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ESSAY

Books build nations, screens distract them

OUTLINE

- 1) Introduction.
- 2) The books indeed build nations while screens distract them.
 - A. Books promotes responsible citizenship while screens leads to irresponsible behaviour.
 - B. Books provides lessons from the past and knowledge about history, economy and politics while screens deviates from real world activities.
 - C. Many written works develop critical thinking while media and screens prefers blind following.
 - D. Patience and Persistence are more in readers than screen users.
 - E. People who read books are more visionary than people who use screen and prefer shortcuts.
 - F. The worldview of books is wide as compared to screens.
 - G. Nations who read books are more practical in their decision-making while screen user nations often live in utopian world and unable to act.
 - H. Books encourage innovations and research while screen users contribute less to nation.
 - I. Books are more concerned with intellectual and material growth ~~and~~ But screens are just sources of more publicity.
 - J. Accountability and self-awareness is more in books than screens.
 - K. Books promote tolerance and respect for other while screens usually violates it.

3) Some people believe that screens are too helpful in nation-building.

- A. Screens can be utilised as digital or e-libraries.
- B. Youth or other segments of society can be activated for change via screens.
- C. Screens could be a source of knowledge in modern world.
- D. A single documentary is worth of reading for more than 5-6 hours.

4) Books are still the most powerful tool in nation-building as compared to screens.

- A. The digital or e-libraries might be utilised but not as a replacement while supplement to books.
- B. Any activism demands discipline and proper agenda which can be learned through books.
- C. Books are still primary source of knowledge while screens too work from books data.
- D. The effort and struggle to digest books for hours leads to intellectual growth.

5) (Conclusion).

Books enlighten minds and build nations, while screens enslave attention and erode wisdom. Nations who read books are more responsible citizens, have more knowledge about historical past; less likely to repeat their mistakes; more critical thinkers, with patience and persistence can travel to the road of progress towards their destiny; with more visionary leaders and decision-makers, broadened worldviews, more practical in their approaches to situations, excel in research and innovation, greater potential of intellectual and material growth, possess the sense of self accountability and tolerant for diversity as well as respectful towards the difference of opinion. The screen users are tended to be more irresponsible in their behaviour, deviated from real world scenarios, prefer to be followers rather than leaders, less patient in their works, more emotional in their approach, less contribution to society, focuses on superficial data and trends, in a severe need for publicity with whatever means they have in their lives, usually more intolerant towards diversity and less respectful for the differences in opinion. However some people believe that screens too could be helpful in nation-building while it is evident that books are still the most powerful mean in nation-building as compared to screens.

Books promote responsible citizenship while screens lead to irresponsible behaviour. The readers are more mature, capable of resolving issues and conflicts, savours of rules while irresponsible behaviour may include offensive

remarks, superficial data and distortion of reality and so on. If historical records are assessed of the past four to five decades; more successful nations of the world are those who love to read books. The Rise of China is no other than their marvellous achievements in the knowledge. On the other hand, nations who prefer screen enjoyment instead of books are still wasting their precious time with no comparative output. Thus it is possibly claimed that books make leaders while screens promotes following trends.

The historical account of the past; history, science, philosophy, economics and politics with the a long list is all available in books to any reader with no distraction at all. These past records can be assessed for the transformation of society. It might be helpful as people aware of the previous mistakes are less likely to repeat it. The users of screens don't seem to be familiarised with the history while they live in another fantasy world detached from their living world realities. Even if some data may be available but as famous saying partial knowledge leads to destruction. Bookish population are more likely to focus on on what and who they were yesterday, what are their current issues and challenges and with what measures they can achieve their desirable goals in the future with a clear way forward as their plan. Therefore, it is true that historically, wiser are those, who are connected with books in any sort of relationship.

Moreover written works, maybe prose or poetry, science or fiction, philosophy or mathematics develop important skills such as critical thinking, cognitive intelligence, problem solving skills and the ability to think.

