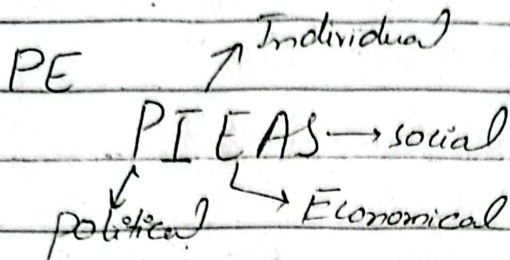


Malnutrition in Pakistan: Causes & Consequences

Causes



There are no proper standards for food by standards
There is no proper storage & hygiene following

Causes of Malnutrition:-

- Not equal distribution of resources from upper level → There is no equal distribution of resources by administration
- ~~Leaders~~ are not interested in backward areas → Administration is not interested in the areas that has less population
- The area with less population does not gain much attention of upper level
- There is a hunger of more and more
- People are not selfless they are selfish → As the economy of Pakistan is not stable that leads to inflation and that makes good food out of reach from poor people
- Economy of Pakistan is very low stable that leads to inflation and that makes good food out of reach from poor people
- There is inflation that makes good food out of reach from poor people
- It has become normal to eat fast food that is not declared good food from health organizations
- Due to inflation, use of cheap material as raw material
- People are not aware of their body health requirements, or which kind of food is needed.

Consequences.

- There is high risk of everyone to get different [↑] diseases that
- People living ^{fatal} in low marshal areas become marginalized
- People may not reach to the proper growth of their body and mind
- Country will not nurture or develop
- ~~is~~ Healthy body leads to healthy mind that cannot be achieved due to malnutrition.

PEIAS

- People with malnutrition are at high risk of getting fatal diseases.
- People living in marshal areas become marginalized.
- Healthy body leads to healthy mind that cannot be achieved due to malnutrition.
- Due to malnutrition, Pakistan may face issues of ~~nothing~~ development and nurture
- People may get such types of diseases that cannot be cured that leads to a problem for their whole life.

TEST: 01

JAN-25

ESSAY

Malnutrition in Pakistan: Causes & Consequences.

Outline:-

- (1) Introduction.
- (2) Causes of malnutrition in Pakistan
 - (a) There is no equal distribution of resources by Administration.
 - (b) Administration is not interested in the areas that has less population.
 - (c) As the economy of Pakistan is not stable that leads to inflation and that make hygienic food out of reach from poor people.
 - (d) Everyone is selfish not selfless; there is a race of more and more for ourselves.
 - (e) There is no proper transportation of food according to international

Standards

(3) Consequences of malnutrition in Pakistan.

(a) People with malnutrition are at high risk of getting fatal diseases.

(b) People living in marshy areas become marginalized.

(c) Healthy body leads to healthy mind that cannot be achieved due to malnutrition.

(d) Due to malnutrition, Pakistan may face issues of development and nurture.

(e) People may get such types of diseases that cannot be cured that leads to a problem for their whole life.

(4) Conclusion.

One grain and five sparrows to eat is what going on in Pakistan. Malnutrition is a common problem in Pakistan that leads to hunger. Malnutrition is a food that has less nutrition and that is not according to international standards of food. As stated before, malnutrition is a problem for Pakistan because of unequal distribution of resources by administration, unstable economy that makes lower people opt of reach from good food, and Administration is not ~~ere~~ interested in the areas that has less population. Furthermore, In Pakistan, everyone is in a race of more and more for themselves and there is no proper system of transportation of food. All these factors leads to the problem for the growth and development of Pakistan. Thus, Pakistan face many consequences due to malnutrition like, People with malnutrition, may get fatal diseases, they may grow

with diseases with such types of diseases that cannot be cured or treated. Additionally, People living in marshal areas become marginalized that leads to unstable development. So, malnutrition in Pakistan may lead to many consequences that are faced by Pakistan whereas, these consequences has many causes in Pakistan.