

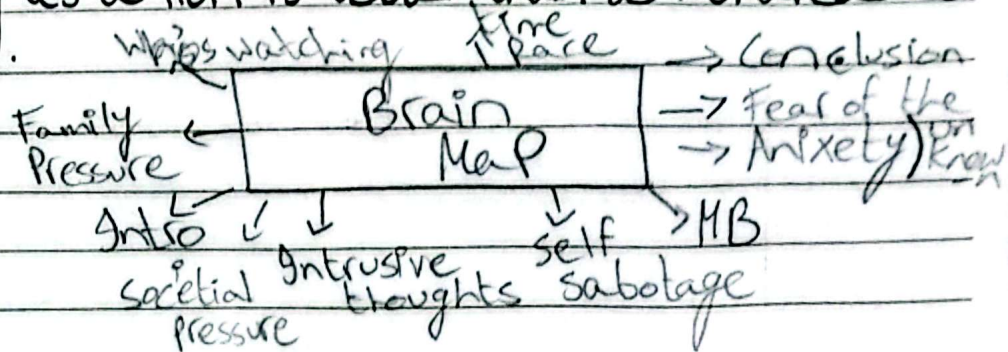
39495-Momina Tahir-080

Day: Wednesday

Momina Tahir

Date: 26th/08/2025

① One day as a lion is better than a hundred as a jackal.



* Outline

① Intro (statement)^{thesis}

1.1 Self doubt, nerves, the mind game

1.2 Fear of the unknown

1.3 Giving up before the timer starts (CSS dilemma)

1.4 No pain, No gain

1.5 Failure isn't real, it's man-made.

1.6 Faith & consistency.

② Main Body

2.1 Family Pressure

2.2 Societal Pressure

2.3 The comparison trap

2.4 All you need is 20 seconds

2.5 The 5-4-3-2 Rule, Rocket Launch

2.6 The illusion of falling behind in the race

2.7 The Big Question?

③ Conclusion

3.1) Where there is will, there is always a way!

3.2) God is in your corner,

3.3) Get in the ring!

3.4) Now or Never!

Yousaf

Day:

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①

When Benjamin Mee once said, "All you need is 20 seconds of Ansane courage" and Becky G followed it up by stating that the best life advice she ever recieved was that you will always miss ^a100% of the shots you dont take. It makes one think of how much of our lives do we just let pass us by; only because we, as humans tend to let fear take the steering wheel instead of allowing ourselves the opportunities and chances to challenge the unknown. Fear, nerves, ~~anxiety~~ anxiety are just some of the chains we cuff ourselves with because the alternative might be what? something better, something spontaneous and unpredictable.

People have the misconception of believing that they have to go up against an outside force, an entity that will drag them to the streets demanding a one-on-one fight like they say in the famous movie ~~Fight Club~~ Fight Club, "The one rule about Fight Club, is that you dont talk about Fight Club". But just like in that famous film - the "Fight" was not against another human or force or entity. The real battle was between the main character Tyler himself and his own mind. Similar is the case with ~~with~~ every single individual on this planet. The real battle is against one's own mind, ~~it~~ it is against the intrusive thoughts, the self-doubt, the self-sabotaging nature that resides within all of us to some extent.



Yousa

Day:

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Failure is not real, it does not exist, there is no such thing as failure - there is only feedback.

CSS is a competitive exam that is held every year in different parts of the world. In the case of Pakistan, it is not ~~only~~ taken as only a simple exam but rather one that can make or break a person's whole future and career. And ~~because~~ because of this insane amount of mental pressure 80 to 90% of the young individuals who decide to participate in this exam tend to give up ~~along~~ before the timer even starts.

2. We live in a society where a person's intellect is not as valuable as their income and job status which unfortunately leads to a lot of family pressure and cultural restraints.

Since the time of a child's birth, even before they are given a name in some cases, their job perspectives based on their gender are publicly ~~announced~~ announced. The famous CSS examination has managed to build itself a very unique and daunting reputation with titles such as 'The Mother of all exams' and the 'Nerve breaker' ~~as~~ as few examples. ~~There~~ There is no doubt that this exam is known as a 'battle of one's nerves' because it's not the papers themselves but the fear associated with them. The fear of failing and not achieving good enough scores to pass the allocation stage. But as are most things in life worth striving for, ~~there~~ there is no gain without pain



Yousaf

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All a person ~~really~~ should really focus on is consistently putting in the effort and holding on to the belief that no effort is ever truly wasted. Faith and consistency are the perfect tools to achieving one's desired goals.

All you need is 20 seconds, 20 seconds of courage to decide if you are getting in the ring and fighting for what you want. Most people get trapped inside a ~~vicious~~ vicious loop of comparison because the grass always looks greener on the other side. This is just one of the many triggering effects of constantly ~~thinking~~ thinking you are running behind or out of time in some non-existing race of life. The society we ~~at~~ live in has handed out a very vague and impractical timeline list; be done with studies, find a stable job, get married, have 2-5 kids but life is never linear and one-dimensional.

It comes with its own set of challenges and hurdles. Which is why it is up to the person themselves to decide and ask the 'Big Questions'.

3. The famous saying 'Where there is will, there is always a way' is extremely ~~relevant~~ relevant and ~~is~~ meaningful. It is up to the individual to decide rather they will let fear lead their life and lead them astray or will they choose to block out all the external and internal noise, ~~and~~ place their trust in God and put in the required work. After all a lion roars the loudest in the

Day:

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jungle because it acknowledges it's own strength and capabilities.

↔
The End.