

# Brain Drain and Family Strain:

## The Impact of Immigration on Pakistani Families

### Outline

1 **Introduction:** Despite having some ~~positive impacts~~ on families' economic conditions, ~~brain drain~~ has ~~a severe deteriorating~~ impacts on Pakistani families due to ~~immigration~~ of individuals or entire families.

Why mention positive impacts when the topic is solely about the negative ones? The words family strain connotes that

2 **Antithesis: Positive Impacts on Pakistani Families**

- a) Improved economic conditions
- b) Access to opportunities
- c) Global exposure

This is a simple topic. Clear indication. There is no grounds of Anti-thesis here.

3 **Thesis: Negative Impacts on Pakistani Families**

Write a proper topic-specific heading.

- a) Alteration in family dynamics
  - i) Fragmented family structure
  - ii) Isolation
  - iii) Individualistic tendencies

Avoid going to tertiary headings.

Can't clump all these under family dynamics

Write self-explanatory phrases not single words.

Too vague, be more specific.

b) Effect on children

- i) Raised without parents
- ii) Identity crisis
- iii) Lack of bonding with parent

You cannot write these 3 different points as one paragraph.

c) Impact on marriages

- i) Cross-cultural marriages
- ii) Miscommunication between separated spouses
- iii) ~~Imbalance~~ Increased chances of cheating

d) Impact on parents

- i) Psychological impact
- ii) Physical weakness
- iii) Burden of responsibilities
- iv) Resistance to move abroad

You are to write impact on families not individual within families.

e) ~~Polarization of gender roles~~

- i) Men assume breadwinner role
- ii) Women confined to caregiving roles

f) Harsh living conditions

- i) Confined living
- ii) No room for personalization

These are not on families.

g) Cultural assimilation

- i) Loss of values
- ii) Festivities (religion and national)

b) Vulnerability to patriarchal society

i) Struggle of wife living alone

ii) Society judgements

iii) Harassment

Short outline. No. of body paragraphs should be 15-17

#### 4 Conclusion:

This is a completely incoherent and unstructured outline. The examiner is not going to read your essay beyond this point. Basic grammar and structure are being evaluated.

#### Topic breakdown

Discuss how brain drain from Pakistan creates strain on families and family relations 14-15 points. OR. Discuss how brain drain from Pakistan creates strain in families and family relations (11-12) and reasons why brain drain results in strain in family relations (2-3).

#### General guideline.

Maintain the tone of the topic

Answer the asked part

Pay attention to the tense of the topic and the given keywords

Follow the outline exactly as it is

Provide substantial research-backed evidence.

Use formal language always

No use of 1st and 2nd person pronouns.

Maintain unity of idea in a single paragraph.

Pakistan is the fifth largest country in terms of population, with 68 percent of its population consisting of youth.

The opening is too generic and leaves no impact.

However, recent trends shows that a vast majority of young people aspire to leave the country. In 2024, approximately 7 lac Pakistanis left the country.

This ~~rapid~~ brain drain is exacerbated by declining economic condition, ongoing political turmoil, and rising extremist tendencies in Pakistani society. This phenomenon

Irrelevant detail

of brain drain makes Pakistan vulnerable at both national and social ends. Despite having some positive impacts on families' economic conditions, brain drain has

severely deteriorating effects on Pakistani families due to immigration of individuals or entire families. Firstly, immigration of individuals alters family dynamics leading

Not about those families. It talks about family strain meaning that while families are not moving abroad.

to fragmentation and isolation. Secondly, it impacts bond and relationships among children, parents, and spouses causing severe mental strain. Thirdly, it leads to polarization

of gender roles, causing inequalities. Fourthly, it alters living conditions and cultural values and finally it makes fragmented family vulnerable to threats. This essay comprehensively discusses the impacts of

Short introduction. Should be 200-250 words. Lacks proper structure. Tone does not match the Topic.

immigration on Pakistani families.

