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COMPREHENSION QUESTIONS

① Most of us fail in our efforts at self-improvement because our goals are often too farfetched and time consuming.

Additionally, our past failures also discourage us, especially when we have experienced the frustration that comes from not achieving our goals.

② It is a basic mistake to announce our resolutions to others because when we fail to achieve them, we appear foolish in front of others. Disclosing our goals to public creates pressure and embarrassment if we revert back to our old habits.

③ The writer did not carry out his resolution on New Year's Eve because he had attended an overnight party. This gave him a good excuse to procrastinate on his resolutions.

- ④
- (a) - Intimidating : formidable
 - (b) Penel : Pitfall
 - (c) Dwindle : Wane
 - (d) Repel : Fend off
 - (e) Barb :