

65

Q2 Malnutrition in Pakistan: Causes and Consequences.

Outline

1- Introduction

Thesis Statement

Malnutrition is ^{the} mother of various ills, and it has been frequently seen in various parts of Pakistan. There are numerous factors which are responsible for it, consequently, Pakistan is facing multiple issues in national progress. However, it can be traced by taking pragmatic measures.

2- Food security in Pakistan

3- Causes of malnutrition in Pakistan

3.1- Rise of poverty aggravation

3.2- High inflation rate

3.3- Gap between center and rural

3.4- Frequent natural disasters.

3.5- Decreasing agricultural productivity

4- Ramifications of malnutrition

4.1- Increase in crime rate

4.2- Social unrest: national integration

4.3- Negative image at global level

5- Solutions of these ill

5.1- Rejuvenating economic policies

5.2- Subsidise on basic food items

5.3- Create vacancies or employments

6- Conclusion

20

On our national television, a news was getting attention of everyone in the month of November. News anchors described it with patience that a mother of three children (two boys and one girl) has committed suicide along with her three kids into the running water of barge. Police finds a letter from her house, that shows she was depriving in food and daily basic needs that's why she committed suicide. There are many problems in the country, but, malnutrition makes helples to an individual, it ruins the physical and mental status of that person. Malnutrition is the mother of various ills, and it has been frequently seen in various parts of Pakistan. There are numerous factors which are responsible for it, consequently, Pakistan is facing multiple issues in national progress. However, it can be traced by taking pragmatic measures.

A country which is suffering from these kind of issues, how would it step ahead for prosperity. Therefore, malnutrition is a phenomenon caused by various indicators such as, poverty of a country rises and inflation rate of a country increases resultant problems in daily life of people. When a state has a huge gap between its center and rural people start feeling discrimination. Environmental issues leads to it. Thus, these are consequences of malnutrition, and there are: increase in crime rate, social unrest and negative image at global level of a state. A country would not get progress until deal with it, there are many issues, but, every cloud has silver lining, if a state or a person want to come out of problems it can. Government must work on it, and it is curable, it just has few loopholes otherwise it will be cure completely one day.