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Balancing the characteristics of Sportsmanship.

Sportsmanship often perceived as how one behaves in sports situation. Generally, Sportsmanship refers to the qualities of a person like self control, courage, consistency and fairness. These qualities are interlinked with person's inner self to treat everyone equally and to respect both the sides playing at the sports. Maintaining balance between among these qualities is necessary to achieve true essence of sportsmanship. If one quality dominates the other or the sportsman becomes very self centered, it then undermines the true sense of sportsmanship. In the contemporary sporting culture, the idea of winning and competing is more emphasized, hence the sportsmanship takes the step back. Similarly, elite sportsmen make their own standards of sportsmanship and seen as the ideals in the society. Moreover, cheating in the sports to get advantage is against the quality of sportsmanship. A sportsman, after losing a game shows lack of statesmanship qualities is seen as loser who

blames others for losing the game. While a winner do the same is seen as bad winner, because he belittle the opponent reminding their failures. Not respecting other team is against the sportmanship qualities and it can lower the self esteem of the opponent.

Q NO 3

- (1) (d) enliven x
- (2) (h) Energize ✓
- (3) (a) Improve x
- (4) (h) dilute ✓
- (5) (a) encourage ✓
- (6) (d) weaken ✓
- (7) (h) separate ✓
- (8) (a) Optimistic x
- (9) (c) hesitating x
- (10) (c) help x

How does sensationalism in media contribute
Q NO 1 to public confusion about facts

ANSWER:

2 Spread of false information and lack of accurate information especially on social media platforms contributes to public confusion about facts and credible information.

Q NO 2

What impact does the media's framing of issues have on people's ability to understand complex topics.

ANSWER:

2 Media framing shapes the perception of public in a way that it simplifies the complex topics and reduces to multiple viewpoints resulting lack of understanding. This overly simplification leads to confusions which make it difficult to understand the complex topics.

Q NO 3

How does constant exposure of information in 24/7 news cycle affect critical thinking?

Answer:

3 Constant exposure of media 24/7 news cycle leads to information flood and the huge amount of information is difficult to process, which lead to cognitive stress reducing people's ability of critical thinking.

QNO 04

In what ways do conflicting cultural messages from media influence societal expectations

1 The portrayal of unrealistic standards, role models that are conflict and the messages containing contradictions influence societal expectations
