

ARFA TARIQ

ESSAY- TEST-2

BATCH - 01 / ONLINE

Outline

① Introduction

1.1 - Hook Sentence

1.2 General Statement

1.3 Thesis Statement: The expectations of society on men includes emotional pressure, dominance and power and financial responsibilities. While the impacts of these expectations on men includes mental health issues, insecurity and relationship problems which leads to gender oppression.

② Main body

(A) The expectations of society on men

2.1.1 - Emotional pressure

2.1.2 - Dominance & power

2.1.3 - Financial responsibilities

2.1.4 - Limited parental role

Ⓑ Impacts on men

2.2.1. Mental health problems

2.2.2. Insecurity

2.2.3. Relationship issues.

2.2.4. Fear of failure

Ⓒ Contribution to Gender oppression

2.3.1. Social inequality

2.3.2. Gender Stereotypes

2.3.3. Support Patriarchal system

2.3.4. Tolerance on violence

2.3.5. Unequal power dynamics

Conclusion.

The Essay

Men are just as imprisoned by gender expectations as Women are. Both suffer under the weight of societal norms.

A man does not cry has been taught to bleed silently. Around the world men suffer under the expectation of society. Societal expectation can be defined as belief and norms that a society holds that how individuals should act and behave in various roles includes gender roles and responsibilities. Society expects that men are strong, dominant and emotionally tough. On the other hand, women are expected to be as weak, recessive and emotionally weak. These expectations not only limit men's freedom but also create inequality and affect both men and women. At the same time these expectations reinforce patriarchal systems that oppress women by limiting their rights and opportunities. The interplay between societal pressure on men and the oppression of women highlights

the complexity of gender roles and their impacts on society. The expectations of society on men includes, emotional pressure, dominance of power and financial responsibilities. The impacts of these expectations on men includes mental health problems, Insecurity and relationship problems which leads to gender oppressions.

First come expectations of society on men is emotional suppression or pressure. Oftenly they told that men are not to cry or show the emotions. From this teaching men learn to hide their feelings which leads to emotional struggles and other health problems. Next expectations is dominance and power. Term male dominance evolved from 20th century so men are expected to be competitive, dominant and take charge in relationships, work and societal change. Society consider weak or less manly of those who fail to meet these criteria. The next expectations of society is financial

responsibilities. Men are pressurized to earn money and provide this to their families. This creates stress. Many examples showed that men attempt suicide due to fail in this responsibilities. The another expectation of men is the limited parental role. Society oftenly expects men to focus on work rather than parenting so, fathers who wish to take active role in caretaking face criticism. This not only impacts men but also show the stereotype that caretaking is only a women responsibility.

The impacts on men mental health issues because of hiding emotions can lead to depression and anxiety. Most of the men avoid asking for help because of fear they being judged. Also men feel insecurity when they failed to meet societal expectations furthermore they lose their confidence and fell lost. Relationship issues also creates due to expectations of society on men. They act like arrogant

and unable to share anything with their partner which can cause problems in their relationships. This leads to emotional distance and broken connections with parents, partners and child. Due to pressure or expectations of society another impact on men is fear of failure which the society considers as weakness of men. This fear prevents men from taking risks, to explore something or seeking help when needed which causes self-destructive behaviour.

These all contribute to gender oppressions which includes social inequality. In this men dominant society, unfair system of unequal distributions of resources like denied her rights, kept away from schools and forced to marry etc found today which limit women's progress. This stereotype society sees men as strong and female as weak & emotionally expressive. Also men are associated with upperclass jobs while women are associated with lower class job including nursing, household work etc

If we talk about Pakistan, the Patriarchal system is deeply rooted and many people continue to support it, like sons are often seen as family heirs & source of financial security while daughters are viewed as financial burdens due to dowry expectations. Also a divorced daughter is considered as burden even an expired daughter is considered better than a divorced daughter, so this highly contributed to Women oppression.

Nextly, men use aggression and violence to assert dominance which contributes to domestic abuse, harassment and produce fear against women. There are so many example of violence on women and society wants that women tolerate this violence

For example in 2024 in Bahawalpur, husband pour fuel over his wife and set her alight.

also in upper Sindh in July 2024, A young women in a hospital whose own father had attacked her with axe because she wanted to divorce an abusive husband. Another oppression on women is Unequal power dynamics, means societal structures favours men is

leadership, politics and lawmaking, women oftenly struggle to access equal opportunities, due to systematic barriers.

This inequality leave ~~to~~ women dependent on men, making it harder to challenge this oppression.