

Name: Rabail

Batch: ISB-OB-073

LMSID: 37253-Rabail Chaudhary-073

Q#(1)

answer

Most of us fail in our efforts for self-improvement because our plans are too ambitious and we are unable to make time for our plans. We often announce our resolutions to others and look foolish in front of others when we fail to carry out our resolutions.

Q#(2)

answer

It is a basic mistake to announce our resolution to everybody because we will look foolish in front of others if we fail. This public failure adds pressure and embarrassment, making it harder to continue.

Q#(3)

answer

The writer did not carry out his resolution on New Year's Day because he attended an overnight party on New Year's Eve, which gave him a good excuse to skip both exercise and reading on the first day of the year.

Q#(4)

answer

Intimidating

Formidable

, Dwindle Diminished