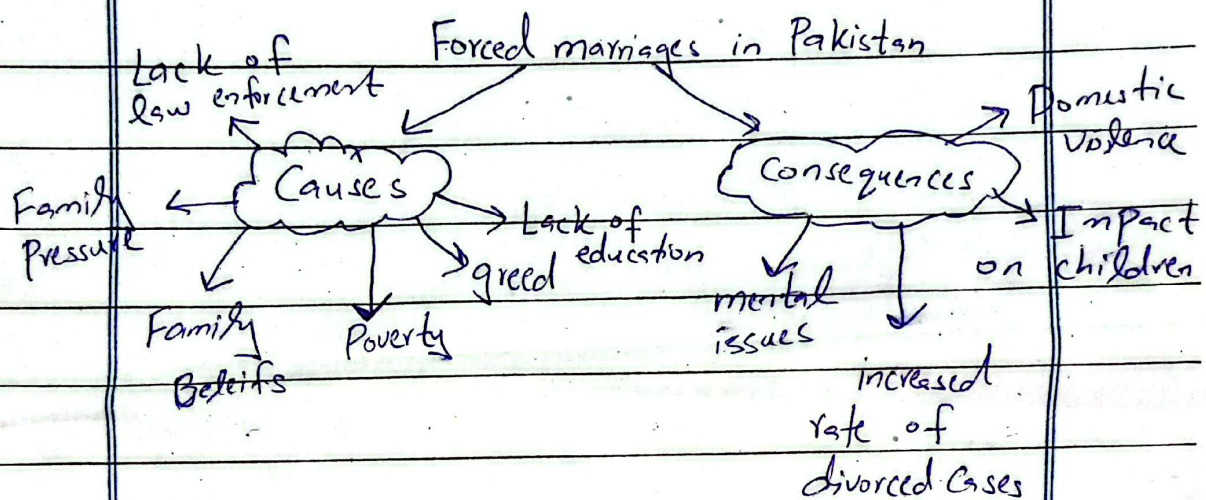


Mock-I

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English Essay

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Outline

1- Introduction

- - Hook
- - general statement
- - Thesis statement: There are several causes related to Family pressure, economic factors, lack of education, lack of law enforcement and Traditional beliefs and their consequences are mental issues, increased rate of divorced cases, Domestic violence and impact on children.

2- Causes of forced marriages

2.1 Family pressure

2.1.1 Fear of loss of Family ties

2.1.2 Sake of family honour

2.1.3 Limited choices due to narrowmindedness

2.2 Economic factors

2.2.1 Expecting ~~down~~ dowry

2.2.2 reducing financial burden

2.2.3 Financial stability after marriage

2.3 lack of education

2.3.1 Limited awareness of rights

2.3.2 No goals and careers

2.3.3 Burden on Family

2.3.4 lack of confidence to raise voice

2.4 lack of law enforcement

2.4.1 Poor enforcement of laws especially in rural areas

2.4.2 Corruption within enforcement departments

2.4.3 hesitance of enforcement departments due to cultural sensitivity

2.5 Traditional beliefs

2.5.1 cultural beliefs. practised in an area

2.5.2 No tolerance going against these traditional beliefs

2.5.3 Limited options for marriage proposals

3- Consequences of forced marriages

3.1 mental issues

3.1.1 Trauma and stress of forced marriage lead to depression

3.1.2 Depression can lead to suicidal thoughts

3.1.3 Difficulty forming healthy relationship

3.2 Increased rate of divorced cases

3.2.1 unsuccessful marriage ends in divorce

3.2.2 unhealthy relationships

3.2.3 lack of commitment of one or both partners

3.3 Domestic violence

3.3.1 anger and resentment towards partner

3.3.2 Burden of forced marriage

3.3.3 fights and conflicts due to trust issues etc

3.4 Impact on children

3.4.1 mental struggle for children due to unhealthy atmosphere

3.4.2 carry generational trauma in legacy

4 Conclusion

Essay

Marriage, in its purest form, is a union of love and commitment. But what happens when this union is forced, and love is just a distant memory? - Forced marriage is a very big problem in Pakistan, it is the biggest violation of human rights and a suffering for whole life. Mostly Pakistani women and girls are the targets of forced marriages. Imagine to marry a person you do not want to is a very depressing and scary thing. This is more common in rural areas where people in the name of family honour and pride forcefully marry partners especially girls and consider it their right. Despite the existence of laws that prohibit

forced marriages, the implementation is weak and slow. There are several causes related to family pressure, economic factors, lack of education, lack of law enforcement and traditional beliefs and their consequences are mental issues, increased rate of divorced cases, domestic violence and impact on children.

Family pressure is the significantly big factor to contribute to forced marriages. Many people face pressure from their families to marry someone they don't want to. They are often scared of losing their family's love and support if they say no. Even they can be boycotted if saying no. Family honour is often considered more important than personal freedom, leading families to prioritize their reputation over their loved one's happiness for the sake of honour. This along with narrow-mindedness in thinking and attitudes leave people trapped with limited choice and powerless. As a result, they end up with an unsuccessful marriage.

