

HORAIN

Batch # 67

Comprehension # 1

- 1 Why most of us fail in our efforts for self improvement?

Most of us fail in our efforts for self improvement because our goals are often too ambitious. The writer explains that past failures lead to frustration, making it difficult to stay motivated. This failure discourages us and causes us to return to our old habits. Unrealistic planning is one of the main reason self-improvement efforts donot succeed.

- 2 Why is it a basic mistake to announce our resolution to everybody?

Announcing resolution to everyone is considered a mistake because it adds pressure and creates unrealistic expectations. The writer points out that when

we make our resolutions public, we feel ~~embarrassed~~ if we fail to keep them. This often leads to abandon our goals rather than face shame. So, keeping resolutions private helps maintain focus and reduces the fear of judgement.

- 3 Why did the writer not carry out his resolution on new year's day?

The writer did not carry^{out} his resolution on New Year's Day

Because he attended a New Year's Eve party the night before. As a result, he was tired and had an excuse for not starting either resolution. This delay reflects a common pattern where distractions prevent immediate action. Therefore, he postponed his effort until the next day when try to commit more seriously.

4. Words in passage that convey similar meaning?

1. intimidating — unsettling.

Day: _____

Date: _____

2. peril — pitfalls ✓

3. dwindle — diminish ✓

4. repel — fended off ✓

5. barb — taunts / jibes ✓

The End.

Good luck!