

Question:

Q.no.1 Why most of us fail in our efforts for self-improvement?

Ans The major reason behind failure in our efforts for self-improvement is that we used to set unachievable goals. In excitement, we usually not consider our stamina and add a lot in our list of do's. Moreover, those who fail in self-improvement never tried to work (with enthusiasm) persistently to achieve their goals.

Q.no.2 Why is it a basic mistake to announce our resolution to everybody?

Ans It is a mistake to announce resolution to everybody because the taunts and jibes make us comfortable and demotivated. People find it interesting to ~~poke~~ watch others busy in their difficult tasks. Those stares and wait in eyes of other that ^{when we will} slip us in our bad old ways is disturbing. That's why, after some time, spectators get bore or used of it but the resolution and motivation has long gone.

Q.no.3 Why did the writer not carry out his resolution on New Year's Day?

Ans The writer did not carry out

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his resolution on New Year's Day because of his past experiences of unfulfillment of do's and don'ts. The previous experiences also taught him that certain accomplishments are beyond attainments. There is also the frustration that resulted from failure. The writer believe that announcing resolution is giving a chance to others to watch when we slip back to old ways. So, the writer did not carry his resolution.

Q. no 4

Repel: Fended off, diminished,
not carrying out;

Dwindle: waned, diminished.

Peril: Pitfalls