

DAY \_\_\_\_\_

DATE \_\_\_\_\_

# Brain Drain and Family Strain

## The Impact of Immigration on Pakistani Families:-

### (1) Introduction

Thesis Statement:-

~~Brain Drain and family strain are the result of internal issues of a country that creates a push factor for immigration. Immigration on the other hand impacts Pakistani families with psychological strain. However, through strategic actions and protection the grievances of Pakistani families of immigrants could be address.~~

Does not address the topic. Your topic simply asked you to write about the negative impact of brain drain on family relations.

### (2) Understanding the term brain drain and family strain

Does not make sense, as the two are not complex terms.

### (3) Cause of Brain drain and family strain in Pakistan.

a- Political instability creates an environment of uncertainty (Democracy - Inopen report)

b- Lack of opportunities  
(IMF - report 2024)

c- Absence of competitive research and

Not asked. Write no more than 2-3. Also these are not the cause of family strain. These are just the causes of brain drain.

General guideline.  
Maintain the tone of the topic  
Answer the asked part  
Pay attention to the tense of the topic and the given keywords  
Follow the outline exactly as it is  
Provide substantial research-backed evidence.  
Use formal language always  
No use of 1st and 2nd person pronouns.  
Maintain unity of idea in a single paragraph.

technological advancement (ILO-report)

d- Threat to life and property creates a  
pull factor (punjab police report - 23-24)

e- Suppression of freedom of speech (Journalism  
report - Muna Chem)

(4) Impact of immigration on Pakistani  
families.

a- ~~Illegal migration and loss of life creates  
a sense of unbelonging~~  
(cross-border migration report - Greece  
boat tragedy, Atlantic)

Not an impact on families in  
Pakistan

b- Flow of remittances ~~advance~~ the  
social spending of the family (Economic  
forum report).

c- Immigration resulted in ~~psychological  
strain~~ for the family left behind  
(Sahil- NGO report)

Your topic is family strain so you have to  
write the negative impacts only.

d- Remittances resulted in ~~better education,  
health care and capital~~ for the family

e- Immigration of husband resulted in  
heavy ~~influence of in-laws and torture~~  
(Tarabi case - Gujranwala)

f- ~~Sentence structure~~  
 Children ~~grow~~ grown up with single parent resulted in behavioral problems.

g- Individual feel alienated because of him ~~Not an impact of family in Pakistan.~~  
 not being present with family on the days of sorrow or happiness  
 (Survey conducted by Oxford University)

⑤

Way forward for the better outcomes.

a- ~~Collaboration and cooperation with~~  
 Intentionally to apprehend the illegal traffickers.

Not asked. No more than 2-3

b- Awareness through social media platforms about the negative aspect of illegal immigration.

c- Social protection for the families of that are helping the country through remittances.

d- Political stability and economic opportunities to retain the talent in the country.

⑥

Conclusion -

Topic breakdown

Discuss how brain drain from Pakistan creates strain on families and family relations 14-15 points. OR. Discuss how brain drain from Pakistan creates strain in families and family relations (11-12) and reasons why brain drain results in strain in family relations (2-3).

Attention  
grabber??

Amidst the promises of better opportunities  
 abroad, many Pakistani families ~~believe~~ believe the hopes of a brighter future  
 and emotional toll of separation - because  
 the phenomenon of brain drain not only impacts the individual but also the  
 families left behind. It highlights how  
 brain drain creates a sense of anxiety  
 and push and individual to run after  
 the greener pastures for the better future.  
 Unfortunately, this hope of better future  
 comes at the expense of family values  
 and detachment. Brain drain is the  
 result of myriad internal factors of a  
 country that creates a loop holes and  
 pushes an individual to an extent of  
 leaving one country in the hope of better  
 and certain future - because the  
 political instability and lack of opportunities  
 creates an environment of uncertain future.  
 The absence of competitive research  
 and technological advancement more creates  
 a liability over a country. Also the  
 threat of life and property are some of  
 the causes of increasing immigration. These  
 escalating immigrations have impacted  
 the families it years before. On one  
 hand it has increase the social spending  
 of family on the other hand it had

