

Date: \_\_\_\_\_

Day: \_\_\_\_\_

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Batch: Isb-077

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1) Why most of us fail in our efforts for self-improvement?

According to <sup>the</sup> author, most of us fail in our efforts for self-improvement. This is because we ~~make~~ plans that are too ambitious, and we ~~have not~~ <sup>do not have</sup> enough time to execute them. Secondly, we announce our resolution to <sup>everybody</sup> every body. This thing creates a sense of folishness, when we are unable to do these tasks. Thus making too much ambitious plan, and letting everyone to know it, make us unable for self-improvement.

2) Why it is a basic mistake to announce

Do not include "According to the author" in every answer.

~~According to author~~ it is our basic mistake when we announce our resolution to everybody. This is due to the reason that certain accomplishments are



It makes us look foolish.

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beyond attainment. Also when we are not able to fulfill / complete our commitment, it <sup>creates</sup> <sup>sense</sup> a sense of dissatisfaction, frustration and failure. ~~That's why author says it is our basic mistake to announce our resolution to everybody~~

3) Why did the writer not carry out his resolution on "New Year's Day"?

According to <sup>the</sup> author he is unable to carry out his "New Year's Day's" resolution. Because on "New Year's Day", the writer was busy in attending the party and it had given him a good excuse of not carrying out any new resolution on the first day of year. Therefore, the writer was unable to carry out his resolution on new year's day.

4) Find out words in the above passage which convey the similar message to the following

a) Intimidating

b) Peril

c) Dwindle

d) Repel

e) Bury



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Intimidating → ~~Formidable~~

Peril → Pitfall

Dwindle - ~~Waned~~

Repel - fend off

Barb - taunt