

General instructions to be followed to pass essay

1- Spend time on rightly comprehension of the topic, you won't pass the essay unless and until you addressed the asked part

A Introduction

2- Try to make your main heading in the outline from the words in the question statement

Provide proper headings

B Causes of Drug Abuse

3- Try to add hook in the introduction. The length of introduction must be of 2 sides

1. Personal and social stress

2. Academic and social seeking

3. Curiosity and thrill seeking

4. Easy availability of drugs.

4- your topic sentence in your argument must be aligned with the ending sentence

C Alarming statistics

1. 7 million drugs users in Pakistan

2. 700,000 injecting drug cases

6- add references in your arguments with proper source. Go for diversification of references

D Lack of Awareness

1. Misconception about addiction

2. Belief they can quit any time

3. Ignorance of long term

8- You won't pass the essay if make more than 4-5 grammatical mistakes

9- outlines that are not self explanatory or does not aligned to with the essay statement are liable to mark 0 and the essay would become null and void

8
Must work on your topic comprehension.

E Health and Education Impact
Physical and mental health damage.
2. Poor academic performance and unemployment.

Must work on your outline making.

Improve your phrasing.

Introduction should be improved.

F Family and Social Impact.
1. Emotional and Financial strain.
2. Rise in domestic and violence.
3. Increased Isolation and depression.

Very weak argumentation.

Pattern should be improved.

G Weak Law Enforcement.
Corruption and partiality.
Lack of effective rehabilitation and counselling.

Must attend the tutorial session for further suggestions and mistakes.

H Social Media and Internet Role
1. Online Influence glamorizing drugs use.
Access to drugs via apps.
Studies showing risk from digital exposure.

You haven't understood the topic.

You are supposed to provide arguments regarding how it is a threat for youth.

Must work on your topic comprehension.

Improve your phrasing style.

Must attend the tutorial session for further suggestions and mistakes

Solution

- 1) Crackdown on drug dealers
- 2) Drug addiction in Schools
- 3) Media Campaigns

T. Conclusion
R. Answer the question

“Drugs are a waste of time.
They destroy your memory and
your self esteem and everything
that goes along with
your self esteem”

Kurt Cobain

It's heartbreaking to see a young person full of dreams and energy slowly destroying their future because of drugs. This is becoming a common sight in many parts of Pakistan. In school colleges universities, and even among teenagers living in peaceful town, drug addiction is quietly spreading. Young people, who should be building their lives, are instead falling into a dangerous trap.

The use of drugs by the youth is not only a personal problem but also a major threat to Pakistan's

What does it signify?

Weak expression

Must work on your introduction.

You are just beating around the bush. You are supposed to introduce your points.

future. The increasing drug abuse among Pakistan's youth is a growing crisis that harms them and destroys families, and weakens the country's development.

There are many reasons why young people in Pakistan take drugs abuse. One major reason is peer pressure. When friends or classmates try drugs, it becomes easier for others to try them too. Many students feel they need to fit in with their group, so they take drugs even when they know it is harmful. Another reason is stress. Many students face pressure from studies, family expectations and financial problems. Some think drugs will help them feel relaxed, even if just for a short time. Also curiosity plays a role. Curious things often want to try new things, and sometimes, they see exciting opportunities of

You are discussing too many ideas in a single paragraph

drugs makes the problem worse. In many cities of Pakistan, illegal drugs are sold near schools, colleges, and hostels. In some places, people can get these harmful substances without much difficulty. According to a report by the (UNODC) United Nation Office on Drugs and Crime, over 7 million people in Pakistan use drugs, and almost 70,000 of them are injecting drug users (IDUs). Among these users, a large portion are young people aged 15 to 35 years. This shows how serious the issue has become.

Another big issue is the lack of awareness. Many young people do not fully understand the damage drugs can do.