Sentence structure

You are to discuss  
impacts on family left  
behind, not on anything  
else.Unnecessary  
detail

Repetitive

SP

resulted in psychological strain. Remittances resulted in better education and health care of a family but children often miss out the presence of father in their upbringing that create a void. The worst of a scenario is the illegal immigration - that not only emerges in individuals losing their lives but it also left the families overwhelmed with the news of losing a loved one at an unknown shore. However, the impacts can be addressed with strict measures and international collaboration to apprehend illegal traffickers, also social protection of the families of immigrant is the need of the hour.

Intro is not properly structured.

Sentence structure.

Suggestions??

Thesis statement???

The term Brain drain was coined when an individual feel alienated from state in terms of life and future. The brain drain is result of internal conflict of a country. The political polarisation, lack of comprehensive policies and structure of investing in youth. Pakistan is a home of 64% of youth, according to Dr. Hafiza parveen and 78% of them are either jobless or unemployed. The huge bulge of youth that can turn the tide of any country, when get vested, resulted in socio-economic imbalance and

Wrong use. Also you are not discussing the origin of the term but what it means.

No academic definition given

Irrelevant to the heading in the outline. Write what you have said in the outline.

No explanation of how it relates to family strain.

~~Immigration for better world. Hence, brain drain requires the sense of nationalism that push them to go abroad for certain future and growth.~~

There are number of causes for brain drain in Pakistan that ~~push an individual for migration to foreign lands. Chief of the cause that oscillate the cycle of immigration is political instability.~~ Pakistan is a democratic country, but due to the vested interest of the ~~politicians and stakeholders~~ it remained in crisis. Political instability is ~~termed as when the politicians own interests overshadow the national interest of the country - including opportunities, investment in youth or protecting the fundamental rights.~~ According to the democracy index report 2023-2024 Pakistan ~~termed as authoritarian regime.~~ Hence, the political instability of the country impact the people and economies.

Redundant expression. Simplify it and make it one sentence.

No explanation of how political instability results in brain drain.

Along with the ~~political instability, lack of economic opportunities~~ ~~creates an environment of uncertainty and anxiety.~~ Economies prosper when youth ~~participate~~ in the workforce in every sphere of it. However, the ~~exorbitant~~ unemployment rate at

No relation to the topic

~~8.3% is expanding in a country - where youth is in bulge. According to the report of International Labour Organization, in Pakistan every year 5m million new entrants enter into the market, but the capacity of employment only account for 2% of it.~~  
 The absence of opportunities and environment of uncertainty only exacerbate the situation for the future generation.

No relation of the paragraph to brain drain.

~~Aside from the absence of economic opportunities for brain drain lack of competitive research and technological advancement further aggravate the situation for the youth. Career advancement is comprises of skills development and research analysis, STEM departments requires well versed knowledge and research to uplift the miseries of a country by advancement. However, the outdated curriculum practices have not given the importance to research and technological literacy. The global index of innovation 2024, ranked Pakistan on 92nd number painting a grim picture of the country's reality. According to Rafia Sakrani, Pakistan only contribute 2% in global research, while India 12.2%. Hence, the absence of competitive research mechanism resulted in idle youth.~~

You are discussing causes of brain drain. Link it to that in the topic sentence.

No relation to brain drain.

Besides, lack of research and technological advancement, threat to life and property creates a pull factor for increasing immigration. The social contract theory highlights the importance of protection of life and property, but due to many reasons of deterioration the life and property are not safe in Pakistan. The factors of unemployment and lack of social protection has increased the divide in the country. According to the Business survey report of 2023 - around 90,000 cases of crime has been reported in Karachi and 47% of them took the lives of the people. Thus, lives are not secured in a country, which creates a push factor for immigration.

side from the threat to life and property, suppression of freedom of speech is also one of the causes of brain drain in Pakistan. Brain drain is a result of voices not being heard and whoever tried to highlight resulted in apprehension or false accusation. Freedom of speech is the given right of the constitution, but due to persecution and misinformation it has suppressed to an extent - where no voices can be heard. According to

Repetitive

No relation to how it results in brain drain.



