

## 1 Why most of us fail in our efforts for Self-improvement?

Most of us fail in our efforts for self-improvement because we do not learn from past experiences. We are always ambitious to set goals for the new year but do not manage time. We expect high from ourself without analyzing our strength and weaknesses. As a result our enthusiasm vanished and we are standing on the same level from where we had started.

## 2 Why is it a basic mistake to announce our resolution to everybody?

To announce our resolution to everybody is a basic mistake because other people not only demotivate us but taunt us. As a result we get demotivated and left our goals.

## 3 Why did the writer not carry out his resolution on New Year's Day?

The writer not carry out his resolution on New Year's Day because of a new year party on the Eve. This excuse was enough to skip that day work. So, due to lack of self-discipline he has not started from first day of the year.

~~Peril: creep down.~~

~~Dwindle: Twisted~~

~~Repel: drag.~~