

Q. Why most of us fail in our efforts for self-improvement?

Most of us fail in our efforts for self-improvement, because we neglect the issues of habits and daily routine and set the goals which are almost unrealist. Most of us react emotionally when it comes to set the goals and ignore calculation based strategy. Therefore, we face the failure in the matter of self-improvement.

Q. Why is it a basic mistake to announce our resolution to everybody?

Because, we make our goals or targets very complex. Our direction is not straightforward and lacks focus towards the accomplishment of goals, and overlooking our capabilities by doing what is done or promised by ^{other} people to themselves is considered as a basic mistake to announce our resolution to everybody.

Signature _____

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No. _____

Q. Why did the writer not carry out his resolution on New Year's Day?

The writer was ~~as afraid of carrying out his new year's resolution as because he was failed to achieve that in past.~~

~~So, he, for the new year, decided that he would not announce or reveal to anybody about his new year's specific chosen goals.~~

Q.

a) intimidating —> was formidable

b) peril —>

c) dwindle —> diminished

d) repel —> foolish

e) barb —> jibes

Write comprehensive and relevant answer to the question

Extract key terms of the passage

Answer the question by referring the passage

Write well articulated answer