

1 Why most of us fail in our efforts for Self-improvement?

Most of us fail in our efforts for self-improvement because we do not learn from past experiences. We are always ambitious to set goals for the new year but do not manage time. We ^{expect} set high from ourself without analyzing our strength and weaknesses. As a result our enthusiasm vanished and we are standing on the same level from where we had started.

2 Why is it a basic mistake to announce our resolution to everybody?

To announce our resolution to everybody is a basic mistake because other people not only demotivate us but taunt us. As a result we get demotivated and left our goals.

3 Why did the writer not carry out his resolution on New Year's Day?

The writer not carry out his resolution on New Year's Day because of a new year party on the Eve. This excuse was enough to skip that day task. So, due to lack of self-discipline he has not started from first day of the year.

Peril: creep down.

Dwindle: Twisted

Repel: drag.