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RWB - : Batch-66

1. Most of us fail in our efforts of self-improvement because we set unrealistic goals that don't align with our schedule. We set goals based on emotions without making necessary changes in our old routine and habits. Due to this, we don't prioritise our tasks and can't accomplish the goals.
2. Announcing new year's resolution to everyone is a basic mistake because when we can't remain stick to it and slip back to our old patterns, we become the subject of humiliation. Our inability to maintain discipline, consistency and resistance invites humiliation even from our closest relatives. So, it is not a good idea to announce resolution at all.
3. The writer did not carry her resolution on the New Year's Day because of the previous day tiredness. She gave an excuse to herself that she got too much tired in yesterday's new year party. The excuse along with old bad habits and indiscipline hampered the resolution implementation.
4. Intimidating = Frustration
Peril = Pitfalls
Dwindle = Waned
Repel = Resisting
Boast = too ambitious.