. Weak institutional coordination/funds.
- 5.2. Poor infrastructure and buildings.
- 5.3. Lack of warning systems.
- 5.4. Urban governance issues: informal settlements, encroachments, drainage, failures.
- 5.5. Lack of Public awareness & participation.
- 5.6. Corruption, mismanagement & delayed relief.
- 5.7. Climate change (deforestation).

6. Way Forward:

- 6.1. Strengthen institutions (autonomy, funding, trained staff for NDMA/PDMA).
- 6.2. Modern early warning and data systems (satellite, GIS, cloud burst alerts).
- 6.3. Disaster resilient infrastructure.
- 6.4. Climate adaptation (reforestation, watershed management).
- 6.5. Community-based disaster risk management.
- 6.6. Urban planning and enforcement (no illegal construction on riverbanks, proper drainage).

6.7. Regional and international cooperation.

6.8. Use of modern technology.

7. Conclusion:

7.1. Urgency of disaster management in Pakistan.

7.2. Reconfirm thesis.

7.3. A nation that builds for tomorrow's storms is stronger than one always repairing yesterday's damage.

The Essay

"Remember: when disaster strikes, the time to prepare has passed." — Steven Cyros.

These words ring especially true for Pakistan — a country repeatedly struck by natural and man-made calamities,

yet persistently unprepared. From the devastating 2005 earthquake to the catastrophic 2022 floods, and most recently, the 2025 Buner flash floods that swept away hundred of lives and homes, disaster in Pakistan are growing in frequency and intensity. Despite having formal institutions like the National Disaster Management Authority (NDMA) and Provincial Disaster Management Authorities (PDMA), the country continues to struggle with coordination, early warning, and emergency response. The increasing impact of climate change, rapid urbanisation, and poor governance only magnify these vulnerabilities. This essay explores the major challenges in disaster management in Pakistan and outlines practical strategies to build a more resilient, responsive, and prepared system.