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1) Why most of us fail in our efforts for self-improvement?

According to <sup>the</sup> author, most of us fail in our efforts for self-improvement. This is because we ~~make~~ make plans that are ~~do not have~~ do not have too ambitious, and we ~~have not~~ have not enough time to execute them. Secondly, we announce our resolution to everybody. This thing creates a sense of folishness, when we are unable to do these tasks. Thus making too much ambitious plan, and letting everyone to know it, make us unable for self-improvement.

2) Why it is a basic mistake to announce our resolution to everybody?

According to author it is our basic mistake, when we announce our resolution to everybody. This is due to the reason that certain accomplishments rise.

## It makes us look foolish.

Date: \_\_\_\_\_

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beyond attainment. Also when we are not able to fulfill / complete our committed it creates a sense of dissatisfaction, frustration and failure. That's why author says it is our basic mistake to announce our resolution to everybody.

3) Why did the writer not carry out his resolution on "New Year's Day"?

According to the author he is unable to carry out his "New Year's Day's" resolution. Because on "New Year's Day", the writer was busy in attending the party and it had given him a good excuse of not carrying out any new resolution on the first day of year. Therefore, the writer was unable to carry out his resolution on new year's day.

4) Find out words in the above passage which convey the similar message to the following

- a) Intimidating
- b) Peril
- c) Dwindle
- d) Repel
- e) Barb

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Intimidating → Formidable

Peril → Pitfall

Dwindle - Waned

Repel - Fend off

Barb - taunt