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Women Empowerment

Women empowerment refers to the process of giving women the power, right and opportunities and to make it choice for them to control their own lives. There are the following areas where women should be empowered i.e. Economic, political, legal, education and social. Similarly, women empowerment in the economy means access to jobs and equal pay, skill development and vocational training and workplace rights and safety. For instance, Nationwide BISP — a government cash transfer programme to reduce poverty. Moreover, TechKaro is a training initiative by CIRCLE Pakistan that teaches coding, digital marketing and freelancing skills to underprivileged women and girls. Similarly, HomeNet Pakistan supports

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women working from home such as garment workers and handicraft makers. Politically, women empowerment means increasing women's participation and representation at ~~reg~~ local, regional and national level. Pakistan reserves 33% seats for women in provincial and national assemblies. In addition legal empowerment refers to women know and use the law and protect their right and gain equal access to justice. For instance, Acid Control and Acid Crime Prevention Act (2011), Protection Against Harassment of Women at the Workplace Act (2010), Sindh Child Marriage Act (2013) and Women's Protection Bills (2006) these all acts protect women. Moreover, women educational empowerment means equal access to quality education, learning opportunities and freedom to use their education to improve their lives. Similarly, social empowerment refers to enhancing women's status, rights and roles in the society by enabling them to have freedom of expression, decision-making power and equal access to

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social resources such as health, education and community engagement. It is concluded that women empowerment refers to giving equal opportunity of women economically, politically, legally and socially.