

Comprehension Test

Maryam Nawaz

Batch 077

39000 - Maryam Nawaz - 077

Ans (i)

Most of us fail in our efforts for self-improvement because we set unrealistic goals that are not aligned with our routine or habits. We set our goals ^{on} based emotions and we never take into account the necessary changes needed in our routines and habits. This makes it difficult for us to then prioritize tasks and then manage time. And thus we fail in our efforts for self-improvement.

Ans (ii)

It is our fundamental mistake to announce our resolution to everybody because it raises the expectations of the people around us. When we announce people our goals, they are instigated to see us performing and succeed. On the other hand this makes us conscious about not only our actions but mistakes, and we try to avoid that taunt or ridicule that may incur upon us in case of failure.

Ans (iii):

The writer did not carry out his resolution on New Year's Day because an overnight party on New Year's Eve provided him with a good excuse for not starting his routine. Moreover, he was aware of the consequences of announcing resolution to everybody and the pressure of results. That's why, on the second day he invested himself thoroughly to his tasks.

Ans (iv):

Intimidating

Formidable

Peril

Pitfalls

Dwindle

Diminished

Repel

Fended off / Resist

Barb

Taunts and Jibs