

Topic breakdown

Discuss how brain drain from Pakistan creates strain on families and family relations 14-15 points. OR. Discuss how brain drain from Pakistan creates strain in families and family relations (11-12) and reasons why brain drain results in strain in family relations (2-3).

M T W T F S

DATE: 19th Jan, 2025

Brain Drain and Family Strain: The Impact of Immigration on Pakistani Families

Outlines

1- Introduction

Thesis Statement:

General guideline.

Maintain the tone of the topic

Answer the asked part

Pay attention to the

tense of the topic and

the given keywords

Follow the outline exactly as it is

Provide substantial

research-backed evidence.

Use formal language always

No use of 1st

and 2nd person pronouns.

Maintain unity of idea in a single paragraph.

~~while immigration can offer financial and professional benefits, it can often cause significant strain on families and social structures.~~

There should be no extra information in the thesis statement.

2- Brain Drain: Causes and Consequences

A- Causes of Emigration

~~• Economic instabilities, lack of opportunities, political instability.~~

Cannot discuss the two under one heading.

Too many points on a single paragraph.

B- Consequences For Pakistan

~~• loss of skilled professionals, economic instability, reliance on remittances~~

Incoherent

Not relevant to the discussion.

3- Family Strain: Social and Emotional Impact

Main heading should be derived directly from the topic.

What impact: The point should be clear from the secondary heading

A- Impact on immediate family

- Separation from spouses, parents and children.
- Reduced interaction and support for family

These do not depict an emotional impact. Emotional impact would be depression and longing or similar emotions.

B- Impact on Children

- lack of parental guidance, emergence of psychological issues.

Vague, specify issues. Also both parents are not leaving.

4- Cultural And Social Challenges:

A- Cultural Disconnection

- In case of immigrants' children loss of native language

Impact on families in Pakistan not families travelling together.

B- Shift in social dynamics

- Changing roles in absence of family member
- Burden on remaining family

5- Coping Mechanisms and Potential Solutions

Of what??

A- Strengthening family bonds

◦ Communication through digital platforms, and periodic visits

B- Policy Interventions

- Creating better job opportunities
- Encouraging investment in local industries.

6- Conclusion.

◦ Dual-edged impacts of emigration, economic benefits and challenges.

Short outline. No. of body paragraphs should be 15-17

The Essay

Don't hit the topic directly in the introduction

Attention grabber??

Brain drain, the mass emigration of skilled professionals from their home countries in search of better job opportunities abroad, has profoundly impacted developing countries like Pakistan. Over the past decades, thousands of Pakistani doctors, engineers, academics and IT professionals have migrated to countries offering higher salaries, modern facilities and stable environments. While this migration boosts household income through remittances and provides individuals with career growth, it comes at a significant cost to the families left behind. Emotional strain, disrupted family dynamics, and weakened societal structures are a few of the challenges faced by those whose loved ones move abroad. Children grow up with

Avoid making lists in your writing.

Out of context

Don't discuss everything in a single point.

absent parents, elderly parents
 lack adequate care, and spouses
 shoulder greater responsibilities,
 all of which erode traditional
 family bonds. Simultaneously,
 Pakistan grapples with the loss
 of its most talented individuals,
 leaving critical sectors like
 healthcare and education in
 crisis. This essay reflects the
 impact of brain drain on
 emigrants' family and the
 potential solutions to mitigate
 its adverse effects.

Very limited
 scope of
 discussion

Expression

No cohesive transition
 between paragraphs

The primary driver of
 the brain drain from Pakistan is
 economic instability. With a
 struggling economy and limited
 job opportunities, skilled profes-
 sionals often find themselves
 undervalued and underpaid. For
 instance, a significant number
 of Pakistani doctors have migrated
 to UK, USA and Gulf nations as
 they offer competitive salaries,

For instance
 should be
 followed by a
 proper
 example

~~having modern facilities and career growth prospects. According to the Pakistan Medical and Dental Council (PMDC), nearly 15,000 doctors left Pakistan between 2015 and 2022. Political instability and social insecurity also exacerbate the situation. Many professionals have leave the country to escape corruption, lack of meritocracy, and an uncertain future. For example, the 2022 political crisis in Pakistan led to a surge in applications for immigrations to Canada and Australia, as citizens sought stability and safety for their families.~~

Incoherent. One argument per paragraph.

~~The exodus of talent has left Pakistan grappling with a severe shortage of skilled professionals. An example is a health-care sector, where the emigration of doctors has created a patient-to-doctor ratio far below the World Health Organization~~

(WHO) has recommended. This shortage is particularly ^{acute} in rural areas, where medical professionals are already scarce. Moreover, the economic impact of brain drain is profound. While remittances sent back by emigrants contribute significantly to the national economy, they cannot compensate for the loss of innovation and expertise within the country. For instance, the **IT sector** in Pakistan has immense potential, yet the departure of the thousands of skilled software engineers to the **Silicon Valley** or **Dubai** has hampered the industry's growth.

