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COMPREHENSION:

Q1- Why most of us fail in our efforts for self-improvement?

The reasons for a person's failure in their efforts for self-improvement mainly include setting a daunting list of tasks with little to no time and ambition to achieve them. This yearly decision of making an effort becomes burdensome when distractions tempt the person from their goals. Another leading cause ^{is} of announcing the set goals for self-improvement to people, which creates fear of judgement.

Q2- Why is it a basic mistake to announce our mistake resolution to everybody?

Announcing one's resolution to everyone puts the person under their judgement and

criticism. The already intimidating tasks become more unachievable. The fear of jobs and talents from others constricts the person's potential for accomplishing their goals.

Q3- Why did the writer not carry out his resolution on New Year's Day?

The writer did not carry out his ~~task~~ resolution on New Year's Day because of an overnight party. The writer used party as an excuse to delay the tasks ~~in his~~ and broke his resolve on the very first day.

Q4- Find out the words in the above passage which convey the similar meaning to the following:

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|-----|--------------|---|------------|
| i. | Intimidating | : | formidable |
| ii | Peril | : | pitfalls |
| iii | dwindle | : | diminished |
| iv | repel | : | tended off |
| v, | bark | : | taunt |