A reader is more good at comprehending events, making decisions wisely, can go through cost-benefit analysis, would certainly consider future goals and so on. The screen users lack these abilities while distracts the nation from their planned goals to the thrilling world of entertainment. If a comparison is drawn between the showbiz celebrity of today with any reader personality; assume Henry Kissinger of USA vs. any screen personality - the logic is clear that who is more beneficial for his/her nation. Therefore it can be said that books develop those skills which are necessary for nation building.

It is the art of book reading that instills patience and persistence in its reader. who can wait for the unfolding moves and thus able to adjust accordingly. The screen life is although charismatic but very short-tempered; glooming mentality that strives for perfection within no time. For example the youth in many countries around the world usually protests against their respective authorities demanding rights with no plans of their own or any clear agenda. The book readers know the importance of evolutionary process that is why prefers gradual and continuous changes instead of any abrupt upheaval which might disturb the status-quo. Therefore books

— nurture the qualities of patience & persistence in nation, ultimately leading them to success.

People who read books are more visionary than people who use screen and prefer shortcuts. Vision can be obtained by intensive efforts, experiences, intellect, using of one's own logic and reason and these all qualities are nurtured while reading. Books never instruct for any shortcut in life while focuses on the sustainable development of a nation. The screen unintentionally rearing a bunch of people within a confined animated world with no vision at all for their goals. They are living a life that is made of deceptive metaphysical realities and observe their surrounding through the prisms of perfection ultimately leading to a screen hypothetical utopian mentality. Hence books help nations to build their visions.

The worldview presented into the books is a way much broadened than of the screen. It encompasses many subjects, genres, time frames, and relative societies through various perspectives with much deep rooted debates and critical inquiries which can be a cause of boredom for screen users. While this screen has made possible to divert people attention from these important discussions to low-level screen entertainment of which ultimate purpose is time to be passed. In simpler words, when something very much vital can be done, that time is spent in non-serious screen time. Thus books guide the true path of widened worldviews.

The knowledge gained from the books must be transformed into research and innovation projects. These projects are the source of ease and comfort for a whole nation. The screen time at this phase can limit these creative ideas while the pleasure for aesthetics made nations unable to think focusly. For instance, a scientist working in a lab may receive an important email but after opening his/her phone, s/he will start scrolling due to its addictive nature. The important task at laboratory remains unfilled. Consequently proves that screen is a distraction.

True books are beacon of light that guides individual on the path of self-discipline and awareness. They taught its readers how even a minute level changes in one's own body clock can transform the whole society or nation. For example, the world's top 10 richest people, mostly among them follow a strict routine time table for their daily activities. It influence and inspires almost all nation and thus the chain follows. In a result books provides a path of self-discipline to nations.

The tolerance for diversity and appreciation of difference in thoughts can be learn from books. Many historical examples validate this claim. Even the tribal Arabs, when receive the Holy Book, followed a tolerant policy in their areas of influence. True learnings of books increases it while screen emotional portrayal of realities may distort facts and leads to biases.

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Some people believe that screens also can be helpful in nation-building. As screens can be utilised as digital or e-libraries. One can save or read thousands of books in it and can read whenever and wherever wishes at any place. A large portion of societal group; may be of youth can be mobilised by its one click into a major demonstration for national change. It can be a modern source of knowledge. As it is not necessary that knowledge will be obtained by only one skill which is reading. Even a short documentary of five to ten minutes is equivalent to same hours in contrast to minutes. Thus screens are beneficial in the building of nations.

The books still remain highly relevant and most effective way in nation building in comparison to screens. The digital or e-libraries could be utilise but as a supplement. For any mobilisation, a tireless study of books is a prerequisite for its fully operationalisation. These screens are powered by books to provide its summaries. Although it is better to consult primary sources instead of ten minutes shortcut. These tireless struggles to digest the heavy data of books ultimately serves as a precursor of intellectual growth.

It is concluded that books are primary building blocks in a nation-building. Screens often distract nations from its goals. However, a strong sense can be develop by reading book to transform a nation.