

Question 1

What is importance of self-purification in Islamic society?

1- Introduction to Question

Self-purification is one of most important part of our Deem Islam. It is responsible for the purify self and make an individual capable to behave according to almighty Allah's path. There are many way, where the need of purification especially self-purification needed including: to work for Allah and work for human, means vertical and horizontal relationship.

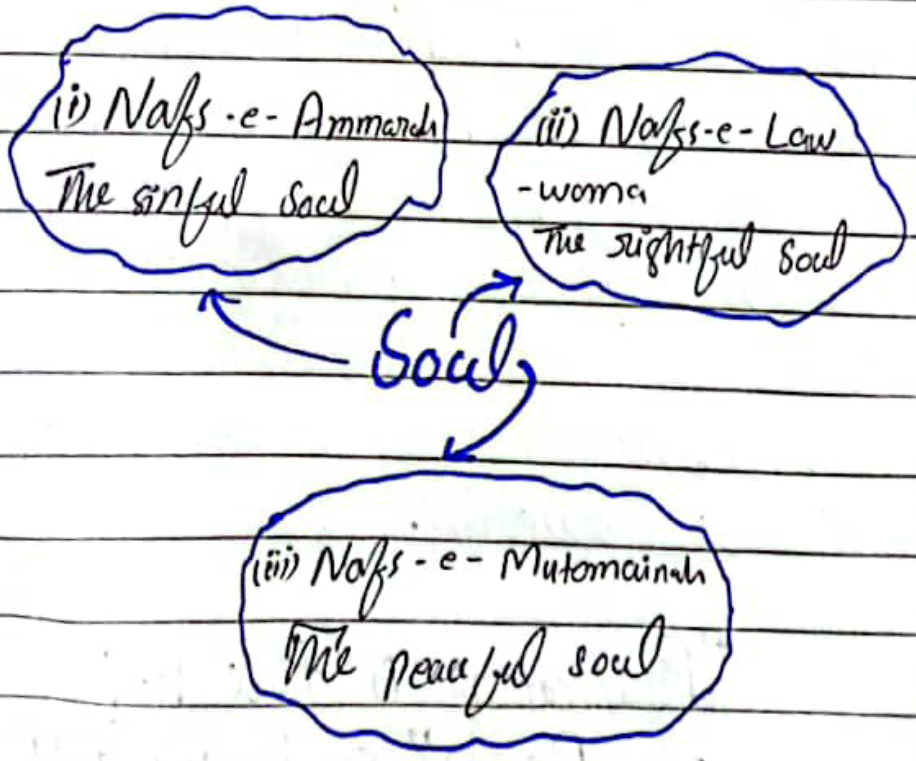
“Purification is the half of Deem”, said prophet (PBUH)
Sahih-Bukhari

2- Concept of Self-Purification in Islam

Self-purification in arabic it called Tazkiyah-u-nafs, means to rinse out from impurities and dirt, either natural or nurture.

In Islamic teachings it has been considered one of the most import deed to do.

3- Types of Nafs / soul



4. Prophet Muhammad (ﷺ) has taught the importance of self-purification

Prophet Muhammad (PBUH) has frequently talked about the self-purification. He talks about physical and emotional purification.

(i) How to attain physical Tazkiyat-al-Nafs

a) Wudu (Abution)

Wudu is necessary for the physical and spiritual purification.

According to Hadiths, Prophet PBUH said, "if one wudu and sleep will go to heaven".

b) Ghusl (Bathing)

Showers or the practice of taking bath with few obligations that has been implemented on everyone.

c) Miswak (Siwak)

Basically it is for mouth health, in Islam it is good to be healthy.

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(ii) Self-purification by performing five (farah) obligatory activities in Islam:

There are those activities:

a) **Namaz (Prayers)**

"Namaz is key to the heaven" Sahih-Muslim

Namaz is basic and important pillar of Islam.

b) **Fast (Sawm)**

Fast is practiced to realize the pain and feelings of poor people and to purify on self.

c) **Hajj (Umrah, pilgrimage)**

Hajj is also obligatory on the Muslims to perform once in their lives, it also rinse out sins.

d) **Zakat (Charity)**

Zakat is responsible for the purifying oneself, when it is needed to give, and have ability to give Zakat.

5- Impacts of self-purification on individual level

There are impacts of self-purification:

(i) Get closer to God

According to Quranic context:

Allah (SWA) can forgive everything except comparison with Allah.

When person purified he/she never compare.

(ii) Avert an individual from committing sins

Then people were according to the Shariah and do not commit crimes in their daily life.

(iii) An individual know the real meaning of life

"O people Allah SWA then never made Jinn and human except worship God" Al-Quran

(iv) Differentiate between right and wrong

The difference between right and wrong is practiced after self purification.

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6 - Impacts of self-purification on society level

There are few impacts on the society:

(i) Reduce crime rates

Crime rates decrease because a purified soul never commit crime.

(ii) Increase brotherhood in society

Unity and brotherhood is the sign of an individual with purified soul.

(iii) Promote Equality

Equality is the sign of Tazkiya-ul-ovoob.

7 - Conclusion

To conclude, self-purification is one of the most important thing to do in life, because, there is alot of emphasis on it either in Quran or in Sunnah.

There are multiple important impacts of self-purification on individual level as well as on the collective society level.