

## Anger Issues in Children: A Growing Challenge in the Modern Age

### Outline:

#### 1. Introduction

#### 2. Anger issues in children are affecting the modern age

- i. Aggressive children will be unable to play a healthy role as youth.
- ii. Children being the asset of the country should be brought up in a peaceful and calm environment.
- iii. Society will face all evils of inequality, intolerance and injustice in the coming future because these kids today will run tomorrow's societies.

#### 3. Ineffective play of the society leads to the growing challenge of anger issues in children in modern age:

##### 3a. Family and society are responsible for the upbringing of the children.

Learning Theory states children will do what they will learn from their society.

##### 3b. Role of education is non-negotiable in the behaviour ~~and~~ and personality development of children.

Out of School Children count has risen upto 25 million in 2023 in Pakistan only.

##### 3c. Lack of physical activities and lesser importance to sports make children lethargic and aggressive.

No importance <sup>is given</sup> to different games present today e.g. barely a few people knew about Javelin throw as a proper sport before Arshad Nadeem's win.

##### 3d. Lack of coordination, equality and tolerance in the society does not provide <sup>an example</sup> children to uphold their moral values and make them more violent.

Children will lose their moral values slowly when they would see people fighting over a small <sup>between cars</sup> hit on a road.

4. Excessive use of technology has led to the growing challenge of anger issues in children in modern age:

4a. Toddlers cry over watching ~~the~~ television while eating foods representing their aggression. In today's age, a three-year old better knows how to use mobile phones as compared to adults.

4b. Social media has done no good to our youth and led to the brain drain instilling in them intolerance, anxiety and aggression.

Doom scrolling for hours on social media shapes youth's mind towards all negativity.

4c. Artificial Intelligence and excess internet consumption has eroded creativity and focus of children and has shaped their behaviours negatively.

Chat GPT is today used by every other child providing them no chance of brainstorming and affected their tolerance and focus level.

5. Society and Technology can be shaped in a better way to stop this growing challenge of anger issues in children.

i. Focused attention of parents and ~~children~~ teachers on children

ii. Importance to Education

iii. Importance to physical activities.

iv. Reducing the time of social media consumption

6. Conclusion

Technological advancements, its excess usage, failure of society and families along with many other factors have given birth to a prime challenge of anger issues in children in today's modern age which has a lot of negative consequences on children's personality development and society's fair growth and progress.

## Introduction:

Modern age is facing a lot of challenges in the current time period. Of all these problems, one of prime importance is the growing anger issues in children. This issue is taking a strong hold of the children's personalities and is ruining their behavior. This behavioral defect will have a strong influence on the society, family and community, they will be a part of in the coming times. Today's children promise for a bright future if they have tolerance, equity and sense of justice. Modern age is becoming a home to individuals who are devoid of <sup>their</sup> moral values and so fail to uphold them. Anger issues in a young age is not their sole responsibility. Our society, education system, families, teachers, and parents all stand equally responsible for their personality degradation. Lack of coordination and mutual help from all pillars of society is a main reason for this growing challenge. Parents, families, and societies all play their role in the upbringing of children and all acts, good or bad showcased by them are learnt by children. Their aggressive behaviours ~~denotes~~ of children denotes a loophole in the part played by them. Educational importance is yet to be understood in our society. The role it has in the character development of individuals is under-estimated by the society. ~~The~~ 25 million young minds who have never been in touch with education and those who are enrolled and yet not giving any importance to it are all leading themselves toward a dark era of world where no moral values would exist. Another factor, technology and its excessive use has left no one ~~from~~. It has been successful in drawing everyone from a toddler to an elderly in its circle of continuous usage. Social media, internet consumption, artificial intelligence has all led to the brain drain of our children, youth and adults. It keeps everyone in pure distress, anxiety, depression and aggression. ~~It~~ Technological advancement, its excess usage, failure of society and families along with many other factors have given birth to ~~one of~~ a prime challenge of anger issues in children in today's modern age which has a lot of negative consequences of on children's personality development and society's fair growth and development.