Muza Khan - journalist and researcher  
 the people of Pakistan feel their voices  
 do not being heard and they feel isolated  
 and embelng to the nation. Hence, the  
 Center of freedom of expression is also  
 the result of brain drain.

~~Brain drain~~  
 leads to immigration to the greener  
 pasture and it has several impacts on  
 the families of Pakistan. Top of the  
 list is the illegal immigration due to  
 resource constraint, which lead to  
 lose of life on shores. ~~Entrance~~ to the  
 family. Immigration requires a lot  
 of paper work and finances, but  
 since the people are of a view that these  
 illegal immigration makes an ~~easy~~  
 will help them reach their ~~destination~~  
 in less finances ~~with~~ a ~~lot~~ of  
 "risking life for better life?" according  
 to the international border for  
 immigration reported around 80 passengers  
 have lost their lives in recent Atlantic  
 boat tragedy, and 2023 green boat  
 tragedy reported only 2 passengers  
 survived and the rest ~~lost~~ ~~in~~ ~~the~~ ~~foreign~~ ~~waters~~. These tragedies  
 impact families of the immigrant with  
 neither a better life nor the hope of  
 returning of their loved ones.

It doesn't lead to emigration. It is emigration.

The topic simply asks the  
 stress and strain on families of  
 people who leave Pakistan.  
 Type of Immigration has  
 nothing to do with it.

Along with illegal ways of immigration which left the families devastated, if few reach to their destiny it means the social spending of a family through remittances. The remittances work as a cure for the families left behind, it improve their lifestyle of need and their improving the life of individuals. The fees to health care, responsibilities of sibling marriage and studying are all addressed through the flow of remittances. According to the Economic forum report, remittance has been a source of income for the families left behind, and it not only improves the life of families but also the government current account. Hence, immigration also has some positive impacts to the lives of their families.

No relation to family strain

Aside from the positive impact of heavy flow of remittances, immigration also impact the families by psychological strain. In the families, where eldest one leaves for the better future left old parents behind resulted in psychological strain, depression and anxiety. The family left behind give feel to

Sentence structure

Argue without imposing conditions

absence of their loved ones. In the case of marriage when wife left behind till the procedure of paper gets done creates a void in relationship - as the parents living alone require assistance or someone to talk resulted in increasing depression and anxiety. Hence, leaving families behind in the search of employment left a void that can never be filled.

Besides, immigration of an individual created a void and psychological strain - but the flow of remittances increases the improvement in education of children and capital for the family. The remittance increases the upward movement of a family in social circle by moving children from public to private school for better productivity and future. It also increases the capital of a family either in the form of investment or fixed asset. This movement of upward in social circle increases the dignity and respect of a family - because Pakistan is a country where the most prestigious thing to own is the respect (ihsab) in the eyes of others.

No argumentation  
No analysis.

Aside from immigrants positive impact of ~~improving~~ ~~lives~~ of their families, it also has some of negative impacts that affect family and the individual the same. Immigration of husband by leaving wife behind ~~set~~ in-laws increase the chances of exploitation and torture. Pakistan is a deep-rooted patriarchal social - where men dominates the decision. In many families wife get left behind with in-laws which of results in violence and torture.

The case reported in 2024 about Shahid Bibi from Gujranwala, where when his husband is in another country working hard to provide the means, the mother and sister-in-law murdered the wife due to a marital conflict. Hence, immigration results in misfortune that impact not only the family but the person himself.

