

Day: Friday

Date: 12-12

Name: Umme Farwa

Batch: 83 (41203)

Mock Exam (1\*)

Gender Studies

Q NO.2

Describe Gender studies as a Discipline. Also, trace the background of Gender Studies with special reference to its evolution in Pakistan

a. Introduction:

Gender Studies is an interdisciplinary field

that examines gender roles, power relations and inequalities in society. It goes beyond biological differences to explore social, cultural, political and economic dimensions of gender. Its main aim is to promote gender justice and equality.

Add main  
headings

### b) **Interdisciplinary:**

Draws from Sociology, Psychology, political science and literature.

### c) **Focus on Inequality:**

Highlights systemic discrimination and power imbalances.

Increase content under headings

### d) **Analytical Perspective:**

Challenges patriarchy, stereotypes  
and gender-based norms.

e **Applied Aspect:** Provides  
insights for policy-making  
and social reforms.

## f Background and Evolution

### Global Origins:

Emerged in  
the 1960s-70s with 2nd wave  
feminism, focusing on women's  
rights and equality.

Later expanded to include  
intersectionality, queer  
theory and masculinity studies.

# Evolution in Pakistan

9

1970s - 80s: influence of global feminist ideas, NCsOs worked on women's education and rights.

1990s - 2000s: Establishment of women's studies Centers in Universities (e.g: Quaid-i-Azam Uni.)

2000s - Present **Psychology** and Sociology departments introduced Gender studies courses, Beaconhouse National University was a pioneer.

**Current Trends:** Focus on intersectionality, LGBTQ+ rights, gender based violence, economic empowerment and Climate Vulnerability.

## b Conclusion

Gender Studies  
is both academic and

activist-oriented, providing tools to understand, challenge and reform gender inequalities. In Pakistan, it has evolved from global feminist influences to institutionalized courses, research centers, and policy initiatives contributing to awareness and social change.



Q: NO. 3

"Feminism in the 21st Century needs to address the concerns of all genders and sexual orientations". Discuss ....

## a Introduction

Feminism today has expanded beyond the traditional focus on women's rights to a more inclusive approach, addressing the concerns of all genders and sexual orientations.

Modern feminist movements recognize that gender inequality intersects with sexuality, class, race, and other social factors requiring broader perspectives.

Add headings from the question statement

## b Intersectionality:

Coined by Kimberlé Crenshaw, intersectionality emphasizes how multiple forms of oppression overlap, Example

Women of different ethnicities, classes or sexual orientations face unique challenges. Modern feminism addresses marginalized groups not just cisgender women.

## c Queer and LGBTQ

### + inclusion:

Contemporary movements actively advocate for LGBTQ+ rights, challenging rigid gender binaries. Recognizes that gender identity and sexual orientation are diverse and socially constructed.

## d Men and Masculinity:

21st century feminism engages men to challenge toxic masculinity and promote gender equality.

Hegemonic masculinity is questioned to create more equitable social structures.

## Global and Digital

### Feminism

Feminist movements leverage social media, digital campaigns and global networks to address issues like gender-based violence, pay inequality and reproductive rights.

Transnational feminism

links global struggles,

ensuring inclusivity across

borders

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## f Policy and Legal Advocacy

Focus on laws and ~~policies~~ that protect all genders and sexual orientations

Example: anti-discrimination  
anti-violence legislation  
and marriage equality.

## g Conclusion

21st century

feminism is no longer limited to women's issues alone. It seeks to include all genders and sexual orientations, recognizing intersectional oppression and the diversity of lived

experiences. Contemporary feminist movements in both global and Pakistan contexts reflects this inclusive holistic approach promoting equality, justice and human rights for all.

Q.No: 4

Gender is a socially constructed phenomenon. Discuss in the light of theories of social construction of gender.

■ **Introduction:**

Gender is not merely a biological reality but a socially

Constructed phenomenon  
Shaped by cultural norms  
social practices and  
institutional expectations.  
While sex refers to  
biological attributes gender  
reflects the roles behaviors  
and identities that  
societies assign to  
individuals. Several theories  
explain how gender is  
constructed and maintained  
through social processes.

~~b~~ **Social Constructionism**

~~Social Constructionist~~  
theorists argue that gender  
is created through social  
interaction language  
and cultural meanings.  
Society defines what

is masculine and feminine. These meanings vary across cultures, and historical periods, proving that gender is not fixed but socially produced.

Donot prioritize this theory

## Simone de Beauvois's

### Theory

Simone de Beauvois' argued that

"One is not born, but becomes a woman".

Gender identity develops through socialization not biology.

Institutions such as family religion and education teach women submissive roles while encouraging men

toward authority and independence.

## d Judith Butler's Theory of Performativity

Judith Butler claimed that gender is performative. Gender is created through repeated acts, behaviors, and performances expected by society.

There is no essential or natural gender instead, gender exists because people continuously "perform" it.

Examples:

(dress, speech, mannerisms)

## ! Social Learning

### Theory (Bandura)

According to Social learning Theory:

Children learn gender roles through observation, imitation and reinforcement.

Parents, teachers and media encourage gender-appropriate behavior, shaping individuals into masculine or feminine roles.