One of the positive impact of brain drain on family is economic improvement in economic conditions. Individuals living abroad send remittances to their families living in Pakistan. Due to rupee devaluation, the exchange rate is high, which means families living in Pakistan can spend money on more commodities as compared to their family members living abroad. This exacerbate youth's desire to leave the country and support their families living in home country with foreign currencies. Economic independence and access to commodities promote a healthy and thriving family. It prevents interfamily tensions due to poverty and economic constraints. Moreover, family living in Pakistan enjoys an elevated social status among in community which makes it less vulnerable to external threats or humiliations. Thus, brain drain aids in economic well-being of Pakistani families.

Moreover, brain drain give access to opportunities to both, people living leaving the country and their families living in home country. Family members studying abroad guide their family

relevant to the topic  
Does not relate to the  
brain drain and family  
strain context given.

members living in home country. Individuals having their family member abroad enhances their chance of visa acceptance. Moreover, overseas students can increase the chance of university admission by aiding ~~through~~ in references. This increases the chance of receiving study abroad opportunities. Similarly, individuals working in companies abroad ~~refer~~ can refer their family members from home country. This increases the chance of overseas employment and can multiple the economic benefits for the family. Furthermore, people living abroad have access to better healthcare conditions and resources to have their family members treated from top medical facilities.

Brain drain also enhances the global exposure of individuals. Individuals living abroad are exposed to various cultures and situations which make them resilient. This leads to ~~also~~ adoption of good values from different cultures and implement them in their family life. Individuals exposed to liberal lifestyle are more flexible in their family life. This tendency leads to a more tolerant ~~and~~ environment in family. Moreover, they are more aware of ~~for~~

mental health and its impact on family life. They are more equipped with global ~~and~~ values to raise their children.

This tolerant environment gives freedom of expression to family members and diminishes patriarchal mindsets. In this way, global exposure of individuals leads to a more peaceful and tolerant family.

With all these positive impacts, the brain drain has ~~a negative side, asserting severe strain on Pakistan families.~~ First and foremost is the alteration of family dynamics. Brain drain and immigration

have led to a fragmented family structure. Historically, when the industrial revolution emerged, it shifted the dynamic towards nuclear family. ~~with~~ People moved to bigger cities with more industries and work opportunities.

Similarly, globalization is shifting the dynamics in favour of fragmented families. In general, one member, particularly male, immigrates to the developed country

to earn livelihood and support family living in home country. This causes separation

and long lack of attachments among family members. The family members living abroad prefer isolation when they come back to their home countries. Furthermore,

Irrelevant detail

No need to explain the context of brain drain and immigration.

No argumentation. No analysis. No structure to the paragraph. How does it cause the strain on families? What proof and evidence there is. The paragraph has unnecessary detail and no argumentation.

spouses living far away develop individualistic tendencies and prefer their own comfort instead of whole family. In fragmented family structure cause a deep rooted imbalance in attachments and bonds.

One of the significant impact of immigration is on children. Separation of one parent put a severe strain on mental health of children. Children in their early stages learn from their parents. Both spouses play a crucial role in children raising. Mother provide nurturing and care to the children and father teaches them resilience and responsibilities. In absence of any one parent, their mental growth is impacted. Children growing without parent lack role model to immitate. Furthermore, this lead to detachment with their parents and make them attracted towards alternative coping mechanisms.

In absence of father, children are more vulnerable to immoral activities, as father in Pakistani society is considered a guiding and surveillant figure. Similarly, children living abroad in case of entire family immigration struggle with identity crisis. They are unable to connect with to Pakistani traditions and family values and lack national pride.

Impact on families is asked not on members of families

How?

No argumentation  
No analysis. No  
structure to the  
paragraph. Incoherent and  
irrelevant. No evidence.