One of the most

significant repercussions of brain drain is the emotional toll on

On whom??

families. When a family member, often the primary breadwinner, emigrates, those left behind face
loneliness and a sense of detach-

ment. For instance, a Pakistani

That's not written in the outline.

engineers working in Saudia Arabia may visit home only once a year, leaving their spouse to manage household responsibilities single-handedly. This prolonged seperation can strain marital relationships and erode emotional intimacy. Brain drain also affects extended families, particularly elderly parents. In Pakistan's traditional joint family system, elderly parents rely on their children for care. When the main child emigrates, this support system weakens.

The absence of a parent also creates challenges in the upbringing of children. In many cases, children grow up with minimal guidance from the emigrant parent, leading to behavioral issues and academic struggles. For example, in a typical middle-class family in Pakistan, a father working abroad

Incoherent.
No argumentation
and no analysis

What does
emigration
have to do
with it?

That's not an example. That's illustration.

6-

(M)(T)(W)(T)(F)(S)

DATE: _____

might send sufficient amount to ensure his children attend good schools and live comfortably.

However, the lack of his physical presence means missing out on crucial moments, such as parent-teacher meetings, birthdays, or moral guidance. This gap often

leads to psychological issues like anxiety, depression, and resentment.

A study conducted by the University of Punjab highlighted that children from families with

one emigrant parent often experience feelings of abandonment, despite the financial benefits their families receive. Also, the children, vulnerable to the absence of a

parent, start relying on one parent and get attached only to their mothers, developing an emotionless relationship with their distant parent.

You cannot use illustration and assumptions for argumentation

Filler information

No proper paragraph structure

Name of study?

Year? Author?

How can I verify

your resources?

No argumentation

No analysis.

Separate arguments

Emigration often leads to a cultural disconnect between emigrants and their families back home.

For instance, children born or raised abroad may adopt foreign cultural values, which can conflict with traditional Pakistani culture and customs. A family in Pakistan with relatives in the United

States might struggle to bridge the cultural gap when their relatives, visiting from abroad, show little interest in local traditions

or language. Also, they find difficulty in communication because of the language barrier and resistance from the native language and culture. Moreover,

emigrant families become accustomed to the festivities and events of the foreign culture and lose the charm for their native traditions. This can create cultural gap between the families living abroad and

No argumentation
No analysis. No structure to the paragraph.
Incoherent and irrelevant.

This is not logical and analytical reasoning. This is illustration of a supposed family. Also it might happen

the relative families living back in Pakistan.

Brain drain ~~on the emigration of a family members~~ shifts the household roles and responsibilities.

In many cases, women take on additional duties, managing both domestic and financial affairs.

While ~~this shift~~ can empower women, it also places an undue burden on them. An average

housewife, whose husband is abroad, might struggle to handle household repairs, children's education, and societal expectations

without adequate support. **No argumentation**

women shoulders all the responsibilities alone, playing ~~role~~ **No analysis. No structure to the paragraph.**

~~for absence~~ of father in ~~his~~ absence as well. Also, she **Incoherent and irrelevant.**

has to take care of elderly parents of her husband. It

puts a great strain on a single soul to play multilateral roles at a time, leaving a

huge burden on her. This may also affects the emotional intimacy of marital relationships, causing a deprivation of care, support and comfort which women actually deserve.

To mitigate the emotional toll of brain drain, families can leverage technology to stay connected. Platforms like WhatsApp, Skype, and Zoom enable regular communication, helping maintain emotional intimacy despite for physical distance. Though the brain drain leaves great impact on the emigrant's family but they can celebrate milestones, festives and events virtually with their family members living abroad. Periodic visits to home also play a crucial role in maintaining family bonds. Emigrants can plan annual trips to home, ensuring they

remain involved in important family events and responsibilities.

The government of Pakistan must address the root causes of brain drain by creating better opportunities for skilled professionals to stay in the country. For example, the Punjab government's introduction of E-health systems in rural areas has incentivized doctors to serve in underprivileged regions. Encouraging investment in local industries is another critical solution. By fostering a startup culture and providing funding for innovation, Pakistan can retain its talent and reduce reliance on foreign economies.

For instance, the rise of local tech companies like Careem has demonstrated the potential for homegrown success stories. Also, promoting awareness about the

emotional toll of brain drain is essential. Media campaigns can highlight the importance of maintaining family connections and encourage emigrants to prioritize their familial responsibilities.

Start the conclusion with a concluding phrase

The phenomenon of brain drain has far reaching implications for Pakistan, both economically and socially. While the financial benefits of emigrants are undeniable, the emotional and social costs borne by families left behind cannot be overlooked.

The strain on marital relationships, the psychological challenges faced by children, and the weakening of traditional family structures underscore the need for a balanced approach to address this issue. To mitigate the adverse effects of brain drain, it is necessary to strengthen family

bonds through regular communication and periodic visits, implement governmental policies that create opportunities for skilled professionals within the country, and foster community support systems. By addressing the root causes of the emigration and prioritizing well-being of families, Pakistan can retain its talent and ensure a brighter future for its citizens.