## ! Gender Schema

### Theory (Bem)

Sandra Bem argued that societies that create

gender schemas - mental frameworks about what men and women should be. People internalize these schemas and judge themselves and others according to cultural expectations. These schemas reinforce stereotypes and maintain gender differences.

## g Functionalist Perspective

Functionalsists argue that gender roles were socially constructed to maintain social order.

Women were assigned roles (caregiving). Though now **outdated**, this theory shows how society assigns roles for perceived stability.

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Men were assigned instrumental roles (breadwinning)

## Conclusion:

The theories collectively show that gender is not biologically determined but culturally produced, socially reinforced and historically variable.

Gender roles exist

because societies create, teach, and reproduce them across generations.

Understanding gender as a social construction helps challenge stereotypes and promote equality.

The question has two parts  
Elaborate these

Q NO. 5

Critically analyze the women vulnerability in the contemporary societies in the light of Modernization and Dependency theories.

## a Introduction

Despite global progress, women in many societies continue to face structural vulnerabilities in economic, political and **social** spheres. Modernization Theory and Dependency Theory offer contrasting lenses to understand why these vulnerabilities persist in both developed

and developing contexts.

## b. Women's Vulnerabilities Through Modernization Theory

Modernization Theory argues that societies progress from traditional to modern stages through industrialization, education, and rationalization. Yet women face vulnerabilities because this progress is uneven and selective.

## c. Persistence of Patriarchal Norms

Even as societies modernize, patriarchal structures

remain embedded in culture, limiting women's mobility, autonomy, and decision-making.

## ~~d Unequal Access to Education & Technology~~

Modern sectors often prioritize skilled labor, while women especially in developing states, lack equal access to education, digital literacy, and employment opportunities.

## ~~e Gendered Labour~~

### ~~Segregation~~

Modernization expands the

service and industrial sectors but women are often pushed into low-paid, informal or care-based work due to modern yet gendered job markets

## ! Exclusion from Political Modernity

Despite democratization women's political representation remains low, reflecting a gap between modern institutions and traditional gender attitudes.

## Women's Vulnerabilities

### Through Dependency Theory

Dependency theory argues that inequalities between the Global North and South reproduce Underdevelopment. These global power structures deepen women's vulnerabilities.

## g Global Economic

### Exploitation of Female Labour.

Multinational corporations rely heavily on cheap female labour in textiles, agriculture and electronics reinforcing economic dependency and exploitation.

## h Feminization of

### Poverty

Unequal global wealth distribution coupled with structural adjustment policies (SAPs) increases poverty risks for women, reducing access to healthcare, land and social protection.

## ii) Cultural Dependency

Global media flows often reproduce stereotypical images of women, shaping local gender attitudes and consumer cultures that commodify women.

## i) Migration & Trafficking

### Risks

Economic dependency fuels

labour migration making women more vulnerable to trafficking, domestic servitude, and exploitation under global capitalist systems.

## \* Critical Analysis

Both theories reveal structural factors behind women's vulnerabilities yet both have limitations.

### l Modernization Theory:

Assumes linear progress but ignores local cultural realities and persistent patriarchy.

### l Dependency Theory:

highlights global inequalities

but underplays internal  
gender discriminations and  
agency within developing states.  
Thus contemporary vulnerabilities  
emerge from both internal  
patriarchal structures and  
global Capitalist system.

## m Revamping Women's Status Cribbally

### (i) Gender Responsive Economic Policies

Introduce equal pay laws  
Women friendly tax policies  
Property rights and childcare  
Support to bridge economic  
gaps.

## (i) Invest in Girls Education

Education and technological inclusion can break inter-generational cycles of poverty and dependency.

(ii)

## Strengthen Labour

### Protections

Ensures safe workplaces, maternity benefits and protection from exploitation in global supply chains.

(iii)

## Support Political

### Representations

Gender quotas, leadership training and political mainstreaming can integrate women's voices into policymaking.

## Reform Global Economic Structures

Fair trade frameworks, ethical sourcing and international conventions can reduce the exploitative aspects of global capitalism.

## Social Norms Transformation

Media literacy, community programs and men's engagement are essential to dismantle patriarchy at the cultural level.

Important Note to get Good  
marks in Gender Studies:

Marks would be given on  
the following parameters

a- Content 60% References

15% Subject specific

language 15%. Graphs and  
charts 10%

Add 12-13 headings in each  
question

the questions carry 3-4

parts... each part has equal  
weightage so discuss all  
equally

holistic understanding of  
these challenges.

use subject specific jargons  
e.g. Patriarchy, entrenched  
traditional values etc. Also,  
do not add blunt statements

use types, waves and  
theories of feminism as  
references

Content is fine  
But you have not  
mentioned any facts or  
case studies

attempt all parts in the  
question. do not neglect one

add facts and figures to

## Conclusion

# Vulnerabilities

Women's today stem from the  
intersection of internal  
patriarchal systems and  
Unequal global economic

structures. Modernization  
and Dependency theories

together provide a

holistic understanding of  
these challenges.

Revamping women's status  
globally requires structural  
reforms socio economic

use types, waves and  
theories of feminism as  
references

Content is fine  
But you have not  
mentioned any facts or  
case studies

attempt all parts in the  
question. do not neglect one

add facts and figures to