

Date: _____

→ Reward from Allah:

In Quran, Allah promises the reward for fasting for mankind:

الصَّوْمُ لِي وَأَنَا أُثِرْتِي بِهِ

Fasting is for me and I shall give its reward.

[Al-Quran]

→ Obligatory to Previous Nations:

The importance of fasting is evident from the teaching of Quran in which it is mentioned that fasting was obligatory to previous nations as it is obligatory to Muslims.

"O ye who believe! Fasting is prescribed to you as it was prescribed to previous nation. So that ye may learn self restraint."

[Al-Quran]

→ Charity of Body:

Holy Prophet (PBUH) declared fasting as the charity of body.

"There is a charity for everything and the charity of body is fasting."

[Al-Hadith]

Final Mock: Islamic Studies

PART-II

QUESTION - 2

FASTING IN ISLAM

Meaning and Concept :-

Fasting is called 'Sawm' in Arabic which means 'to abstain from'. It is the practice of abstaining from eating and drinking and all human desires from dusk till dawn.

● Fasting is the third pillar of Islam and Muslims practise it from 1st Ramadan till the end of the month.

"Who is present (at his home) during that month should spend it fasting."

[Surah Al-Bakrah]

Importance:-

The importance of fasting in Islam is evident from Quran and Sunnah:

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Impact on Individual:-

Fasting has various beneficial impacts on the individual.

1) Self-Restraint:

By abstaining from drinking, eating and sexual desires, a person learns self restraint and the ability to control his emotions and desires.

2) Passion for Humanity:

Despite having everything and not indulging in desires, gives a feeling for the poor and needy of the community and man is able to feel for them and help them.

3) Purification of self:

Fasting purifies the soul and rejuvenates firm belief in Allah.

4) Obedience to Allah:

By practicing fasting, mankind learns to follow Allah's teachings and presents an example of obedience to Allah.

5) Character building:

Fasting builds character and strengthens man's resolve to be a good muslim.

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6) Trust and Honesty:

When no one is to watch but still man fulfils the obligations of a fast, he becomes more honest and learn to develop trust in himself and others.

Impact on Society:-

Fasting not only proves beneficial for the individual self but has marvellous impacts on society too.

1) Development of love for humanity:

By practicing what poor and needy go through, a feeling of understanding and love is developed in the elite of the community for them.

2) Justice at large:

When everyone in the society observes fast, they abstain from human desires and bad habits and as a result justice prevails.

3) Charity and Aid:

By experiencing the hunger of destitute, a renewed strength for charity and aid of mankind develops.

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Conclusion:-

Fasting is considered important in Islam as it has prevailing effects on the soul of humans as well as society at large.

QUESTION-4

LAST SERMON OF PROPHET (SAW)

In his last sermon, Holy Prophet (PBUH) gave a comprehensive charter of Human Rights which is sufficient and exemplary even in the modern times.

1) Protection of honour and Life:-

Holy Prophet (PBUH) stressed on the protection of life and honour of people and deemed them sacred and inviolable.

"O people! Verily your blood, your property and your honour are sacred and inviolable as this day and this month is sacred for all."

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2) Women Rights:

In this sermon, Holy Prophet focused on women rights and duties as well.

“O people! Your wives have certain rights over you and you have certain rights over them.”

3) Abolishment of slavery:

Holy Prophet (PBUH) in his last sermon stressed the protection of slaves and discouraged the practice.

“Your slaves! Your slaves! See that you feed them as you eat yourselves and dress them the way you dress yourselves. And if they commit a crime that is difficult for you to forgive, then sell them and do not torment them.”

4) Equality:

In Khutba-e-HajjatulWida, Holy Prophet demolished racism and superiority of one man or race over another.

“O people! Verily your Lord is one and your father is one and all of you belong to one ancestry of Adam and Adam was made of clay.”

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5) Interest free system:

Holy Prophet (SAW) abolished the system of usury and said:

"Behold! All the practices of the days of ignorance are now under my feet. All interests and usurious dues stand wiped out."

6) Responsibility of Crime:

Holy Prophet (SAW) demolished the system of generational disputes and said:

"No father is responsible for the crime of his son and no son is responsible for the crime of his father."

7) Governance System:

Holy Prophet (PBUH) also strengthened the governance system by reiterating:

"O people! Obey your rulers."

BOTTOMLINE:-

In his last sermon, Holy Prophet (PBUH) gave an extensive charter of Human Rights covering all human rights issues and giving a code of conduct to humanity for a prosperous community.