

Date: \_\_\_\_\_

Day: \_\_\_\_\_

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Batch: ISB OB 78  
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English  
Comprehension  
Test-1

## READING COMPREHENSION

### ANSWERS:

**(1)** Self-improvement is a goal many people set for themselves, especially at the start of a new year. However, most people fail because they make plans that are too ambitious. Their goals are often too big or unrealistic to fit into their daily lives. Also, people don't have enough time or energy to follow through with their plans. As a result, they give up when they cannot keep up. So, the main reason people fail at self-improvement is that they try to do too much at once and don't plan in a practical way.

**(2)** While sharing your New Year's resolution with others might seem like a way to stay motivated, it can actually cause problems. When we tell everyone about our resolution and then fail to follow it, we end up feeling embarrassed or foolish. The pressure of public expectation can make us feel worse when we slip back into our ~~bad~~ habits. So, it is better to keep our resolutions private therefore, we can focus on improvements without fear of judgment.

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**(3)** The writer had made two simple resolutions to start the New Year with energy and good habits. However, he did not begin them on New Year's Day because he had attended an overnight party on New Year's Eve. Due to being tired from the celebration, he used it as an excuse to skip his new routine. Therefore, the writer postponed starting his resolutions until the second day of the year because of the New Year's Eve celebration.

**(4)** (a) **Intimidating** = Formidable  
(b) **Peril** = Pitfalls  
(c) **Dwindle** = Diminished  
(d) **Repel** = Fended off  
(e) **Barb** = Jibes

Your answers are fine and comprehensive