

Increasing Use of Drugs in Modern Age

(1) Introduction

Hook: Laila a young woman from a respected family in Pakistan, once full of hope and dreams, found herself trapped in the dark of drug addiction after enduring loneliness and family hardships. Her painful journey from despair to recovery, documented by the United Nations office on drugs and crime (UNODC), reveals the tragic reality behind the increasing drug use in modern society - a crisis that destroys lives and shatters families silently but relentlessly (UNODC, 2023).

Background:-

Drug addiction has become a serious problem all over the world. The number of the teenager and young people getting addicted to drugs is increasing day by day. Various types of drugs like cocaine, marijuana, ~~heroin~~ heroin, and alcohol etc are consumed by addicts worldwide. The drugs addict become so dependent on drug that they

cannot stop its use.

Thesis Statement:

The increasing use of drugs in modern age, fueled by complex social, cultural, psychological and environmental factors, has emerged as a critical challenge requiring immediate and comprehensive solutions.

(2) Root Causes of Rising Drug Abuse:-

(2.1) Societal and Familial Gaps

- Lack of awareness and preventive education
- Absence of parental guidance and supervision

(2.2) Cultural and Media Influence:-

- Glamorization of drug use in movies, music and online platforms.
- Portraying drugs as a status symbol or fashion trend.

(2.3) Psychological and Emotional Triggers:-

- Depression, anxiety and low self-esteem.
- Academic and career pressures.
- Helplessness from unmet expectations.

(2.4) Environmental and Biological Factors-

- Influence of drugs-using peers or surroundings.
- Childhood trauma, abuse, and neglect.
- Parental exposure to drugs or alcohol.

(3) Multi-Dimensional Impacts of Using Drugs:

(3.1) Individual-Level Consequences:

- Physical health decline.
- Mental illness and Cognitive loss.
- Criminal activities to sustain addiction.

(3.2) Family-Level Consequences:-

- Breakdown of relationships and neglect of responsibilities.
- Domestic violence and financial distress.
- Generational trauma.

(3.3) Community-level Consequences:-

- Street crime rise
- Loss of trust

(3.4) Societal-Level Consequences:-

- Organized Trafficking
- Workforce loss
- Healthcare cost burden
- Public Safety Threats.

(4) Measures to control increasing drug use:-

- Government Policies
- Education and Awareness
- Rehabilitation and Support
- Community involvement
- International cooperation: Tackling cross-border drug trafficking and sharing best practices.

Conclusion:-