Some think using drugs once or twice is not dangerous. Other believes that they can stop whenever they want. But the truth is very different. Drugs like heroin, ice, (crystal meth), hashish (charas), and even sleeping pills can be very addictive, once someone starts using them, it becomes very hard to stop. Their body and brain start depending on the drugs. Drug abuse affects every part of a young person's life. First, it ruins their health. Drug addicts often suffer from heart problems, liver damage, memory loss, weight loss, and even mental illness. It also weakens the immune system, which makes them more likely to get sick. In the worse cases, drug addiction can lead to death through overdose or suicide. For example in recent years, many students in Lahore and Islamabad were hospitalized

Illegible

not with enough academic skills
not with enough management skills
and not with financial
skills.

Children 16 members of 16 in
children culture. Tuesday, who
are more cannot teach in
one. And cannot teach in
one. Their grades falls
they teach. Their grades falls
and more day out of school
and less. Some even get off
university. Some even get off
there ends to a waste of time
and less of opportunity
who affects their education
get a good job in the future.
Employers do not want to
hire people who have a
history of drug abuse. Drug
abuse also breaks families
parents feel helpless watch
their child destroy themselves.
There is a lot of pain and
sorrow involved, sometimes
addict becomes violent or
steals from home to buy the

due to ice drugs overdose, which
shows how dangerous the
friend has become.

~~Substantially low argument~~

Education is another area
that suffers. Students who
use drugs cannot focus on
their studies. Their grades falls
and many drop out of school or
university. Some even got expelled
this leads to a waste of talent
and loss of opportunities. It
also affects their ability to
get a good job in the future.

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hire people who have a
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steals from home to buy drugs

In many cases, families are forced to send their children to rehab centers. Even if they 'recover', trust is hard to rebuild. Families suffer emotionally and financially.

Secondly, drug addiction creates a feeling of isolation. Addicts often lose their friends. They feel alone and unwanted. Many became depressed and anxious. Some even join criminal groups to earn money for drugs. According to a 2021 report by the Anti-Narcotics Force (ANF) Pakistan, many young people caught for crimes like robbery or smuggling were also drug users. This shows how addition can lead to criminal behavior. One reason the drug problem is growing is because of weak law enforcement. Although Pakistan

has strict drug laws, they are not always properly applied. Drug dealers often escape punishment, and some are even protected by power people. There is also corruption in some police departments. This makes it easier for drugs to spread in society.

Another reason is the lack of proper counseling and rehab centers. While big cities like Lahore, Karachi and Islamabad have some drug treatment centers, most small towns and rural areas do not have such facilities. Even where centers exist, they are often overcrowded or expensive. Poor families cannot afford them. Also there is a lack of trained counselors who can help young people fight addiction.

The role of social media and Internet also cannot be ignored. Today's youth spend a lot of time online, and this exposure can influence them towards drugs use. A 2024 study in Lahore found that youths who encountered drug related content on social media often started seeing substance use as normal - this is called 'normalization' of drugs. Another university survey in Ichairpur showed that students spending just two hours daily on social media were significantly more likely to try drugs after seeing videos or posts where drugs use seemed glamorous or exciting. Globally, drug dealers have also shifted to social media platforms like Instagram, WhatsApp, Snapchat and Telegram to sell narcotics. They use eph or is discreet ads, and sponsored posts.

about 13% of drug related content, and those exposed were 17 times more likely to have reported that 60% had seen drug related content, and those exposed were 17 times more likely to purchase drugs via social media compared to others.

However, this crises can be stopped if the government and society works together. First there should be strict action against drug dealers. They must be punished without any mercy. Police and customs departments should be cleaned of corruption and trained to fight drug smuggling more effectively. Secondly, schools and colleges should teach students about the danger of drugs. Awareness campaigns

should be launched across TV, social media and newspaper to spread the message. Pakistan is a country full of young people. According to Pakistan Bureau of Statistics more than 64% of the population is under 30% of the population is under 30. This youth can be the country's greatest strength - but only if they stay healthy, educated and drug free. Otherwise this strength will become a weakness, and the country will face a dark future.

To conclude drug abuse is a growing threat to Pakistan's young generation, harming their health, breaking families, increasing crimes and putting the nation's future at risk. But with strong laws, early education, support from families and better rehab services,

this problem can be fought. Pakistan must act now to protect its youth from this dangerous trap, because saving our youth means saving its future.