

Q NO. 1

Why most of us fail in our efforts for self-improvement?
Ans : Most of us fail in our efforts at self-improvement because our plans are too long ambitious and we don't allocate time to execute them enough

Q NO. 2

Why is it a basic mistake to announce our resolution to everybody?

Ans:

It is a fundamental error to share our resolutions with everyone because when we inevitably revert to our old habits, it makes us appear even more foolish

Q NO. 3

Why did the writer not carry out his resolution on New Year's Day?

Ans:

The writer didn't begin his resolutions on the first day of the year because he had an overnight party on New

Year's Eve, which provided him with a valid excuse.

Q No 4. Find out words in the above passage which convey the similar meaning to the following.

plz explain more keeping in view the context of the passage clear good

- a) intimidating
- b) peril
- c) dwindle
- d) repel
- e) Barb

Ans:

- a) Formidable
- b) Pitfall
- c) diminished
- d) fended off
- e) fibs