

Answer # 1:

Most of us fail in our efforts for self-improvement because our schemes are too ambitious and we never have time to accomplish them. We also make a mistake of telling our resolution to everybody, this makes us look even more foolish when we slip back into our bad old ways.

Answer # 2:

It is a basic mistake to announce our resolution to everybody so that we look even more foolish when we slip back into our bad old ways.

Answer # 3:

The writer could not carry out his resolution on New Year's Day because he was busy in an overnight party on New Year's Eve. So, he carried it out on Second day.

Answer # 4:

a) Formidable

b) pitfall

c) diminished

d) fended off

e) jibe