

Importance of Extracurricular Activities

Outline

12/28

1. Introduction

1. The predominant education system of Pakistan
2. Importance of Extracurricular activities
3. Thesis statement

2. What is the importance of Extra-Curricular Activities

1. Broadens the horizon of students
2. Helps students adopt healthy activities
3. Lessons learnt during extra curricular activities helpful in future
4. Instills team spirit in otherwise competitive students
5. Lessens the burden of education
6. Augments a holistic growth of students
7. Attained scholarships can ^{and} guide university admissions

8. Future career paths can be found in extra-curricular activities

3. How to incorporate extra curricular activities in the lives of students

1. Emphasis on extra curriculars during mandated lectures
2. Adding a percentage of extra curricular activities in the final result
3. Organizing healthy extra curricular competitions among various schools at local level

4. Conclusion



Essay

The success of students is primarily gauged by their academic results. Pakistan, in particular, has overemphasized the importance of academic grades. A student scoring ninety percent or above in matriculation is considered a bright student. No attention is paid to a student's extracurricular activities. The importance of extra curricular activities can not be understated. They enable the holistic growth of a student by honing his skills and incorporating valuable qualities like team building and cooperation. Not only this, extra curricular activities also lessen the already stressful and competitive educational life of students. By attaining scholarships on the basis of these extracurricular activities, students can get admissions to reputed universities globally. Moreover, many students find these activities as a means to a career path in

non-academic disciplines. Their importance of extracurricular activities needs to be taught to the students in mandated lectures. A percentage of final result should be based on such ~~area~~ extracurriculars. The organisation of inter school competitions at local levels would also highlight the importance of extracurricular activities. Therefore, extra curricular activities are crucial in shaping the identity of students who pursue them. These activities develop a student's cognitive and social abilities in multiple ways. Their importance needs to be incorporated among the students to improve their future.

To begin the discussion, extra-curricular activities broaden the horizon of students ~~than~~ who pursue them. They remove the myopic and strictly academic oriented vision and replace it with an all encompassing one. ^{Activities} ~~Games~~ like Social Work, for instance, exposes the society's faultlines to a student directly. Welfare drives to aid the poor and needy make organizing students more empathetic.

to the ^{plight of} poor and destitute. Thus, extracurricular activities remove the lid of curriculum and broaden the horizons of students.

Secondly, extra curricular activities are important as they are healthy activities pursued by students. Many extracurricular activities occur in the outdoors. Students who adopt them are both physically and psychologically better than those who do not. For example, hiking and trekking clubs bring students to the outdoors. The hiking and trekking students need to be physically and mentally fit in order to take part in such activities. Hence, the extra curricular activities are important as they enable students to be fit by pursuing healthy activities.

Thirdly, extra curricular activities are important because they build habits that help students in the future. Many life skills are not taught in the classrooms. These include networking, socializing, optimising options among others. Students

who pursue extracurricular activities like joining social clubs are much better off than the students who do not. Such clubs work on the basic principles of respect, mutualism and discipline; all are very valuable life attributes. Therefore, extracurricular activities prepare individuals by equipping them with the qualities required in daily lives and are ^{accordingly} very significant.