

Reading Comprehension

- 1) Most of us fail in our efforts for self-improvement because we are too ambitious in our goals. We set unrealistic goals that do not align with our routine and habits rather built upon our emotions. We also do not make necessary arrangements to incorporate these goals into our lives.
- 2) It is a basic mistake to announce our resolution to everybody as it raises the expectations of people around us. They become very much interested to see us succeed and performing well which puts pressure on us to not get failed.
- 3) The writer did not carry out his resolution on New Year's Day as he couldn't make necessary arrangements to fulfil his unrealistic goals. His goals were based on emotions not reality. As a result, he lacked motivation to make them a part of his routine, and enjoyed the party.

4)

- formidable,
- i) Intimidating: Unsettling, Uncomfortable
 - ii) Peril: Pitfall
 - iii) Dwindle: Waned, fell, diminish
 - iv) Repel: frustration, slip back, fended off
 - v) Barb: Jibes, taunts got back