Similarly, marriages have been badly impacted due to brain drain. On one hand it brings economic prosperity while on the other it leads to marital issues. Firstly, young people living abroad tend to marry women from other cultures, religions and ethnicity to gain nationalities. Most of the time this act is disapproved by their parents and peers in home country. This leads to disagreements among families leading to psychological strain on both parents and the couple. Furthermore, brain drain causes long distances between existing couples leading to miscommunication and trust issues. Conversations between the couples over texts messages and calls with the proper contexts leads to trust issues and tensions. Moreover, spouses living in different countries are more prone to cheating on each other due to lack of attachment and surveillance. This often leads to separation between the couple impacting the whole family especially children.

In the similar fashion, parents are also vulnerable to psychological strain and physical threats due to brain drain of their young children. Parents in their old

That's not an impact on marriage.

Too many arguments in a single paragraph. No analysis and elaboration. No evidence.

age are more prone to mental strain and separation of their children make them ~~vulnerable~~ depressed. In Pakistani society parents are a vital component of family unlike in western societies where parents does not hold much autonomy of their children after their children get adult. ~~In~~ ~~or~~ This makes them more attached to their children. Moreover, parents left behind in their ~~old age~~ are prone to physical threats as well due to their weak health conditions. In absence of their children they don't have any support to function properly and do their day to day tasks. Furthermore, their resistance to move abroad and attachment to their culture causes disagreements and tensions further ~~straining~~ straining family bond.

No argumentation  
No analysis. No structure to the paragraph. Incoherent and irrelevant. No evidence.

Another impact of brain drain on family structure in Pakistan is polarization of gender roles. When individuals leave the country to earn for their family families, they adopt ~~to~~ the breadwinner role strictly and ~~freeing themselves from child raising~~ and household responsibilities. This makes them ~~dominant in their family~~. Similarly, on the other hand ~~their wives living in their home~~ country adapt strictly to the nurturing role

No argumentation  
No analysis. No structure to the paragraph. Incoherent and irrelevant. No evidence.

limiting their access to financial independence. This often causes imbalance in family responsibilities and ~~also~~ ~~con~~ ~~cern~~ ~~ment~~ the patriarchal values and traditional family ~~and~~ values. This perpetuates in the children and they immitate the roles of their parents leading to the vicious cycle of strengthening polarized gender roles.

Another impact on Pakistani families is their living condition abroad. Individuals or entire families living abroad struggle with expensive living. They are often confined to small apartments with limited space. Unlike their homes in Pakistan, which are spacious and fulfill family needs. Moreover, their accomodations in foreign countries are often rented making no room for personalization and self expression through living. These accomodations are often expensive putting an additional strain on families financial conditions. In this way living conditions also impact the family's mental health and well-being.

Similarly, people living abroad find it hard to assimilate into the cultures. ~~of~~ However, if the entire family immigrate to the foreign country, their children are more prone to adoption of

western values. This lead to loss of cultural values of the home country and make children struggle with identity crisis. Moreover, People living abroad cannot celebrate religious and cultural festivals with their families and this absense from festivities make them used to an isolated approach in festivities. Moreover, ~~they become~~ they are unable to participate and connect with the festivities of their country of stay making them alienated during festivities.

One of the significant impact of immigration of individuals leaving behind their wives alone in their home country is that their wives are prone to threats posed by patriarchal society. Living alone makes life miserable for women due to prevailing patriarchal norms and tribal traditions.

Women often faces judgement of the society and extended family often leading to trust issues between spouses. Furthermore, ~~spouse~~ women living alone is taken advantaged by the ~~male dominated~~ society. They often get harassed ~~and~~ in public places and work places in absense of their husbands.

In conclusion, brain drain of young people lead to improved economic condition of the families, but it also leaves a profound

No argumentation  
No analysis. No  
structure to the  
paragraph.  
Incoherent and  
irrelevant. No  
evidence.

deteriorating impact on family structure, values, spouses relationship, children growth, parents mental health and loss of culture due to ~~global~~ assimilation. Thus, brain drain has more harmful impact on traditional family values of Pakistani families, than benefits it provides.