

Date 3-06-2025

Q1:

Ans:

According to the author, most of us fail in our efforts for self-improvement because more often than not we set unrealistic goals. Our plans are too ambitious that it gets almost impossible to achieve them in a given situation and time, so we usually fail in our efforts and finally give up on them.

Q2:

According to the author it is a basic mistake to announce our resolution to everybody because when we would not act according to that resolution, it will give others a chance to laugh on us. So we should not disclose our plans to the others until we do significant amount of work on it.

Q3:

The writer did not carry out its new year resolution on first day because he was partying on new year's eve. Due to that he was unable to carry out his resolutions, ~~which~~ one of which was early morning exercise so partying till late was the reason that the writer could not carry out his resolution on New Year's Day.

Q: 4

(a) intimidating : taunts and jibes

(b) peril : pitfall

(c) dwindle : waned, diminished

(d) repel : Resisting

(e) barb : criticism.