Along with, the immigration of husband left wives being resulted in inhumane treatment of in-laws, the absence of father results in single parenting and behavioral problems of a children. Rearing of a child is

No logic sequencing.

Sentence structure

How is that due to brain drain??

Expression is informal

Also how does that prove that it was due to the husband emigrating.

Sentence structure

involved responsibility. However, due to  
 immigration families left behind have  
 to survive with the absence of father/  
 mother. It is proven by the theory  
 of criminology that Sometimes single  
parenting results in deviance  
behaviour. Due to the fact that the  
traditional families look after the  
 children in the absence of one parent, but  
 on the other side they exploit the  
 children at an extent that he becomes  
 stubborn and obstinate. According to  
 the American Institute of Health, 62%  
 of the single parent feel alienated and  
 indulge in opposite activities? Here,  
 immigration impact the children and  
 their future due to absence.

That's due to single  
 parenting not due  
 to brain drain. Also  
 does not show  
 impact on family  
 relations.

Lastly, immigr-  
 ation not only impact the families  
 of immigrant, but also himself. The  
 person feel alienated in the new  
 environment and misses the families  
 in most situation. According to the  
 survey conducted by the Oxford  
 University, the immigrant individual  
 around 73% of them reported of being  
 feel alienated and sometimes humiliated.  
 Most of the time of unfortunate - people  
 can not reach to their families in

needs. The death of parents, spouse or a loved one always left a void with unrecovered trauma and mental illness. Hence, the impact of immigration affect the immigrant in our society no one can ever understand.

Nevertheless,

every problem has a solution and addressing the impacts of immigration are no exception. The government needs to collaborate and cooperate with international organizations - including border control, police, to maritime security and intercept to share data about human traffickers to curb the illegal operations. Prime Minister Sheikh has announced for strict measures and strategies to address the cause. Last boat tragedy of Greece required the approach but only governments can not address the racket of human traffickers. Country needs to adhere the measure for betterment of a country. Hence, the issues of immigration can be addressed through strict measures and cooperation.

Together with collaboration and cooperation to address the grievances of the families of

Immigrant, there is a dire need of creating social media awareness about illegal exploits of immigration and their impacts. Social media is the low-cost imminent tool for disseminating information, so it can be utilized for the betterment of the country and its people. Along with it, the regularly frameworks of social platforms and digital literacy are few of its ways to create an awareness through proper and appropriate measures.

Besides, creating social media awareness about ~~exploits of human traffickers for illegal immigration~~, social protection for the families of an immigrant is crucial. The flow of remittances not only keep the families of immigrant but also the country in its current account.

Hence, the state needs to provide ~~protection of education, health care, or yearly visits to the family can~~ open new avenues of trust building and enhance the cooperation. Protection of families are the need as the country comprises of more than 64% of youth. needs encouragement and acknowledgment that not only improve the family

living standards but also the country itself.

Lastly, the way forward lies in political stability of a country - brain drain is a result of political polarisation and uncertainty which it prevails. The betterment of a country lies in ~~political stability~~ - the consensus need to be created among politicians to improve the decision making and reduce the uncertainty of future. ~~The national interest of a country should always be the top priority of a country.~~ Hence, brain drain can be curbed with political stability and clearing the fog of uncertainties.

In a nutshell, Brain drain and family strain are two interlinking concept, because brain drain proceed towards increasing migration to foreign land. The brain drain is a feeling of antelation and unbelonginess that creates a pull factor to run towards foreign land for better future. The political instability, economic uncertainties lack of opportunities, absence of research and freedom of speech escalates brain drain which leads to immigration. Immigration has its both negative and positive impact



families: the flow of remittances increase the spending of families through education, health care and social movement. On the other hand, it creates a sense of alienation, psychological strain and mental problems among the family and individuals. However, the impact can be reduced through government will and adhere to policies and measures with protecting families of immigrants and social media awareness about illegal traffickers are few of the ways to reduce brain drain and protect immigrants.