

General instructions to be followed to pass essay

Challenges of Parenting

In modern times

1- Spend time on rightly comprehension of the topic, you won't pass the essay. ~~Where is the main~~ you addressed the asked part

Outline

Introduction

2- Modern Parenting

is more difficult due

2- Try to make your main heading in the outline from the words in the question statement

Stress on parents

systems increase

3- Try to add hook in the introduction. The length of introduction must be of 2 sides

5- Peer pressure strongly influences children

more than parents guiding today.

4- your topic sentence in your argument must be aligned with the ending sentence

6- Technology has made it harder for parents to control children's activities

7- Excessive screen exposure negatively impacts children's health and behavior

8- Social media creates unrealistic standards that harm children's mental well-being

6- add references in your arguments with proper source. Go for diversification of references

9- Online safety rules make modern parenting more complicated than ever.

10- Rising mental health issues in children

11- Communication gaps between parents and children are increasing in

12- Academic competition places heavy pressure on both parents and children

13- High cost of living makes parenting

financially challenging

9- outlines that are not self explanatory or does not align to with the essay statement are liable to mark 0 and the essay would become null and void

10- always try to be relevant to the topic, if even your 1 or 2 arguments are irrelevant, the examiner would not pass your essay.

- 14- Cultural conflicts between traditional values and modern lifestyles confuse both parents and children.
- 15- Unhealthy life style increase physical and emotional risks for children.
- 16- Environmental and social safety concerns add to parental anxiety.
- 17- Lack of parenting knowledge and support systems makes coping more difficult.
- 18- Effective parenting now requires balancing discipline with emotional intelligence.
- 19- Conclusion.

You haven't understood the topic at all. The asked part was of challenges for parents in parenting. You haven't addressed the asked part well.

Work on your topic comprehension

Improve your phrasing

Word selection must be improved

Work on your outline making

Must attend the tutorial session for further suggestions and mistakes

One rainy afternoon in Islamabad, little Ali sat alone in his daycare, hugging his favorite toy and waiting for his mother. She was late, exhausted from a long day at work and the stress of managing household responsibilities.

In that single moment, all is situation reflected a larger reality that parenting today is no longer just about caring for children; it involves balancing work pressures, emotional needs, academic expectations, and digital challenges all at the same time.

Parenting in modern times is increasingly challenging because parents must navigate fast changing social norms, weakened family support, digital distractions, academic and economic pressures and rising mental health concerns requiring patience, adaptability, and emotional awareness more than ever before.

~~This. Cannot be your topic sentence~~

To begin with the social environment in which children grow is evolving at unprecedented speed, previously values, customs and expectations remained relatively stable for decades allowing parents to rely on traditions and inherited wisdom. However, modern norms change rapidly whether it is lifestyle choices, gender roles or ideas about freedom and identity. As a result parents struggle to keep up. Moreover, children today grow up in a globalized world where they are exposed to diverse beliefs through the internet, making it harder for parents to anchor them to one set of cultural values. Thus the fast moving social landscape increases confusion, conflict and communication gaps within families.

Furthermore, modern life has weakened extended family structures. In previous or earlier generations, grandparents, uncles and aunts played active roles in nurturing children. Their presence not only reduced the burden on parents but also offered emotional security.

You are struggling with your arguments. You are unable to link your argument with the topic. Besides your arguments are substantially low.

Additionally, new parents often lack guidance and rely on internet for parenting advice,

which can be sometimes contradictory or unrealistic. Consequently, weakened family bonds intensify the pressures of parenting.

Adding to this, modern work routines leave little time for meaningful interaction. In the race of financial stability, parents work long hours, juggle multiple responsibilities and rush through daily tasks. As a result, children receive less emotional attention, which affects their confidence and behavior. The absence of healthy communication leads and behavior to misunderstandings, emotional distancing and unwind moral guidance, even when parents are physical present, work stress may them mentally unavailable. Therefore, the imbalance between

professional obligations and family commitments forms a major challenge for modern parenting.

In addition, peer influence has become stronger than ever. Children and teenagers are deeply affected by their classmates, social circles and online communities. They may feel compelled to adopt certain behaviors, feelings or attitudes to gain acceptance. Because of this parents find it difficult to ensure disciplined behavior and good decision making. Peer pressure often encourages risk taking behaviors such as skipping studies, using inappropriate language or following unhealthy trends. Thus modern parents must constantly compete with external influences that weakened their authority.

