

Question:

Q.no.1 Why most of us fail in our efforts for self-improvement?

Ans The ~~most of us fail~~ major reason behind failure in our efforts for self-improvement is that we ~~usually~~ ~~set~~ set unachievable goals. In excitement, we usually ~~do~~ not consider our stamina and add a lot in our list of do's. Moreover, those who fail in self-improvement never tried to work (with enthusiasm) consistently to achieve their goals.

Q.no.2 Why is it a basic mistake to announce our resolution to everybody?

Ans It is a mistake to announce resolution to everybody because the taunts and jibes make us ~~comfortable~~ and demotivated. People find it interesting to poke in watch others busy in their difficult tasks. Those ~~stares~~ and ~~when we will~~ wait in eyes of others that ~~we~~ ~~slip~~ in our bad old ways is disturbing. That's why, after some time, spectators get bore or used of it but the resolution and motivation has long gone. ~~It makes use look foolish when we fail to achieve our goals~~

Q.no.3 Why did the writer not carry out his resolution on New Year's Day?

Ans The writer did not carry out

his resolution on New Year's Day because of his past experiences of unfulfillment of do's and don'ts. The previous experiences also taught him that certain accomplishments are beyond attainments. There is also the frustration that resulted from failure. The writer believe that announcing resolution is giving a chance to others to watch when we slip back to old ways. So, the writer did not carry his resolution.

Because he attended a party on New year's Eve.

Q. no 4

Repel: Feuded off, diminished, not carrying out;

Dwindle: Waned, diminished.

Peril: Difficulties

