

Q. Why most of us fail in our efforts for self-improvement?

Most of us fail in our efforts for self-improvement, because we neglect the issues of habits and daily routine ^{in ourselves} and set the goals which are almost unrealistic. Most of us react emotionally when it comes to set the goals and ignore calculation based strategy. Therefore, we face the failure ^{in the matter of} in self-improvement.

Q. Why is it a basic mistake to announce our resolution to everybody?

Because, we make our goals or targets very complex. Our direction is not straightforward ^{as well as} and ^{lack of} focused toward the accomplishment of goals, and overlooking our capabilities by doing what is done or promised by ^{other} people to themselves is considered as a basic mistake to announce our resolution to everybody.

Signature _____

R/

No. _____

Q. why did the writer not carry out his resolution on New Year's Day?

The writer was ~~as~~ afraid of carrying out ^{the burden of} his new year's resolution as because he was failed to achieve that in past. ^{s^a} He, for the new year, decided that he ^{would} not announce or reveal to anybody about his new year's specific chosen goals.

Q.

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|----|--------------|---|---------------------------|
| a) | intimidating | → | was formidable |
| b) | peril | → | |
| c) | dwindle | → | diminished |
| d) | repel | → | foolish |
| e) | barb | → | jibes |