Moreover technology has reshaped childhood in ways previous generations could not imagine. From smartphones to gaming devices children have access to endless content, entertainment and communication platforms. While technology offers learning opportunities it also exposes children to harmful material, addictive games and online strangers.

Parents struggle in monitoring what their children is viewing, to whom they are talking and how much they are spending time online. Therefore the complexity that technology has created demanding parents digital literacy.

This can be linked to the issue of screen dependency. Children spend hours on screen which leads to the reduction of physical activities, outdoor play, reading and face to face communication. As a result they may suffer from weak eyesight, obesity, sleep disturbances and attention problems.

It is not limited to these it can also lead to irritability and emotional instability. Parents struggle to set limits because screens have become an integral part of schoolwork, entertainment and social interaction. So managing digital exposure has become one of the most difficult tasks for modern parents.

In addition to screen time issues, social media platforms introduce unrealistic standards of beauty.

lifestyle and success. Teenagers compare themselves with influencers and compare themselves with celebrities who project idealized, filtered version of life. As a result, young people develop insecurities, low self-esteem and anxiety. Social validation through likes, comments and followers becomes more important than real life relationships. Parents find it difficult to protect their children from these invisible pressures. Therefore, social media contributes significantly to emotional and psychological challenges in parenting.

Another major concern for parents is online safety. Children may unknowingly expose personal information to strangers, fall victim to cyberbullying, or encounter harmful content. Because of this, parents must teach digital safety, monitor online behavior and remain constantly alert. This constant vigilance can be exhausting, especially for parents who are less technologically skilled.

Moving forward, an alarming rise in mental health issues such as anxiety, depression, stress and

behavioral disorders has been observed among children and teenagers. Academic pressure, social expectations and digital influences all contribute to these problems. Unfortunately, many parents fail to recognize early signs or dismiss them as normal behavior. Moreover, mental health discussions are still stigmatized in many societies. Thus, modern parents must be emotionally intelligent and open to psychological support. These skills that earlier generations did not need to develop to such an extent.

Furthermore, communication gaps are widening. Children often feel misunderstood, while parents feel ignored. Modern children prefer digital conversations while parents value face to face communication. Due to these reasons the communication style clash creating emotional distance within families. Parents must learn new methods of engagement that align with their children's preferences while compromising discipline. Hence bridging the communication gap has become a crucial parenting challenge.

Academic expectations have also reached to unrealistic levels. From early schooling to university admissions, children face intense competition. Parents often push their children to excel in studies, participate in extra-curricular activities and score high grades. Consequently, children feel overwhelmed, while parents experience frustration and guilt. This pressure creates a stressful environment at home, affecting mental and emotional well-being. So academic demands makes modern parenting more complex.

Not only this the other factor which plays a significant role in impacting parenting quality and stability is the rising cost of living. It has placed economic pressure on families. Education, health, nutrition, extra-curricular activities and childcare all require financial resources. Parents struggle to provide quality opportunities for growth.

Furthermore, the cultural conflict also

create confusion within households. Parents raised with traditional values often find their children embracing modern ideas that challenge cultural norms. As a result, disagreements arise over clothing, friendships, careers and lifestyle choices. Striking a balance between preserving cultural identity and adapting to modern life becomes extremely difficult, so cultural tension is a major challenge for contemporary parents too.

Along with cultural challenges, the other major factor is unhealthy lifestyle habits. Such as fast food consumption, reduced physical activities and irregular sleep are common among children. Parents struggle to enforce healthy routines due to busy schedules and external influences like advertisements. Hence, fostering healthy habits is another significant challenge.

Additionally, modern parents must navigate growing safety concerns. Pollution, traffic hazards, drug exposure and rising crime rates create constant worry.

Parents must stay alert, supervise children closely and choose safe environment for schooling and recreation. So fear and anxiety become part of daily parenting.

Modern parents lack proper parenting knowledge. Parenting is a complex skill that requires patience, communication, discipline, and emotional awareness. Without guidance, parents may make mistakes that affect their children's development. Since parents feel isolated in their struggles. Thus the absence of strong parenting guidance worsens the challenges.

Finally, modern parenting demands a delicate balance between authority and empathy. Children need discipline but they also require emotional support and understanding. Parents must learn to communicate effectively, listen attentively and set boundaries.

In conclusion, parenting in the modern world is a complex and demanding responsibility shaped by rapidly changing social norms, weakened support systems, digital disruptions, academic and economic pressures and rising mental health challenges. As the world evolves, so must parenting strategies. Therefore modern parents must adopt patience, adaptability, emotional intelligence and technological awareness to guide children effectively.