Economic reasons are one of the biggest causes of forced marriages in many parts of the world. Families often see marriage as a way to improve their

financial condition - Many poor groom families want to marry their son in rich families to get money and gifts from bride's family in the form of dowry despite considering the choice of their son - Many families which are poor get their daughters marry at younger age to reduce the expense of dowry. In many poor households, daughters are considered burden on their families so they marry them without their consent to reduce the financial burden of their education and other necessities of life - Also families marry their daughters to secure their future, they think marriage can give them financial stability but they do not think of their choices and consent -

Another key factor in forced marriages is lack of education - Due to lack of education, especially girls don't have any knowledge about their rights - They don't know that they can choose their partner or can say no to the forced marriage - Girls or boys who are not educated consider marriage a final destination they do not have any goals or career plans to achieve and their families also consider marriage a

first option to them - without education, they don't imagine their life built on independence and confident personal achievement - Without education, they are only burden to their family - They do not do any work which helps family financially especially girls so their parents and community elders want to reduce this burden and want them to marry as soon as possible and after marriage they are their husband's responsibility - Due to lack of education they do not have knowledge as well as confidence to raise voice against their rights or forced marriages - They are helpless and powerless and fully dependent on their families for their livelihood - They do not have courage to question unfair practices like forced marriages - so they silently accept what is decided for them by their parents and community elders -

Lack of proper law enforcement is another major reason why forced marriages continue to exist in societies - Although laws against child marriage and forced marriages are present such as Sindh Child Marriage Restraint Act 2016 and Punjab Forced Marriage Prevention Act 2017 but their implementation is poor and weak - They are

poorly enforced especially in rural areas - In ~~government~~ villages government institutions are weak and rarely take part in these actions so many cases go unreported because people living in these remote areas do not believe in law - Another big problem is corruption within enforcement departments - officials accept bribery from families and overlook these forced marriages - This corruption allows criminals to escape from their punishment - Once in a blue moon there is an honest officer which actually addresses these issues - Moreover, some regions have communities and territories where they have some local traditional and cultural beliefs and they practice them very strictly so government officials hesitate to interfere - They face backlash or can be accused of disrespecting their cultural beliefs - These kinds of communities are also dangerous and threaten government officials so they avoid such interferences -

Traditional and cultural beliefs play a strong role in promoting forced marriages in many parts of the country - Families often follow customs that are running from generation to generation such as marrying in same tribe,

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Some are caste conscious, some want same community etc for example in KPK region many families marry in same community despite considering any match or choices or any consent - These traditions are so deeply valued, they consider them sign of respect and honour and if anyone go against these traditions they do not tolerate - They are not ready to compromise their traditions in any situation so then they do honour killing and give other strict punishments to them who go against their traditions - So young people have to marry the partner that community chooses without any resistance. These strict traditional norms often create limited options for marriage proposals - Some regions arrange marriages in their tribe, clan and community which remove the choices so they do forced marriages without any hesitation in the name of honour -

Forced marriage can cause deep emotional trauma and stress - stuck in a marriage where there is no emotional connection with the partner leads to trauma and eventually person can slip into depression and anxiety - There is no happiness in the forced marriage

life becomes burden so person have suicidal thoughts - He or she thoughts that ending their life is only the solution to get rid of this unwanted relationship - They have zero attachment with each other, not any sense of commitment so they do not struggle to maintain healthy relationship - They feel helpless, depress and anxious everytime - They face difficulty forming healthy relationships, not only with their spouse but also with friends, family or future partners - Constant fear, low self-esteem and emotional scars prevent them from opening up and expressing them - This mental torture completely destroy their mental health and they suffer from sleeping disorders, depression and anxiety issues -

Forced marriages often lead to a high rate of divorce because they are built on pressure and two people are forcefully together - Forced marriage couple are not emotionally attached so they are not concerned for each other, so they do not have good memories with each other - Their relationship only caused pain to them and eventually their unsuccessful marriage

ends in divorce - They do not care about each other so they can not become support system for each other in difficult times - They do not have sense of responsibility for each other as they don't consider marriage their belonging - They do not want to work on their relationship nor they want to compromise or adjust for one another - They lack commitment in their relationships and do not follow their responsibilities as couples - Instead, they may continue to feel anger or regret about being forced into the relationship, which weakens the foundation of marriage - Overtime, this emotional disconnect and unwillingness to compromise make separation inevitable - Forced marriage not only destroy individual happiness but also contribute to the rising number of divorces in society -

Forced marriage can also result in domestic violence because the relationship begins without mutual consent, love or understanding - When one or both partners are forced in a marriage they develop strong anger and resentment towards partner - The person who was forced in a marriage feels trapped and powerless and the partner may become frustrated or aggressive due to

lack of emotional connection. This emotional tension easily turns into verbal, emotional or even physical abuse and marriage becomes a burden for both of them, especially one who is accused of domestic violence. Moreover, forced marriages usually lack trust and open communication which causes frequent fights and conflicts between ~~pattern~~ partners due to trust issues. Women in particular face domestic violence after marriage specially when marriage is forced.

Forced marriage has adverse effects on children. Children who see violence and distress in their family can not develop healthy relationships in their life. There is a negative impact as well as mental struggle for children. They have never seen positive atmosphere and constant anger and violence destroy their identity. They become introvert, do not want to make friends. They do not express their opinions, they can not take stands for themselves. They carry this generational trauma in legacy for example if a boy sees his father doing violence on his mother, he considers it normal and follow his father when he become husband.

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and eventually if a girl sees her mother suffering from violence silently, she considers it normal and when in future if her husband do the same she will also suffer it silently - So, forced marriage not only cause emotional stress for both partners but also impact their children -

Forced marriages are a big curse in our society it destroys people mental as well as physical life, it creates emotional stress which lead to breakdown. It is driven by a mix of economic pressure, lack of education, weak law enforcement and rigid traditional beliefs that value customs over human rights - These causes trap people in an unwanted marriage whose consequences are terrible and not only on them but also on next generation - To eliminate this practice it is important to raise voice against it, educate and promote human rights and strengthen law enforcement - A society can only be prosperous if marriages are based on love, trust and mutual understanding of both partners -