

Comprehension

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#78

1- Most of struggles toward self improvement remain unsuccessful because we set our goals too high. Sometimes we don't have enough time to spend on achieving those goals. Also, we tend to talk about our ambitions to anyone who listens which leads to all talk and no action. It ultimately embarrasses us in front of everyone.

2- Talking about our goals before working toward them is fundamentally wrong because it takes away our focus from actions and productivity. We get stuck in a loop of just talking about our imaginary success. Some people may try to discourage us and tell us about the absurdity of our goals if we talk about them too much. Not to mention the fact that, embarrassment we might feel if we do not achieve all the goals we talked so much in front of everyone and fall back to old habits.

3- For the writer, new eve night meant a late night party, celebration and having fun. Meanwhile his goals required him getting up early in the morning, eleven minutes before his usual routine to do exercise and read books before falling asleep at night. Since it was an overnight party on New Eve, the writer was unable to wake up early for his exercise and read book amidst of the party. The writer found it enough of the valid excuse for not starting his resolution from the first day of the year.

4- Intimidating : Formidable
Peril : Pitfalls
Dwindle : Wane, diminished
Repel : Resist
Barb : Taunts and Jibes