

Comprehension

Q:1 why most of us fail in our efforts for self-improvement?

Ans: Most of us fail in our efforts for self improvement because we never give much time to our schedule to improve ourselves that is required to meet such desired change.

Q:2 Why is it a basic mistake to announce our resolution to everybody?

It is a basic mistake...

Repeat question statement at the start of the answer.

Ans: To announce resolution to everyone ~~make~~ makes ourselves in ~~so~~ hustle and bustle. People make us feel bad when we can't get stuck into new routine.

Q:3 why did the writer not carry out his resolution on New year's Day?

Ans: The late night partying with friends ~~to work~~ did not keep him ~~to work~~ on his resolution. Although, he even hardly gave eleven minutes for exercise on second day and onward. But this time reduced to zero day by day because of lack of discipline.

Q#4

Ans

5
10

Intimidating → Exhausting

Peril → Warned

Dwindle → Hypnotizing

repel → Back to old
Bad habits

Barb → Jibes
